



# January NEWSLETTER February 2025





# IMPACT SC

## A Message from our Director of Coaching Bobby Holden

**What a great start to the new year! We are back from the United Soccer Coaches Convention in Chicago, where we had a record number of Impact staff in attendance! Coaches, staff, and directors all were enriched with the courses, the camaraderie, connections, and vendors. It was the re-set we all needed! Everyone came back refreshed and excited about the spring season.**

**We are also excited about our new indoor facility! We are waiting through the construction updates that were needed before we can begin utilizing it. It will be wonderful to have access to our own place 24/7/365. We will send out an email blast and post on social media when we have the Grand Opening!**

**We are also excited about our upcoming Spain Trip in March. We have more than 60+ Impact players and families attending. We hope you will consider joining us on the next trip, if you were not able to join us for this one. It will be a great experience!**

**Thank you for helping us build an amazing club! I am grateful for our Impact Family! ~ Bobby Holden**



# PLAYER DEVELOPMENT

PROVIDING RESOURCES & OPPORTUNITY TO HELP OUR IMPACT  
PLAYERS LEVEL UP THEIR PHYSICAL & TECHNICAL ABILITIES!

January 2025

## Intro to Player Wellness

### Coach Brian Wolverton

Becoming a high level player requires a commitment to more than just putting the work in on the field. High level players think about how they can support their on-field ability with their off-field actions.

By improving your off-field actions you can promote:

- Better recovery
- Better athletic ability
- Better mental capacity
- Feeling better on the field while less prone to injury

Ultimately allowing you to play more and play closer to your max potential on the field!

The more you play and the better effort you're able to give, the better your ability to develop as a footballer (soccer player).

We will be covering strategies to help improve Player Wellness in areas such as:

- Physical Training and Preparation
- Nutrition and Hydration
- Rest and Stress Management
- Environments that support our efforts

Keep an eye out for our future Newsletter segments as we explore more into how we can become Better High Performers through Better Player Wellness!

### Links to Sheer Training Website

Other ways I can help:

- (Free) Rise and Shine with Sheer Training
- Fit for Life Solutions with Personal Consulting
- Soccer Player Development Packages

Email Me with Any Questions at: [SheerTraining@gmail.com](mailto:SheerTraining@gmail.com)





College  
Ahead

# IMPACT SC

---



## College Corner

The spring is a great time to plan college visits, especially for Juniors. When you are on campus or have a phone call with a coach, below are some good questions to ask:

- What does the training schedule look like during the fall and spring seasons?
- What academic support is available for student-athletes?
- Describe your coaching and playing styles.
- What does travel look like and does everyone travel?
- What do you know about \_\_\_\_\_ major?
- How many players are on the roster? What positions are you looking for?
- What does the team do for fun on and off campus?
- Describe the team atmosphere.
- What makes your team special?
- What makes your intuition special?



# IMPACT SC

**CONGRATULATIONS MIA BRINKRUFF!**  
**2010 Girls' Elite Team**

Mia is currently THE #1 Middle School Miler IN THE COUNTRY! She is also in the Top 10 Nationally in the 800 after her time on Saturday, February 1st!

