

## 2019 CYO NIGHT AT THE PENN RELAYS!

Coaches -

**Congratulations to you and your athletes on qualifying to race in the 125<sup>th</sup> running of the Penn Relays! It is a great honor to participate in the Penn Relays. You are representing not only your parish or school, but the entire Archdiocesan CYO Track & Field program. We wish you the best of luck on Friday!**

In this packet you will find: a copy of the fan guide, 7 athlete / coaches passes, and 8 athlete bibs. Bibs are attached to athletes on the front and back using safety pins (please bring your own – the booth to get extra safety pins is inside the stadium at the southwest corner). Athletes / coaches passes should be affixed to outerwear clothing to allow you to pass through security checkpoints and into the paddock area. Athletes are generally permitted to bring bags into the stadium, but we advise to check online at [thepennrelays.com](http://thepennrelays.com).

The qualifying teams will participate in events 316 – 319 on Friday morning. They are scheduled as follows:

**Event 316: Philadelphia Archdiocese Junior Boys 4x100 – 10:20am**

**Event 317: Philadelphia Archdiocese Junior Girls 4x100 – 10:22am**

**Event 318: Philadelphia Archdiocese Senior Boys 4x100 – 10:24am**

**Event 319: Philadelphia Archdiocese Senior Girls 4x100 – 10:26am**

Events will run ahead of schedule as conditions permit. We advise that you and your relay team(s) arrive by at least 9am on 33<sup>rd</sup> street, in front of Weightman Hall to begin passing through security. There will be officials guiding athletes through to the paddock area where they can disrobe their sweats and put on their spikes outside the gates at 33<sup>rd</sup> & South Streets. All coaches and alternates will not be allowed to pass beyond the blue gates at 33<sup>rd</sup> & South. We recommend bringing large bags to carry the athletes' warm up clothes and sneakers back to your seats. We also recommend setting a location with your athletes in advance of the relay for where they should meet you to get back to your seats once their event is completed.

Teams are advised that certain officials at Penn Relays will enforce PIAA uniform rules. We have no control over this. Uniform rules require athletes to be in matching attire, including base layer tights and socks in some occasions. Every attempt should be made to dress identically on Friday.

1<sup>ST</sup> place in Archdiocese finals races will receive a team plaque and gold medals, 2<sup>nd</sup> place will receive silver medals, 3<sup>rd</sup> place will receive bronze from the Penn Relays. Please report to the awards table after your race.

We advise that your family and friends arrive at least an hour early to pass through security and find their seats. Discounted tickets can be purchased at [thepennrelays.com/promo](http://thepennrelays.com/promo) using the promo code – **PR19CYO**.

**GODSPEED AND ENJOY THE RELAYS!**