

## Section 7A True Team

Pillager - 5/9/2023

## Results

## Girls 100 Meter Dash

Name	Yr	School	Finals	
<b>Finals</b>				
1 Metz, Violette	9	Pillager	13.20	22
2 Gruber, Claire	9	Pierz	13.56	21
3 Brown, Alivia	9	Pillager	13.59	20
4 Plombon, Zoe	8	Chisholm	13.62	19
5 Orvedahl, Tyler	8	Moose Lake/W	13.65	18
6 Johnson, Hailey	10	Chisholm	13.69	17
7 Cuellar, Frankie	11	Greenway/Nas	14.16	16
8 Giffrow, Ashlynn	12	Braham	14.17	15
9 Miskovich, Layla	11	Greenway/Nas	14.21	14
10 Johnson, India	11	Moose Lake/W	14.27	13
11 Lochner, Maddie	11	Pierz	14.30	12
12 Hernesman, Mariah	11	Marshall (Du	14.34	11
13 Vee, Ava	9	Marshall (Du	14.42	10
14 Johnson, Sophie	11	South Ridge	14.43	9
15 Golly, Makenzie	9	Braham	14.46	8
16 Heintz, Kendra	7	Rush City	14.52	7
17 Hachey, Samantha	9	Crosby-Iront	14.59	6
18 Heintz, Alayna	9	Rush City	14.76	5
19 Storlie, Katie	12	Deer River/N	14.89	4
20 Oehrlein, Tori	9	Crosby-Iront	15.12	3
21 Peck, Avri	9	Deer River/N	15.26	2
22 Sopochi, Amber	10	South Ridge	15.30	1

## Girls 200 Meter Dash

Name	Yr	School	Finals	
<b>Finals</b>				
1 Doble, Ella	12	Braham	27.70	22
2 Orvedahl, Tyler	8	Moose Lake/W	28.09	21
3 Johnson, Hailey	10	Chisholm	28.27	20
4 Algarin, Mahalia	10	Pierz	28.60	19
5 Gruber, Claire	9	Pierz	28.68	18
6 Brown, Alivia	9	Pillager	28.78	17
7 Hernesman, Mariah	11	Marshall (Du	29.92	16
8 Miskovich, Layla	11	Greenway/Nas	29.93	15
9 Schwarz, Ashlyn	9	Deer River/N	30.38	14
10 Wodarz, Jayden	11	Crosby-Iront	30.44	13
11 Johnson, Sophie	11	South Ridge	31.20	12
12 Eastwood, Londyn	10	Crosby-Iront	31.38	11
13 Brunner, Jayden	9	Greenway/Nas	32.04	10
14 Widell, Megan	9	Rush City	32.05	9
15 Sopochi, Amber	10	South Ridge	32.52	8
16 Miller, Keisha	9	Deer River/N	32.67	7
17 Stainiger-David, Mya	8	Chisholm	33.24	6
18 Shockman, Alison	12	Braham	33.58	5
19 Houle, Sienna	12	Pillager	33.70	4
20 Nichols, Ava	11	Rush City	33.77	3

## Girls 400 Meter Dash

Name	Yr	School	Finals	
<b>Finals</b>				
1 Orvedahl, Tyler	8	Moose Lake/W	1:03.39	22
2 Lochner, Chloe	9	Pierz	1:04.11	21

3 Pascuzzi, Olivia	7	Chisholm	1:05.08	20
4 Schwarz, Ashlyn	9	Deer River/N	1:06.09	19
5 Turner, Elsie	11	Pillager	1:06.36	18
6 VanVickle, Khloe	7	Pillager	1:06.47	17
7 Leidenfrost, Sophie	9	Pierz	1:07.31	16
8 Andrews, Kaitlyn	9	Moose Lake/W	1:07.68	15
9 Silgen, Margaret	11	Crosby-Iront	1:07.92	14
10 Lewendowski, Lucy	9	Crosby-Iront	1:08.36	13
11 Wake, Nora	7	Deer River/N	1:11.17	12
12 Nelson, Magie	10	Chisholm	1:13.47	11
13 Nugent, Rianna	11	Greenway/Nas	1:13.91	10
14 Mann, Karly	11	Greenway/Nas	1:14.10	9
15 Savely, Keira	9	Rush City	1:14.50	8
16 Ridge, Kenna	12	South Ridge	1:15.15	7
17 McCourtney, Brynn	9	Marshall (Du	1:15.20	6
18 Weis, Heidi	8	Marshall (Du	1:16.62	5
19 Sajdak, Jillian	12	South Ridge	1:17.03	4
20 Stavig, Leah	9	Rush City	1:17.79	3

