

# The Jeff Blatnick New York State Olympic Style Wrestling Championships

May 2-4, 2025



Sponsored by:



## REGISTRATION

How to register through your USAW Membership account.

- Log In to [USAW Membership Account](https://www.usawmembership.com/login) web address: [www.usawmembership.com/login](https://www.usawmembership.com/login)
- Select USAW Events
- Select Event Registration
- Search & Select "Jeff Blatnick" (See image grab below)

Event Registrations

Event Name <input type="text" value="Jeff Blatnick"/>	Category <input type="text" value="Event Category"/>	Age Groups <input type="text" value="Age Groups"/>	Styles <input type="text" value="Styles"/>
State <input type="text" value="State"/>	Start Date <input type="text" value="mm/dd/yyyy"/>	End Date <input type="text" value="mm/dd/yyyy"/>	

Date	Event	Age Groups/Styles	Location
<input type="button" value="REGISTER"/>	05/03/2025 to 05/04/2025 The Jeff Blatnick New York State USA Wrestling Championships Contact: Kris Harrington Phone: 5857383906	10U, 12U, 14U, 16U, 8U, USA Junior Style(s): Freestyle, Greco-Roman	Binghamton, NY

**Spectator Admission Fee:** \$20 CASH ONLY (Covers both days)

**Coach Passes: Pre-Register Only** (must pick up coach bands at designated pick up times (see schedule below). If you miss the pick-up time you will have to wait until the next pick-up time.)

**NO COACH BANDS WILL BE GIVEN OUT BY BOX OFFICE STAFF!**

## SCHEDULE

### Friday, May 2<sup>nd</sup>, 2025 – Registration & Weigh-Ins

12:00 PM Online Registration Ends

5:00 – 7:00 PM Weigh-ins – Boys Freestyle (All Age Divisions)

Girls Freestyle (8U, 10U, 12U, 14U) and Girls Greco (16U & JR)

**\*\*\*\*\* Athletes must be present at the BEGINNING of weigh-in times WITH a copy of your USAW Card (printed or digital) and wearing your competition singlet. \*\*\*\*\***

Coach Credential pickup from 5-7 PM in Ice Center Room 148

### Saturday, May 3<sup>rd</sup>, 2025, Boys FS (All Ages), Girls FS (8U, 10U, 12U, 14U), Girls Greco (16U & JR)

6:30 AM Doors Open

6:30 AM – 9:00 AM Coach Credential Pick-up (Ice Center Rm 148)

7:00 AM - 8:00 AM Last Chance Weigh-ins

Boys Freestyle (All Age Divisions)

Girls Freestyle (8U, 10U, 12U, 14U) and Girls Greco (16U & JR)

8:00 AM – 8:15 AM Coaches Meeting

8:30 AM Rules Clinic

8:45 PM Opening Ceremonies

9:00 AM Wrestling Begins

**Boys Freestyle (All Boys Age Divisions EXCEPT 16U Boys);**

**Girls Freestyle (8U, 10U, 12U, 14U) and Girls Greco (16U & JR)**

1:00 PM – 2:00 PM Coach Credential Pick-up (Ice Center Rm 148)

2:00 PM Wrestling Begins (*or later if the previous events are not complete by 2 PM*)

**16U Boys Freestyle**

5:30 PM – 7:00 PM Weigh-ins (*only for those who have not yet weighed in*)

Boys Greco (All Age Divisions),

Girls Greco (8U, 10U, 12U, 14U), & Girls Freestyle (16U & JR)

### Sunday, May 4<sup>th</sup>, 2025, Boys Greco (All Ages), Girls FS (16U & JR), Girls Greco (8U, 10U, 12U, 14U)

6:30 AM Doors Open

6:30 AM – 9:00 AM Coach Credential Pick-up (Ice Center Rm 148)

7:00 AM - 8:00 AM Last Chance Boys Greco Weigh-in (All Age Divisions), Girls Greco (8U, 10U, 12U, 14U), & Girls Freestyle (16U & JR)

9:00 AM Boys Greco (All Age Divisions), Girls Greco (8U, 10U, 12U, 14U), & Girls Freestyle (16U & JR)

*The tournament committee reserves the right to make changes in the above schedule prior to the end of each session by announcement or by posting the change at the arena.*

