

# USA Wrestling - NJ

## 2026 U.S. Marine Corps Junior Nationals

**Wednesday July 8th, 2026-** 16U & Junior Boys Arrival for Freestyle

**Thursday July 9th, 2026-** 16U & Junior Boys Freestyle Medical Check & Weigh-ins at 5:00pm (doors open at 4pm).

**Friday July 10th, 2026-** Session 1: Junior Boys Freestyle 8:00am- 3:15pm (doors open for wrestlers at 6:30 am).

Session 2: 16U Boys Freestyle 4:00pm-9:00pm.

**Saturday July 11th, 2026-** Session 3: Juniors Boys Freestyle 8:00am-2:00pm (doors open for wrestlers at 6:30 am).

Session 4: 16U Boys Freestyle 3:00pm-8:15pm.

**Sunday July 12th, 2026-** Boys Freestyle Medical Check & Weigh-ins (2lb allowance) at 7:45am (doors open for wrestlers at 6:45am).

Session 5: 16U & Junior Boys Freestyle 9:00am-1:45pm.

Session 6: 16U & Junior Boys Freestyle 3:00pm-4:45pm.

16U & Junior Boys Greco-Roman Athletes Arrival.

16U & Junior Beach Wrestling 11:00am-3:00pm.

**Monday July 13th, 2026-** 16U & Junior Boys Greco-Roman Medical Check & Weigh-ins at 5:00pm (doors open at 4pm). Freestyle Weigh-ins do not carry over.

**Tuesday July 14th, 2026-** Session 7: Junior Boys Greco-Roman 8:00am-2:15pm (doors open for wrestlers at 6:30am).

Session 8: 16U Boys Greco-Roman 3:30pm-8:45pm.

**Wednesday July 15th, 2026-** Session 9: 16U & Junior Boys Greco-Roman 9:00am-1:30pm

Session 10: 16U & Junior Boys Greco-Roman 3:00pm-5:00pm

16U & Junior Girls Freestyle Athletes Arrival.

**Thursday July 16th, 2026-** 16U & Junior Girls Freestyle Medical Check & Weigh-ins at 8:00am (doors open for wrestlers at 6:30am).

Session 11: Junior Girls Freestyle 1:00pm-3:30pm.

Session 12: 16U Girls Freestyle 5:00pm-7:30pm.

**Friday July 17th, 2026-** Session 13: 16U & Junior Girls Freestyle 9:00am-1:00pm (doors open for wrestlers at 7:30am).

Session 14: 16U & Junior Girls Freestyle 3:00pm-8:15pm

**Saturday July 18th, 2026-** 16U & Junior Girls Freestyle Medical Check & Weigh-ins (2lb allowance) 7:45am (doors open for wrestlers at 6:45am).

16U & Junior Girls Freestyle Beach Wrestling 11:00am-2:00pm.

Session 15: 16U & Junior Girls Freestyle 10:00am-12:00pm.

Session 16: 16U & Junior Girls Freestyle 2:00pm-6:30pm.

**Details for these events can be found on  
our Website & Facebook Page**



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