## Girls 800 Meter Run

Name	Yr	School	Finals	
<b>Finals</b>				
1 Kuhnke, Julia	12	Braham	2:24.47	22
2 Lochner, Chloe	9	Pierz	2:25.86	21
3 Pascuzzi, Olivia	7	Chisholm	2:35.27	20
4 Leidenfrost, Sophie	9	Pierz	2:37.58	19
5 Kylander-Johnson, Kiera	8	Marshall (Du	2:38.05	18
6 Olson, Amelia	10	Moose Lake/W	2:40.24	17
7 Westin, Ruby	11	Crosby-Iront	2:42.32	16
8 Williams, Emma	12	Greenway/Nas	2:43.23	15
9 Covier, Taylor	7	Greenway/Nas	2:43.54	14
10 Ringhand, Maria	10	Crosby-Iront	2:44.83	13
11 Granquist, Shannon	11	Moose Lake/W	2:45.52	12
12 Dobson, Alainna	9	Pillager	2:50.27	11
13 Worlie, Sloen	8	Chisholm	2:54.93	10
14 Brown, Justice	8	Deer River/N	3:03.38	9
15 McCourtney, Brynn	9	Marshall (Du	3:04.92	8
16 Abear, Elizabeth	9	Pillager	3:05.79	7
17 Evans, Jenna	11	Deer River/N	3:06.08	6
18 Young, Rylee	12	South Ridge	3:08.90	5
19 Fordahl, Tegan	9	South Ridge	3:17.88	4
20 Gregoire, Heidi	10	Rush City	3:29.41	3
21 Nieuwenhuis, Marleen	11	Rush City	3:51.92	2

## Girls 1600 Meter Run

Name	Yr	School	Finals	
<b>Finals</b>				
1 Champlin, Lola	9	Greenway/Nas	5:40.87	22
2 Olson, Amelia	10	Moose Lake/W	5:47.45	21
3 Williams, Emma	12	Greenway/Nas	5:49.45	20
4 Andres, Carissa	12	Pierz	5:50.17	19
5 Gruber, Quinn	7	Pierz	6:03.47	18
6 Schmitz, Destiny	8	Chisholm	6:12.83	17
7 Wasche, Brooklyn	9	Moose Lake/W	6:13.14	16
8 Niessen, Clara	7	Rush City	6:13.48	15
9 Adams, Zoe	12	Pillager	6:14.72	14

## Section 7A True Team

Pillager - 5/9/2023

## Results

## Finals ... (Girls 1600 Meter Run)

Name	Yr	School	Finals
10 Johnson, Ava	10	Braham	6:15.04 13
11 Dobson, Alainna	9	Pillager	6:18.73 12
12 Ringhand, Margaret	9	Crosby-Iront	6:25.04 11
13 Hawkins, Faith	11	Deer River/N	6:30.11 10
14 Rosecrans, Gabby	11	Crosby-Iront	6:36.22 9
15 Smith, Brook	9	South Ridge	6:59.10 8
16 Fordahl, Tegan	9	South Ridge	7:07.99 7
17 Schisano, Isabella	7	Rush City	7:23.42 6
18 Kibbler, Kiley	8	Deer River/N	9:16.41 5

## Girls 3200 Meter Run

Name	Yr	School	Finals
1 Andres, Carissa	12	Pierz	12:31.36 22
2 Gruber, Quinn	7	Pierz	12:38.14 21
3 Rosecrans, Gabby	11	Crosby-Iront	12:52.20 20
4 Ringhand, Margaret	9	Crosby-Iront	13:46.82 19
5 Reeder, Emma	12	Pillager	13:55.39 18
6 Adams, Zoe	12	Pillager	13:59.48 17
7 Shockman, Avery	9	Braham	14:04.40 16
8 Niessen, Clara	7	Rush City	14:26.07 15
9 Hawkins, Faith	11	Deer River/N	14:40.15 14
10 Hahn, Sequora	9	Rush City	15:35.58 13
11 Horn, Megan	8	Deer River/N	18:03.03 12

## Girls 100 Meter Hurdles

Name	Yr	School	Finals
1 Kimman, Ashley	12	Pierz	15.78 22
2 Kimman, Jessa	12	Pillager	15.91 21
3 Bengtson, Lydia	11	Rush City	17.50 20
4 Storlie, Katie	12	Deer River/N	18.16 19
5 Kangas, Kaylee	10	Greenway/Nas	18.27 18
6 Hanneken, Alexys	10	Pierz	18.82 17
7 Grimsley, Grace	12	Pillager	18.86 16
8 Ridge, Kenna	12	South Ridge	19.15 15
9 Anderson, Ray	10	Marshall (Du	19.38 14
10 Pederson, Hannah	11	Crosby-Iront	19.53 13
11 Hubbard, Corinne	12	Greenway/Nas	19.55 12
12 Heintz, Alayna	9	Rush City	20.54 11
13 Daraitis, Raylin	10	Crosby-Iront	20.66 10
14 Hemphill, Caitlynn	9	Deer River/N	20.70 9
15 Wickeham, Marissa	10	Braham	21.53 8
16 Andrews, Kaitlyn	9	Moose Lake/W	24.11 7
17 Lyttle, Heather	7	Marshall (Du	26.26 6