## GENERAL INFORMATION

1. **ONLINE REGISTRATION (CREDIT CARD ONLY)**
  - a. Online registration via credit card is available at [USAWMembership.com](https://USAWMembership.com) until **12:00PM Friday, May 2nd**. Entry fee for 16U & Juniors registering online is \$50 (one style) and \$75 (two styles) **before April 28th**. The cost to register **after April 28th** is \$75 for one style and \$100 for both. The official waiver will be completed electronically when registering online.
  - b. USAW Memberships are obtained and updated on the [USAWMembership.com](https://USAWMembership.com) website.
2. **COACHING: Floor pass will be required to be on the floor and coach. ONLY coaches with a Current USA Wrestling Coach's membership card and a USAW Bronze certification may purchase a floor pass for \$20 for the weekend. Coach's Membership cards and floor passes can be obtained at: [USAWMembership.com](https://USAWMembership.com) along with the Safe Sport Certification and a background check.**
3. **ELIGIBILITY:** All contestants must present proof of current USAW Membership at registration. Membership must be acquired by completing the required information on [USAWMembership.com](https://USAWMembership.com) website. Secondary sports accident insurance is provided as a benefit of membership. **Wrestlers who will be turning 18 between September 1, 2024 and August 31, 2025 must have completed Safe sport Training found on NY-USAW.org**
4. **16U/JUNIOR NATIONAL TEAMS:** Top 3 place winners in both styles at each weight class automatically qualify. Other spots on the team may be open. A **mandatory \$400 deposit must be made following the Freestyle or Greco-Roman competition** to secure a place on the team. Any questions should be directed to NY-USAW Director Kris Harrington.
5. **INDIVIDUAL AWARDS:** 16U/Junior top 6 place winners in each weight class will receive a specially designed medal.
6. **RULES:** The rules of the UWW, with current USAW modifications, will govern the event and the competition.
7. **UNIFORMS:** Red and Blue singlets, or reversible red/blue singlet with briefs, and wrestling shoes are required. The use of headgear is permitted and encouraged.
8. **INJURIES:** In the event of injury or illness, no contestant will be permitted to continue the competition without the approval of the Chief Medical Officer, whose decision is final and not subject to appeal.
9. **SKIN CHECKS:** Rashes of any kind may disqualify a wrestler without a currently dated note (within 5 days) from a physician describing the location and type of any rash, treatment and stating that it is not contagious through contact. The Chief Medical Officer has full authority, without appeal, in determining the eligibility of an athlete to compete.
10. **WEIGH-INS: All athletes must be present at the beginning of weigh-ins.** Athletes must weigh in wearing an approved competition singlet and must have their USA card. USA cards can be located on the athlete's phone. Athletes competing in both styles of the 16U or Junior Divisions will weigh in only once for both events. This is contingent on the athlete actively competing in the first of the two styles scheduled. Athletes competing in one style must weigh-in for that style. **(This rule may be modified. Contestants should check with their NYS Regional representatives prior to registering for this event.)**
11. **EVENT DIRECTORS:**
  - State Chairman: Kris Harrington – [kharrington141@gmail.com](mailto:kharrington141@gmail.com), (585) 738-3906
  - Tournament Director: Lewis Cucchiara – [lcucchiara39@gmail.com](mailto:lcucchiara39@gmail.com) (585) 261-4493
  - Vice Chairman: Joe Uccellini – [undergroundathleticstroy@gmail.com](mailto:undergroundathleticstroy@gmail.com), (518) 603-2968



## 2025 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
<b>8U</b>	Born 2017-2018	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs
<b>10U</b>	Born 2015-2016	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs
<b>12U</b>	Born 2013-2014	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs
<b>14U</b>	Born 2011-2012	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	75 lbs, 80 lbs, 84 lbs, 88 lbs, 92 lbs, 96 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 126 lbs, 132 lbs, 140 lbs, 155 lbs, 175 lbs, 225 lbs
<b>16U</b>	Born 2009-2010	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs
<b>USA Junior</b>	* Born 9/1/2005 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs

## 2025 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
<b>8U</b>	Born 2017-2018	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 46 lbs, 50 lbs, 55 lbs, 62 lbs, 68 lbs, 74 lbs, 85 lbs
<b>10U</b>	Born 2015-2016	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 49 lbs, 53 lbs, 57 lbs, 62 lbs, 67 lbs, 73 lbs, 80 lbs, 90 lbs, 100 lbs, 113 lbs
<b>12U</b>	Born 2013-2014	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	55 lbs, 59 lbs, 64 lbs, 69 lbs, 75 lbs, 81 lbs, 87 lbs, 94 lbs, 102 lbs, 112 lbs, 126 lbs, 140 lbs
<b>14U</b>	Born 2011-2012	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 150 lbs, 165 lbs, 180 lbs
<b>16U</b>	Born 2009-2010	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs
<b>USA Junior</b>	** Born 9/1/2005 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs

### \*\*\* USA WRESTLING RULES \*\*\*

**WEIGHT CUTTING:** The use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heating devices, diuretics and laxatives for rapid weight reduction purposes is prohibited for all USA Wrestling events. The use of vapor-impermeable clothing (i.e., plastic sweats) for the specific purpose of rapid weight reduction is prohibited. Any method that raises the athlete's body temperature for the specific purpose of rapid weight reduction is prohibited.

