

## 2019 Roswell Lacrosse Invitational - Boys Rules

**2019 Rules for Boys Youth Lacrosse:** The National Federation of State High School Associations (NFHS) 2019 Boys Lacrosse Rules Book shall govern US Lacrosse boys youth play, except as amended below. The US Lacrosse Men's Game Committee has approved these rules.

**Format of the following Section:** Existing NFHS Rule and Section reference, followed by the corresponding US Lacrosse Boys Youth Rule section modification. All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

<i>Rules</i>	<i>U9 (2&amp;3 Grade)</i>	<i>Notes</i>
<b>Field Size</b>	60 x 35	Wing Lines are optional
<b>Official</b>	1 Official	Adult Preferred
<b>Coaches</b>	Max of 2 number of coaches on the sideline	
<b>Legal Sticks</b>	37" to 42"	NA
<b>Goalie Arm Pads</b>	Required	NA
<b>Overtime Rules</b>	On Saturday, games can end in a tie. On Sunday, 2 field player and goalie per team, Braveheart	
<b>Timing Rules</b>	Central Clock - 20 Minute Running halves. 3 minute halftime.	Central Clock – Game Clock does not stop
<b>Flag Down</b>	If a player receives a flag, the penalty is served by leaving the field, but is replaced; no EMO.	
<b>1-Handed Checks</b>	Slash	NA
<b>Counts (10 &amp; 20 sec)</b>	No	NA
<b>Keep it in</b>	No	No
<b>Stalling</b>	advance the ball / 5-second goalie count	NA
<b>Time-outs</b>	1 per half (60 second timeout - clock runs). No timeouts under 2 minutes.	<b>Clock Does Not stop</b> (60 Second Timeouts). <b>No timeouts under 2 minutes</b>
<b>Body Checking</b>	No	NA
<b>Mercy Rule</b>	Yes, 6 Goals	Losing Coach Option
<b>Goalie Penalties can in-home serve</b>	Yes	NA
<b>Fouling out</b>	Yes – 3 personal fouls	A player fouls out of the game if he receives 3 personal fouls (Cross Check, Slash, Conduct, etc)..

Officials will meet with both coaches 5 minutes prior to contest for the coaches' certification & to confirm rules  
**US Lacrosse Youth Rules Video for 2018:** <http://www.uslacrosse.org/rules/boys-rules>

### Other Information:

- Sportsmanship: make sure to work with sideline manager (or head coach) if parents get out of control
- If a game is limited in time due to injury, weather, etc. The score at the final stoppage of play will be used to calculate the seating for Sunday's Tournament.
- Maximum goal differential is seven (7).
- Offsides will be observed.

### Passing Rules:

- 1 Pass Rule: U9 Games requires one **COMPLETED** pass in the offensive Half of the field for a team to be HOT (able to shoot)
  - **Once Hot, the team remains HOT as long as the ball remains on the offensive side of the field.**
  - **Even with Goalie clears, until the ball crosses mid-field the opposing team would remain HOT**

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**Format of the following Section:** Existing NFHS Rule and Section reference, followed by the corresponding US Lacrosse Boys Youth Rule section modification. All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

<b>Rules</b>	<b>U11 (4&amp;5 Grade)</b>	<b>U13 (6&amp;7 Grade)</b>	<b>U15 (7&amp;8 Grade)</b>	<b>Select</b>
<b>Field Size</b>	NFHS	NFHS		
<b>Officials</b>	2 Officials	2 Officials	2 Officials	2 Adults
<b>Legal Sticks</b>	37" to 42" - short 47" to 54" - long	NFHS (40 to 42" or 52" – 72")		
<b>Goalie Arm Pads</b>	Required U11, Optional U13 or higher			
<b>Overtime Rules</b>	On Saturday, games can end in a tie. On Sunday, 2 field player and goalie per team Braveheart			
<b>Timing Rules</b>	Central Clock - 20 Minute Running Halves 3 minute halftime.			
<b>1-Handed Checks</b>	Not allowed – Considered a Slash			
<b>Counts (10 &amp; 20 sec)</b>	No	Yes, NFHS		
<b>Keep it in</b>	No	Yes, based on goal differential. NFHS		
<b>Stalling</b>	No	Yes, NFHS		
<b>Time-outs</b>	1 per half (60 seconds, clock continues to run) No timeouts under 2 minutes			
<b>Body Checking</b>	No	Limited		
<b>Mercy Rule</b>	6 Goals	6 Goals		
<b>Overtime</b>	On Saturday, games end in a tie. On Sunday, 2 field player and goalie per team Braveheart.			
<b>Goalie Penalties can in-home serve</b>	Yes			No
<b>Fouling out</b>	3 personal fouls OR 5 min of penalty time			

*Officials will meet with both coaches 5 minutes prior to contest for the coaches' certification & to confirm rules*

### Other Information:

- Sportsmanship: make sure to work with sideline manager (or head coach) if parents get out of control
- Check's to the head, violent collisions, excessive Body Checking to include defenseless player
  - 2 minutes non-releasable penalty. Penalty clock stops (game clock does not stop) with timeout or injury
- **If there is a Flag Down, play will stop on a change of possession. The ball hitting the ground doesn't stop play. When there is a second flag down, a loose ball will result in a whistle to stop play.**
- If a game is limited in time due to injury, weather, etc. The score at the final stoppage of play will be used to calculate the seating for Sunday's brackets.
- Maximum goal differential is seven (7).
- Mouthpiece violation is a technical foul
- For U13c and above, during the last 2 minutes of the game, the team who is ahead only has to keep the ball in the box if the goal differential is 4 goals or less
- Unlike High School, sub-High School games don't require 6" of tape for the face-off players.
- **A goal is good if the shot is released before the clock turns 0 and the shot may hit the ground and/or a defensive player, again it still counts**

### Braveheart Rules

- The Braveheart begins with a faceoff. One player on each team competing for the faceoff, one player on the wing and one goalie.
- There is no offsides – all players can cross midfield.
- The Braveheart is sudden victory
- All other applicable 2018 NFHS rules apply

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