## Girls 300 Meter Hurdles

Name	Yr	School	Finals
1 Kimman, Ashley	12	Pierz	47.90 22
2 Kimman, Jessa	12	Pillager	48.15 21
3 Metz, Violette	9	Pillager	50.87 20
4 Gall, Evalie	9	Pierz	52.33 19
5 Wigg, Morgan	12	Moose Lake/W	52.41 18

6 Bengtson, Lydia	11	Rush City	54.12 17
7 Kangas, Kaylee	10	Greenway/Nas	54.35 16
8 Brown, Madison	10	Greenway/Nas	56.56 15
9 Niessen, Clara	7	Rush City	57.36 14
10 Miller, Keisha	9	Deer River/N	58.28 13
11 Weis, Heidi	8	Marshall (Du	58.31 12
12 Armbrust, Caitlin	11	Crosby-Iront	59.08 11
13 Fitzpatrick, Mariah	10	Crosby-Iront	59.56 10
14 Hemphill, Caitlynn	9	Deer River/N	59.64 9
15 Shockman, Alison	12	Braham	1:00.60 8
16 Jutila, Olivia	10	Moose Lake/W	1:04.51 7
17 Wickeham, Marissa	10	Braham	1:05.33 6
--- Henneger, Grace	9	South Ridge	DQ

## Girls 4x100 Meter Relay

Team	Relay	Finals
1 Pillager		52.57 33
2 Braham		53.53 30
3 Pierz		53.57 27
4 Moose Lake/W		56.33 24
5 Marshall (Duluth)		56.60 21
6 Deer River/Northland		56.99 18
7 Chisholm		57.46 15
8 Crosby-Ironton		57.93 12
9 Rush City		58.05 9
10 South Ridge		1:14.67 6
--- Greenway/Nas		DNF

## Girls 4x200 Meter Relay

Team	Relay	Finals
1 Pierz		1:52.21 33
2 Moose Lake/W		1:58.71 30
3 Chisholm		2:00.08 27
4 Deer River/Northland		2:00.97 24
5 Crosby-Ironton		2:03.53 21
6 Greenway/Nas		2:04.19 18
7 Pillager		2:06.23 15
8 South Ridge		2:07.17 12
9 Marshall (Duluth)		2:09.47 9
10 Rush City		2:09.53 6

## Girls 4x400 Meter Relay

Team	Relay	Finals
1 Pierz		4:20.93 33
2 Braham		4:27.86 30
3 Crosby-Ironton		4:34.89 27
4 Pillager		4:44.59 24
5 Deer River/Northland		5:08.10 21
6 Rush City		5:25.37 18

## Section 7A True Team

Pillager - 5/9/2023

## Results

## Girls 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Pierz		10:53.83 33
2 Crosby-Ironton		11:02.60 30
3 Greenway/Nas		11:05.12 27
4 Braham		11:20.58 24
5 Pillager		11:25.00 21
6 Moose Lake/W		11:28.71 18
7 Deer River/Northland		11:37.19 15
8 Chisholm		12:52.21 12
9 Rush City		13:14.28 9
--- South Ridge		DQ

## Girls High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Kimman, Ashley	12	Pierz	5-02.00 22
2 Baumgard, Tresa	11	Chisholm	5-00.00 21
3 Klemetsen, Kaitaia	11	South Ridge	J4-10.00 20
4 Wigg, Morgan	12	Moose Lake/W	J4-10.00 19
5 Grimsley, Grace	12	Pillager	J4-08.00 18
6 Peterson, Tatum	12	Deer River/N	J4-08.00 17
7 Niessen, Clara	7	Rush City	J4-06.00 16
8 Brunner, Jayden	9	Greenway/Nas	J4-06.00 15
9 Bengtson, Lydia	11	Rush City	J4-06.00 14
10 Bakke, Kara	12	Pierz	J4-06.00 12.5
10 Brown, Madison	10	Greenway/Nas	J4-06.00 12.5
12 Larson, Grace	10	Crosby-Iront	J4-02.00 11
13 Majwega, Dativah	8	Marshall (Du	J4-02.00 10
14 Sajdak, Jillian	12	South Ridge	J4-02.00 9
15 Fitzpatrick, Mariah	10	Crosby-Iront	J4-00.00 7.5
15 Flack, Jezirae	8	Chisholm	J4-00.00 7.5
17 VanVickle, Khloe	7	Pillager	J4-00.00 5.5
17 Menten, Alivia	11	Moose Lake/W	J4-00.00 5.5
19 Giffrow, Ashlynn	12	Braham	3-09.00 4
20 Vee, Ava	9	Marshall (Du	3-06.00 3
--- Peck, Avri	9	Deer River/N	NH