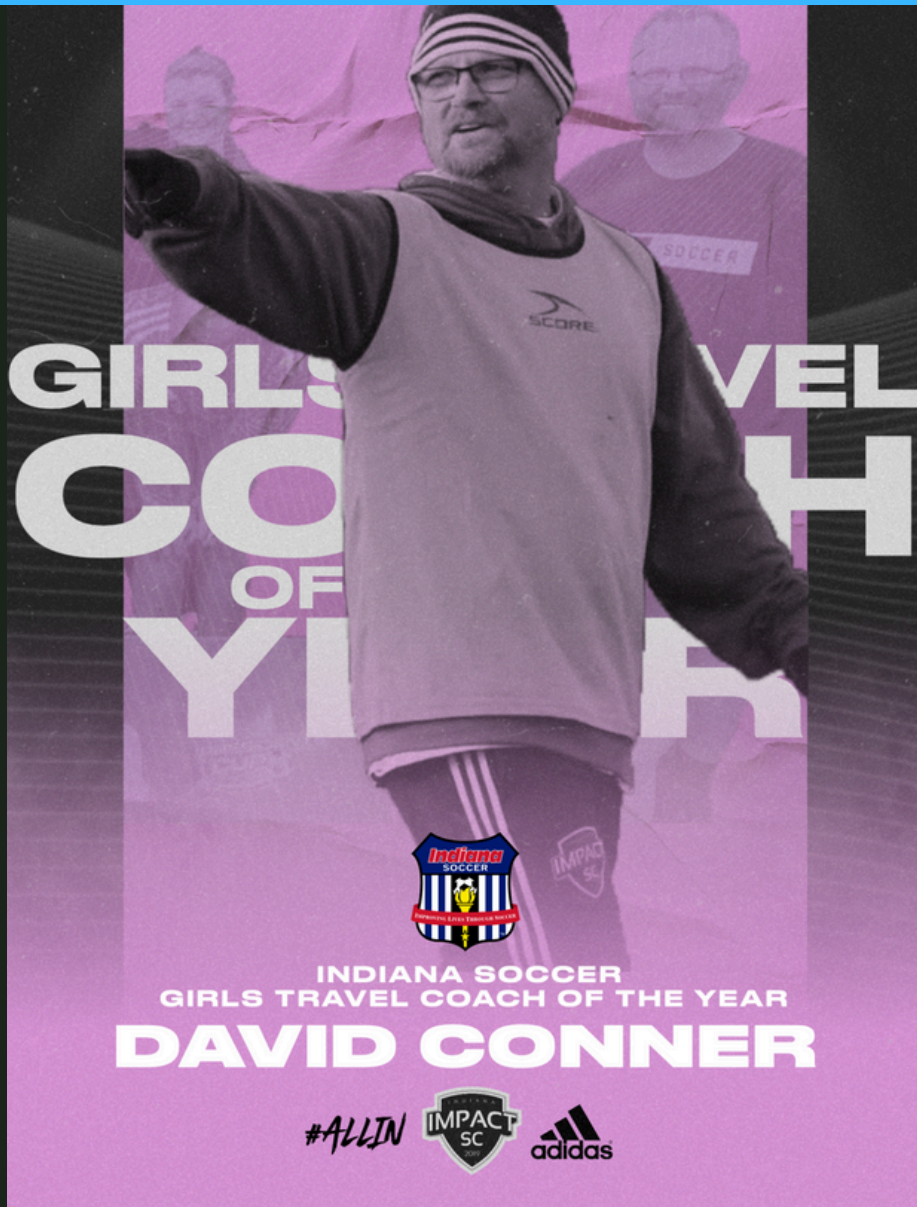




# IMPACT SC

**CONGRATULATIONS  
DAVID CONNER!**

**Indiana Soccer Girls Travel Coach of the Year Finalist**





# IMPACT SC

**CONGRATULATIONS  
JOHN JACQUEMIN!**

**Indiana Soccer Spirit Award Finalist**



INDIANA SOCCER  
ODP BOYS SPIRIT AWARD

**JOHN JACQUEMIN**





# IMPACT SC

**CONGRATULATIONS  
BRANDON STEENO!**

**Indiana Soccer Volunteer of the Year Finalist**



INDIANA SOCCER  
VOLUNTEER OF THE YEAR

**BRANDON STEENO**

#ALLIN



# IMPACT SC



# PLAYMETRICS™

## RECRUITING PROFILES

Parents & Players of 2010 Teams and Up,

In preparation for select showcases this spring, we would like to have recruiting information available for college coaches. Please create your player's recruiting profile in PlayMetrics.

Important Items to Note:

- You will have to agree to the consent terms before moving on, check the box and click Create Profile.
- All aspects of the profile are optional.
- Edits can be made to the Players Recruiting profile throughout their soccer career. Remember to update the profile as needed.

\*\*If your player does not create their profile their information will not populate on the Recruiting Flyer.\*\*

Here is a step by step link to help you get started; you will need to be logged into PlayMetrics to view the resource:

[Player Recruiting Profile Instructions](#)

If you have any questions contact :

Rachel Colclazier @ SuperManager@indianaimpactsc.com

or

Tiffany Drake @ tdrake@indianaimpactsc.com

# IMPACT SC

*Become a Referee for  
2025!*



**23** FEBRUARY



REGISTER FOR CLASSES HERE!

FEBRUARY 23RD-CLICK HERE!



**9** MARCH

MARCH 9TH-CLICK HERE!