Violation of these rules at USAW sanctioned events shall cause the individual(s) in question to be suspended from the competition. The **Tournament** Committee for the specific event will address each case. The decision of the **Tournament** committee shall be final.

A second violation will result in the suspension of the individual(s) from any USAW sanctioned event/activities for one calendar year from the time of suspension.

Any individual assisting an athlete in prohibited weight reduction practices shall be held to the **same** rules and penalties as athletes, which are listed above.

\* Complete rules are printed in the current USAW Rulebook and posted at weigh-in.

# SUNY BROOME CAMPUS



## Spectator Admission Fee:

\$20 **CASH ONLY** (covers both days)

## Parking:

All vehicles must be parked in designated parking spaces. Anyone not parked in a designated parking space will be towed. (Lots 5 & 1, are the primary parking lots for the event).

## Event Entrance:

The only entrance to the event will be the "Main Ice Center Entrance." The Ice Center is labeled "IC" on the map above. The ONLY entrance is located in Lot 5 and designated with a red X on the map above.

The Jeff Blatnick New York State  
Olympic Styles Wrestling Championships  
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<b>Hotel</b>	<b>Amenities</b>	<b>Distance</b>
<b>Comfort Inn</b> <b>607-724-3297</b> 1000 Front Street, Binghamton, NY <a href="http://www.choicehotels.com/hotel/ny302">www.choicehotels.com/hotel/ny302</a>	Complimentary deluxe continental breakfast, fitness facility, outdoor pool & picnic area, free wireless internet. Newly renovated.	0.8 Miles
<b>Binghamton Fairfield Inn 607- 651-1000</b> 864 Front Street, Binghamton, NY 13905 <a href="http://www.marriott.com/bgmfi">www.marriott.com/bgmfi</a>	Free breakfast heated indoor pool, fitness facility. <b>Cutoff Date of 4/2/25</b>	1.5 Miles
<b>Red Roof Inn Binghamton North 607-773-8111</b> 650 Old Front Street, Binghamton, NY 13905 <a href="https://www.redroof.com/property/Binghamton/NY/13905/-/RRI416/">https://www.redroof.com/property/Binghamton/NY/13905/-/RRI416/</a>	Fitness facility, high speed & wi-fi internet, adjacent to Oakdale Mall and restaurants. No cots available.	1.4 Miles
<b>Hampton Inn Johnson City 607-729-9125</b> 630 Field Street, Johnson City, NY 13790 <a href="http://hamptoninn3.hilton.com/en/hotels/new-york/hampton-inn-binghamton-johnson-city-BGMNYHX/index.html">http://hamptoninn3.hilton.com/en/hotels/new-york/hampton-inn-binghamton-johnson-city-BGMNYHX/index.html</a>	Full hot breakfast, fitness facility, indoor pool, high speed & wi-fi internet.	6.5 Miles
<b>Comfort Inn &amp; Suites</b> (607) 729-9194 569 Harry L. Drive, Johnson City, NY 13790 <a href="#">Hotel in Johnson City, NY   Comfort Inn &amp; Suites® Official Site   Comfort Inn &amp; Suites Johnson City NY (choicehotels.com)</a>	Free Breakfast, Pet friendly, Spacious, and Welcoming Amenities, Fitness Center & Free parking	5.9 Miles
<b>Quality Inn &amp; Suites</b> 607-729-6371 4105 Vestal Parkway East, Vestal, NY 13850 <a href="http://www.qualityinn.com/hotel-vestal-new_york-ny413">www.qualityinn.com/hotel-vestal-new_york-ny413</a>	Full hot breakfast included in rate, fitness room, full-service restaurant, and an outdoor pool.	7.7 Miles
<b>Holiday Inn Express Hotel &amp; Suites</b> 607-348-0088 3615 Vestal Parkway East, Vestal, Vestal, NY 13850 <a href="http://www.hiebinghamtonu.com">www.hiebinghamtonu.com</a>	Free hot & cold breakfast bar, high speed internet & wireless, indoor pool & fitness center, microwave & fridge in all rooms	8.3 Miles
<b>Tru by Hilton</b> (607) 644-9111 3504 Vestal Pkwy E, Vestal, NY 13850 <a href="http://www.hilton.com/en/hotels/bgmvpru-tru-vestal/">www.hilton.com/en/hotels/bgmvpru-tru-vestal/</a>	Complimentary hot breakfast heated indoor pool, fitness facility, high speed wireless internet. <b>Cutoff 4/2/25</b>	8.5 Miles
<b>DoubleTree by Hilton Binghamton</b> 607-722-7575 225 Water Street, Binghamton, NY 13901 <a href="http://www.binghamton.doubletree.com">www.binghamton.doubletree.com</a>	Indoor saltwater pool & dry saunas, state of the art fitness center, full-service restaurant and lounge on premises.	