## Girls Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Lewendowski, Lucy	9	Crosby-Iront	J9-09.00 22
2 Jones, Sydney	11	Crosby-Iront	J9-09.00 21
3 Craft, Tahlia	12	Pillager	J9-00.00 20
4 Ertz, Mikayla	11	Rush City	J9-00.00 19
5 Andres, Eden	10	Pierz	J9-00.00 18
6 Virnig, Abigail	9	Pierz	8-06.00 17
7 Morris, Emma	10	Deer River/N	8-00.00 16
8 Golly, Makenzie	9	Braham	7-06.00 15
9 Davis, Emily	9	Braham	J7-00.00 14
10 Conklin, Gabby	9	Pillager	J7-00.00 13
11 Yanez, Alissa	12	Greenway/Nas	J6-06.00 11.5
11 Kangas, Kaylee	10	Greenway/Nas	J6-06.00 11.5
13 Savely, Keira	9	Rush City	J6-06.00 10

14 Wasche, Brooklyn	9	Moose Lake/W	5-00.00 9
--- Jutila, Olivia	10	Moose Lake/W	NH

## Girls Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Lochner, Maddie	11	Pierz	15-10.00 22
2 Kimman, Jessa	12	Pillager	15-09.00 21
3 Kimman, Ashley	12	Pierz	15-08.75 20
4 Wigg, Morgan	12	Moose Lake/W	15-05.00 19
5 Metz, Violette	9	Pillager	14-10.25 18
6 Clusiau, Claire	11	Greenway/Nas	14-10.00 17
7 Silgen, Margaret	11	Crosby-Iront	14-02.75 16
8 Bengtson, Lydia	11	Rush City	14-01.25 15
9 Heintz, Alayna	9	Rush City	14-00.25 14
10 Doble, Ella	12	Braham	14-00.00 13
11 Hernesman, Mariah	11	Marshall (Du	13-08.00 12
12 Armbrust, Caitlin	11	Crosby-Iront	13-05.50 11
13 Brohman-Ashby, Grace	7	Greenway/Nas	13-04.75 10
14 Vee, Ava	9	Marshall (Du	13-03.50 9
15 Shockman, Avery	9	Braham	13-02.00 8
16 Schwarz, Ashlyn	9	Deer River/N	12-09.75 7
17 Johnson, Evelyn	11	Moose Lake/W	12-08.50 6
18 Peterson, Tatum	12	Deer River/N	12-02.50 5
19 Lee, Deslyn	10	Chisholm	11-00.00 4
20 Burgau, Summer	8	Chisholm	8-02.50 3
--- Barto, Tatum	9	South Ridge	ND
--- Klemetsen, Kaitaia	11	South Ridge	ND

## Girls Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Heintz, Kendra	7	Rush City	33-03.25 22
2 Grimsley, Grace	12	Pillager	31-07.50 21
3 Silgen, Margaret	11	Crosby-Iront	31-05.75 20
4 Lochner, Maddie	11	Pierz	30-09.50 19
5 Armbrust, Caitlin	11	Crosby-Iront	30-05.00 18
6 Miskovich, Layla	11	Greenway/Nas	29-07.50 17
7 Golly, Bridget	9	Braham	29-06.00 16
8 Bakke, Kara	12	Pierz	29-04.25 15
9 Chesbrough, Holly	11	Moose Lake/W	29-04.00 14
10 Regstad, Abby	11	Marshall (Du	29-03.50 13
11 Johnson, Evelyn	11	Moose Lake/W	28-09.50 12
12 Turner, Elsie	11	Pillager	28-07.50 11
13 Nugent, Rianna	11	Greenway/Nas	28-03.75 10
14 Ridge, Kenna	12	South Ridge	27-07.50 9
15 Shockman, Alison	12	Braham	27-05.00 8
16 Stavig, Leah	9	Rush City	26-06.50 7
17 Wake, Nora	7	Deer River/N	26-00.00 6
18 Schwochert, Raelee	9	Deer River/N	21-01.50 5
--- Burgau, Summer	8	Chisholm	ND
--- Lee, Deslyn	10	Chisholm	ND