Scan the QR Codes for more details.  
Both courses will be offered at Impact SC.



- OR -

find another Indiana location here...

<https://learning.ussoccer.com/referee/courses/available/10000006/list>

# IMPACT SC

## Misc Info

- Some teams are looking for managers. Please contact your coach if you can help in this position.
- Scheduling meetings will be held soon. Please let your coach/manager know of any dates your player will not be available in March, April, & May so they can schedule games accordingly.
- Please make sure you have a close up, clear, and recent head shot of your player uploaded into Playmetrics (think school picture) as soon as possible. Thank you!



# IMPACT SC

## *2025 Southeast Boys & Girls College Showcases*

ROCKY TOP SPORTS WORLD  
Gatlinburg, TN



ROCKY TOP SPORTS WORLD  
Gatlinburg, TN



**Congratulations to the 07 Boys Elite NPL, 08 Girls Elite, 09 Girls Elite, and the 11 Boys Elite NPL teams for excellent performances at the 2025 Southeast College Showcases in Gatlinburg, TN!**

ROCKY TOP SPORTS WORLD  
Gatlinburg, TN

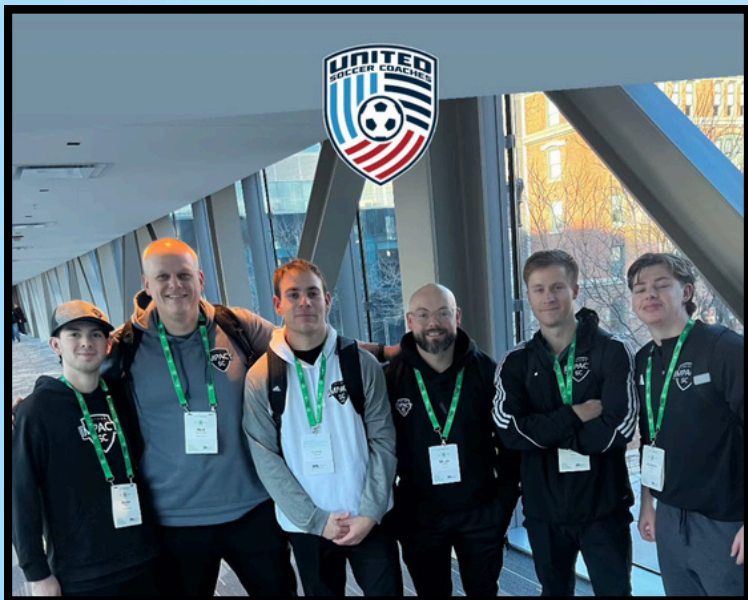


ROCKY TOP SPORTS WORLD  
Gatlinburg, TN



# IMPACT SC

USC CONVENTION  
2025 in Chicago



# IMPACT SC

## Franklin Central High School Men's Soccer Job Posting

### Please see the following message from Impact Coach, Shawn Hibbitt

As the Varsity Men's Soccer Head Coach at FCHS, I am in search of a Men's Soccer JV Head Coach (or C Team Head Coach, depending on preference and skills), and a Men's Soccer Varsity Assistant Coach at Franklin Central High School. Our previous coaches are both expecting new additions to their families, as well as increased roles in their careers. With these new demands on their time, they are no longer able to fill these positions.

We are coming off our fourth best varsity season in our 30 year history, and we expect to improve upon that performance next season. Our JV team was 11-3 with notable wins over Fishers, HSE, Lawrence North, and Zionsville in 2024. Our C team had notable wins over Westfield, Zionsville, Fishers, and Noblesville. In addition there are 18 freshmen players coming in next season, who just won the Marion County Championship at FCJH last year. We attend multiple tournaments and team camps in the summer, and we compete in the best soccer conference Indiana has to offer in the fall. Currently, our staff consists of Robert Brown, who returns for another year of coaching, after a successful 2024 campaign, and me, Shawn Hibbitt, as the head coach. These are paid positions, and I would love to speak with anyone who may be interested.



**If Interested, please contact:**

**Shawn Hibbitt, 317-373-0303 (text or call)**

**[shawn.hibbitt@ftcsc.org](mailto:shawn.hibbitt@ftcsc.org) or [shibbitt@indianaimpactsc.com](mailto:shibbitt@indianaimpactsc.com)**