

## **Senior Terrapin Letter**

Being a part of a team is not only about practicing and improving your skills, it's about coming together as a team to create the best possible environment for growth as an athlete and as a person. I've never seen a program that executes this philosophy as well as the Terrapins do. Although I've only been swimming with the Terrapins for a short time, it has been one of the greatest teams I've ever been a part of. I've made new friends, become a better swimmer, and learned how to be the best version of myself on and off of the pool deck.

I was worried about making friends, having joined during covid, but everyone on the team was very welcoming and despite being socially distanced for many months I was able to make friends quickly. The friendships I made gave me motivation to come to practice each and every day. Having teammates who have the same mindset towards swimming as I do was definitely a big part of my success with the Terrapins. Coming to practice everyday with the desire to do my best and try my hardest is a standard set for the swimmers on this team. The desire and dedication the swimmers on this team demonstrate everyday is crucial to maintaining the hard working environment that makes Terrapins so great.

As a Terrapins swimmer I have been able to achieve my life long goal of swimming in college. This would not have been possible without all the great coaches and swimmers that came with being a part of the Terrapins. The coaching staff works tirelessly to create a hard working environment that allows for personal growth at any stage in your swimming career. They are also strong advocates for doing well in school because they understand the importance that grades play in your future whether you plan to continue swimming or not. The coaches on this team stress the importance of being a 24 hour athlete. This means taking care of ourselves whether we're at the pool or not. This change in my attitude has contributed greatly to my success as a Terrapins swimmer.

I would not be the same person I am today without this team - and I'm so grateful for it!