## Section 7A True Team

Pillager - 5/9/2023

## Results

## Girls Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Oviatt, Emmalee	12	Greenway/Nas	35-08.00 22
2 Kuhnke, Julia	12	Braham	32-04.00 21
3 Skiba, Allison	11	Pierz	31-02.00 20
4 Cuellar, Frankie	11	Greenway/Nas	30-06.00 19
5 Widell, Samantha	12	Rush City	29-07.00 18
6 Rentz, Beverly	8	Pierz	29-04.00 17
7 Anderson, Ray	10	Marshall (Du	27-06.00 16
8 Houle, Sienna	12	Pillager	27-02.00 15
9 Ertz, Mikayla	11	Rush City	26-11.00 14
10 Danielson, Bridget	11	Pillager	26-08.00 13
11 Jerry, Malea	11	Moose Lake/W	25-01.00 12
12 Schjenken, Ariahana	9	Deer River/N	24-09.50 11
13 Somerville, Sarah	12	South Ridge	24-07.50 10
14 Ridge, kiara	10	South Ridge	23-03.00 9
15 Baumgard, Josie	8	Chisholm	23-01.00 8
16 McKinney, McKinna	11	Deer River/N	23-00.00 7
17 Wynn, Cadence	10	Crosby-Iront	22-09.50 6
18 Goble, Jessica	8	Moose Lake/W	22-06.00 5
19 Baker, Bella	9	Marshall (Du	21-08.00 4
20 Serbus, Emma	9	Chisholm	21-05.00 3
21 Wickeham, Marissa	10	Braham	19-08.00 2
22 Wiseley-Peterson, Katelyn	10	Crosby-Iront	17-04.00 1

## Girls Discus Throw

Name	Yr	School	Finals
<b>Finals</b>			
1 Houle, Sienna	12	Pillager	87-07 22
2 Oviatt, Emmalee	12	Greenway/Nas	86-03 21
3 Skiba, Allison	11	Pierz	85-00 20
4 Wynn, Cadence	10	Crosby-Iront	83-05 19
5 Goss, Sydney	8	Greenway/Nas	79-08 18
6 Anderson, Ray	10	Marshall (Du	76-07 17
7 Rentz, Beverly	8	Pierz	75-09 16
8 Danielson, Bridget	11	Pillager	75-00 15
9 Widell, Samantha	12	Rush City	73-02 14
10 Ridge, kiara	10	South Ridge	71-11 13
11 Giffrow, Ashlynn	12	Braham	71-07 12
12 Jerry, Malea	11	Moose Lake/W	70-05 11
13 Ertz, Mikayla	11	Rush City	69-07 10
14 Hennen, Sage	9	South Ridge	68-01 9
15 Schjenken, Ariahana	9	Deer River/N	60-09 8
16 Kylander-Johnson, Kiera	8	Marshall (Du	59-06 7
17 Oehrlein, Tori	9	Crosby-Iront	58-06 6
18 Geirsdorf-Thompson, Joni	8	Moose Lake/W	56-07 5
19 Pfannenstein, Sophia	10	Chisholm	56-05 4
20 Golly, Makenzie	9	Braham	55-07 3
21 McKinney, McKinna	11	Deer River/N	52-01 2
22 Pierzina, Chevelle	8	Chisholm	49-10 1

## Boys 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Stangl, Derek	12	Pierz	11.61 22
2 Schmidt, Jaxsyn	11	Moose Lake/W	12.10 21
3 Rahier, Sam	12	Deer River/N	12.12 20
4 Fitzpatrick, John Paul	12	Crosby-Iront	12.13 19
5 Thole, Andrew	12	Rush City	12.25 18
6 Jones, Aiden	10	Pierz	12.29 17
7 Thompson, Jackson	12	Moose Lake/W	12.37 16
8 McCall, Ty	11	Marshall (Du	12.41 15
9 Chance, Greyson	9	Greenway/Nas	12.47 14
10 Reynolds, DJ	10	Pillager	12.49 13
11 Lewandowski, James	11	Crosby-Iront	12.53 12
12 Thronson, Braden	10	Chisholm	12.70 11
13 Williams, Jasper	9	Marshall (Du	12.71 10
14 Mannie, Chase	8	Pillager	12.74 9
15 Coon, Isaac	8	South Ridge	12.80 8
16 Harrison, Noah	11	Deer River/N	12.83 7
17 Wells, Simeon	9	Greenway/Nas	12.96 5.5
17 Oberg, Lawrence	10	Chisholm	12.96 5.5
19 Morales, Samuel	9	Rush City	13.49 4
20 Berlin, Landry	7	South Ridge	18.18 3

## Boys 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Stangl, Derek	12	Pierz	23.50 22
2 Mount, Jordan	11	Crosby-Iront	24.04 21
3 Salazar, Armando	12	Deer River/N	24.33 20
4 Anderson, Nolan	12	Rush City	24.43 19
5 Thole, Andrew	12	Rush City	24.78 18
6 Jones, Aiden	10	Pierz	24.93 17
7 Kriegl, Brayton	11	Pillager	25.38 16
8 Rydberg, Evan	10	Crosby-Iront	25.45 15
9 Reynolds, DJ	10	Pillager	25.84 14
10 Eklund, Isaac	9	Braham	26.67 13
11 Nelson, Zane	7	Deer River/N	27.38 12

