



Kirtland U10 Game Rules

- Birth Years: 2016 & 2017
- Practices: Scheduled by coach
- Games: During week and on Saturday's. No games on Friday's or Sunday's.
- Seven players per side, 6 field players and a keeper.
- Two 25-minute halves.
- Size 4 ball.
- Throw Ins: Yes
- Offsides: Yes
- Certified Refs: Yes
- Heading: No
- Substitutions: Yes. No substitution on corner and goal kicks. Only throw-ins when you have possession of the ball or opponent is subbing too.
- Regular goalie rules apply without limitation.