

SOFTBALL CLINIC

Jan. 31 5:30-7pm

Roosevelt High School Gym



FREE! Open to 6-12th grade athletes from Sanford Middle School & Roosevelt High School

612 Fastpitch & Teddies Fastpitch are putting on a **FREE softball training session** at the Roosevelt High School gym. Featuring opportunities to learn for all ages and skill levels. Get ready for the season & come learn why softball is such an exciting & popular high school sport!

612 Coaches will be on hand for specific sessions:

- **Coach Rachel Spies**
Pitching techniques & advice for athletes looking to improve or get started
- **Coach Amy Gordon**
Catching techniques & advice
- **Coach Carrie Macea** *Certified Personal Trainer*
Warm-ups and general skills



More info: adam.flanders@mpls.k12.mn.us / 612-226-4317