## Boys 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Schwarz, Dylan	11	Deer River/N	52.81 22
2 Larson, Noah	11	Crosby-Iront	53.90 21
3 Weinhandl, Dawson	10	Pillager	54.26 20
4 Thompson, Charlie	12	Chisholm	55.59 19
5 Schmidt, Jaxsyn	11	Moose Lake/W	55.64 18
6 Huff-Metso, Jeremy	11	Greenway/Nas	55.78 17
7 Foss, Tyler	10	Pierz	56.10 16
8 Clausen, Chase	10	Moose Lake/W	56.27 15
9 Hachey, Nathan	11	Crosby-Iront	56.39 14
10 Ertz, Brayden	9	Rush City	56.60 13
11 Gross, Travis	12	Pierz	57.26 12
12 Doble, Tanner	9	Braham	57.67 11
13 Flett, Casey	12	Greenway/Nas	58.32 10

## Section 7A True Team

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## Results

## Finals ... (Boys 400 Meter Dash)

Name	Yr	School	Finals	
14 Sheffield, Devon	12	Rush City	58.76	9
15 Connor, Sean	12	Chisholm	1:00.71	8
16 Putnam, Joe	10	Pillager	1:01.37	7
17 Joki, Matt	10	South Ridge	1:02.21	6
18 Grangruth, Dustin	10	South Ridge	1:02.31	5
19 Martinelli, Jonas	11	Marshall (Du)	1:03.88	4
20 Beya, Elysee	9	Marshall (Du)	1:14.02	3
--- Wake, Alec	12	Deer River/N		DQ

## Boys 800 Meter Run

Name	Yr	School	Finals	
1 Plackner, Benjamin	12	Greenway/Nas	2:06.45	22
2 Ringhand, Joseph	11	Crosby-Iront	2:09.27	21
3 Tax, Nathan	9	Pierz	2:09.40	20
4 Hoffer, Braden	12	Pillager	2:13.12	19
5 Koran, Riley	9	Greenway/Nas	2:17.14	18
6 Jacobson, Tobias	10	Crosby-Iront	2:18.68	17
7 Coolidge, Isaak	11	Braham	2:19.89	16
8 Clemons-Virnig, Guy	10	Pierz	2:21.36	15
9 Martinelli, Jonas	11	Marshall (Du)	2:21.54	14
10 FierkeLepp, Quinn	11	South Ridge	2:22.17	13
11 Stadin, Isaac	9	Moose Lake/W	2:22.30	12
12 Larson, Aiden	12	Moose Lake/W	2:25.77	11
13 Hooge, Jakeb	12	Pillager	2:26.12	10
14 Sheffield, Devon	12	Rush City	2:33.06	9
15 Copeland, Christian	10	Deer River/N	2:34.23	8
16 Hemphill, Colton	11	Deer River/N	2:38.15	7
17 Erickson, Owen	12	South Ridge	2:41.09	6
18 Perell, Jesse	8	Rush City	2:44.13	5
19 Konstad, Daeren	10	Chisholm	2:45.25	4
20 Perpich, Daniel	9	Chisholm	2:46.71	3
21 Skafte, Olen	9	Marshall (Du)	2:46.75	2
22 Lund, Brandon	9	Braham	3:21.53	1

## Boys 1600 Meter Run

Name	Yr	School	Finals	
1 Plackner, Benjamin	12	Greenway/Nas	4:44.76	22
2 Ringhand, Joseph	11	Crosby-Iront	4:46.08	21
3 Tax, Nathan	9	Pierz	4:46.71	20
4 Wasche, Elliott	10	Moose Lake/W	4:48.91	19
5 Kowalczyk, Ethan	11	Pierz	4:50.49	18
6 Morse, Tyler	10	South Ridge	5:07.74	17
7 Milstead, Hunter	10	Greenway/Nas	5:09.08	16
8 Ertz, Brayden	9	Rush City	5:10.52	15
9 Westin, A J	10	Crosby-Iront	5:21.45	14
10 Coolidge, Isaak	11	Braham	5:22.84	13
11 Petry, Max	10	Moose Lake/W	5:26.85	12
12 Monson, James	9	Rush City	5:39.61	11
13 Hemphill, Colton	11	Deer River/N	5:54.22	10
14 Reich, Aiden	11	Pillager	6:06.75	9
15 Zupancich, Tyler	12	Marshall (Du)	6:07.18	8
16 Perpich, Daniel	9	Chisholm	6:07.60	7

17 Wright, Silas	10	Pillager	6:07.93	6
18 Cho, Jaehoon (Joe)	11	Marshall (Du)	6:13.12	5
19 Berg, Brody	7	Deer River/N	6:29.73	4
20 Pender, Carter	8	Chisholm	6:42.21	3
21 Kaivola, Ashton	10	South Ridge	7:31.43	2
22 Lund, Brett	12	Braham	7:38.49	1

## Boys 3200 Meter Run

Name	Yr	School	Finals	
1 Kowalczyk, Ethan	11	Pierz	10:29.80	22
2 Brezinka, Wyatt	8	Pierz	11:34.36	21
3 Monson, James	9	Rush City	12:07.60	20
4 Bock, Chris	9	Pillager	12:31.05	19
5 Reisz, Aiden	9	Crosby-Iront	12:54.64	18
6 Nechal, Ivan	8	Rush City	13:33.18	17
7 Treat, Israel	10	Deer River/N	14:24.37	16
8 Lueck, Brad	10	Crosby-Iront	14:34.64	15
9 Reich, Aiden	11	Pillager	14:37.60	14

## Boys 110 Meter Hurdles

Name	Yr	School	Finals	
1 Anderson, Nolan	12	Rush City	15.67	22
2 Cheney, Jonathan	12	Pierz	15.85	21
3 Salazar, Armando	12	Deer River/N	16.54	20
4 Zancauske, Shane	12	Chisholm	16.68	19
5 Poser, Kaleb	8	Pierz	18.42	18
6 Mendoza delgado, Elio	12	Crosby-Iront	18.44	17
7 Lauzen, Ethan	10	Chisholm	18.73	16
8 Roberts, Gage	11	Greenway/Nas	19.61	15
9 Niessen, Braden	10	Rush City	19.89	14
10 Cacioppo, John	10	Braham	20.84	13
11 Chesbrough, Lucas	9	Moose Lake/W	21.09	12
12 Anderson, Justin	10	Pillager	21.30	11
13 Gangl, Maxwell	10	Greenway/Nas	21.60	10
14 Brown, Frank	7	Pillager	23.15	9
15 Ellingson, Eric	10	Moose Lake/W	23.67	8
16 Treat, Israel	10	Deer River/N	24.63	7
17 Lewandowski, James	11	Crosby-Iront	28.73	6

## Boys 300 Meter Hurdles

Name	Yr	School	Finals	
1 Anderson, Nolan	12	Rush City	41.30	22
2 Salazar, Armando	12	Deer River/N	42.48	21
3 Cheney, Jonathan	12	Pierz	44.97	20
4 Roberts, Gage	11	Greenway/Nas	45.82	19
5 Niessen, Braden	10	Rush City	46.02	18
6 Poser, Kaleb	8	Pierz	46.78	17
7 Zancauske, Shane	12	Chisholm	48.35	16
8 Mendoza delgado, Elio	12	Crosby-Iront	49.12	15
9 Thompson, Micah	9	Moose Lake/W	49.24	14
10 Anderson, Justin	10	Pillager	49.76	13
11 Milstead, Hunter	10	Greenway/Nas	50.11	12
12 Nason, Kion	8	Deer River/N	51.72	11

## Section 7A True Team

## Pillager - 5/9/2023

## Results

## Finals ... (Boys 300 Meter Hurdles)

Name	Yr	School	Finals	
13 Pearson, Charlie	8	Chisholm	53.68	10
14 Radzak, Layne	9	Moose Lake/W	54.01	9
15 Brown, Frank	7	Pillager	55.04	8
16 Johnson, Luke	11	Crosby-Iront	59.33	7
17 Cooper, Rylyn	9	South Ridge	1:06.23	6

## Boys 4x100 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Moose Lake/W		46.77	33
2 Deer River/Northland		47.50	30
3 Chisholm		47.99	27
4 Pierz		48.00	24
5 Crosby-Ironton		48.47	21
6 Marshall (Duluth)		49.21	18
7 Greenway/Nas		49.56	15
8 South Ridge		55.81	12
9 Rush City		57.12	9
--- Pillager		DQ	

## Boys 4x200 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Pierz		1:35.69	33
2 Crosby-Ironton		1:36.23	30
3 Pillager		1:37.99	27
4 Deer River/Northland		1:42.09	24
5 South Ridge		1:46.02	21
6 Greenway/Nas		1:47.33	18
7 Braham		1:48.63	15
8 Marshall (Duluth)		1:56.40	12
9 Rush City		1:58.15	9
--- Chisholm		DQ	
--- Moose Lake/W		DQ	

## Boys 4x400 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Crosby-Ironton		3:39.65	33
2 Pillager		3:43.99	30
3 Pierz		3:48.79	27
4 Deer River/Northland		4:07.77	24
5 Rush City		4:11.52	21

## Boys 4x800 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Greenway/Nas		9:08.00	33
2 Pillager		9:16.00	30
3 Moose Lake/W		9:21.98	27
4 Pierz		9:25.63	24
5 Chisholm		10:03.11	21
6 Deer River/Northland		10:03.14	18
7 Crosby-Ironton		10:20.52	15

8 Marshall (Duluth)	10:39.74	12
9 Rush City	11:13.54	9
10 South Ridge	11:20.72	6

## Boys High Jump

Name	Yr	School	Finals	
<b>Finals</b>				
1 Cheney, Jonathan	12	Pierz	6-02.00	22
2 Schwarz, Dylan	11	Deer River/N	J5-08.00	21
3 Hachey, Nathan	11	Crosby-Iront	J5-08.00	20
4 Duffy, John	10	Greenway/Nas	J5-06.00	19
5 Roche, Hayden	11	Chisholm	J5-06.00	18
6 Thronson, Braden	10	Chisholm	J5-06.00	17
7 McGee, Stephen	9	Greenway/Nas	J5-06.00	16
8 Majwega, Denzel	11	Marshall (Du	J5-04.00	14.5
8 Larson, Noah	11	Crosby-Iront	J5-04.00	14.5
10 Chesbrough, Lucas	9	Moose Lake/W	J5-04.00	13
11 Nieman, Paul	8	Pierz	J5-02.00	12
12 Clausen, Chase	10	Moose Lake/W	J5-02.00	11
13 Wright, Silas	10	Pillager	J5-00.00	10
14 Rood, Braeden	11	Rush City	J5-00.00	9
15 Hoffer, Braden	12	Pillager	J4-09.00	7.5
15 Joki, Matt	10	South Ridge	J4-09.00	7.5
17 Nelson, Zane	7	Deer River/N	J4-09.00	5.5
17 Williams, Jasper	9	Marshall (Du	J4-09.00	5.5
--- Ruotsalainen, Landan	11	South Ridge	NH	
--- Perell, Jesse	8	Rush City	NH	

## Boys Pole Vault

Name	Yr	School	Finals	
<b>Finals</b>				
1 Thompson, Jackson	12	Moose Lake/W	13-00.00	22
2 Fitzpatrick, John Paul	12	Crosby-Iront	12-06.00	21
3 Koch, Caleb	10	Pierz	11-06.00	20
4 Thompson, Micah	9	Moose Lake/W	11-00.00	19
5 Toftness, Oliver	10	Crosby-Iront	10-06.00	18
6 Schaaf, Matthew	12	Deer River/N	J9-06.00	17
7 Milstead, Hunter	10	Greenway/Nas	J9-06.00	16
8 Doble, Tanner	9	Braham	9-00.00	15
9 Armstrong, Levi	12	Rush City	J8-06.00	14
10 Waterhouse, Kadin	12	Greenway/Nas	J8-06.00	12.5
10 Splinter, Nathan	10	Chisholm	J8-06.00	12.5
12 Betsinger, Wyatt	8	Pierz	J8-06.00	11
13 Cacioppo, John	10	Braham	8-00.00	10
14 Thompson, Ben	11	Chisholm	7-06.00	9
15 Berent, Cameron	9	Pillager	J6-06.00	8
16 Treat, Israel	10	Deer River/N	J6-06.00	7
17 Monson, James	9	Rush City	6-00.00	5.5
17 Jensen, Braeden	9	Pillager	6-00.00	5.5

## Boys Long Jump

Name	Yr	School	Finals	
<b>Finals</b>				
1 Mount, Jordan	11	Crosby-Iront	21-08.50	22
2 Anderson, Nolan	12	Rush City	20-02.00	21
3 Stangl, Derek	12	Pierz	20-00.25	20

## Section 7A True Team

Pillager - 5/9/2023

## Results

## Finals ... (Boys Long Jump)

Name	Yr	School	Finals	
4 Rahier, Sam	12	Deer River/N	19-08.00	19
5 Wake, Alec	12	Deer River/N	19-04.00	18
6 Huff-Metso, Jeremy	11	Greenway/Nas	19-00.00	17
7 Nieman, Paul	8	Pierz	18-09.00	16
8 Zancauske, Shane	12	Chisholm	18-06.75	15
9 Oberg, Lawrence	10	Chisholm	18-02.00	14
10 Fitzpatrick, John Paul	12	Crosby-Iront	17-11.00	13
11 Reynolds, DJ	10	Pillager	17-09.00	12
12 Chesbrough, Lucas	9	Moose Lake/W	17-06.00	11
13 Majwega, Denzel	11	Marshall (Du	17-05.25	10
14 Mossberg, Jakob	12	Moose Lake/W	17-03.25	9
15 Austad, Brayden	10	Greenway/Nas	16-10.00	8
16 Mannie, Chase	8	Pillager	16-09.75	7
17 McCall, Ty	11	Marshall (Du	16-08.00	6
18 Stroschein, Slayton	12	South Ridge	16-04.50	5
19 Kao, Joseph	7	Rush City	15-05.50	4
20 Coolidge, Isaak	11	Braham	14-10.75	3
21 Grangruth, Dustin	10	South Ridge	14-06.00	2
22 Lund, Brandon	9	Braham	8-11.50	1

## Boys Triple Jump

Name	Yr	School	Finals	
1 Mount, Jordan	11	Crosby-Iront	41-07.00	22
2 Wake, Alec	12	Deer River/N	41-00.00	21
3 Lauzen, Ethan	10	Chisholm	40-04.00	20
4 Thompson, Charlie	12	Chisholm	39-07.50	19
5 Majwega, Denzel	11	Marshall (Du	36-11.50	18
6 Nieman, Paul	8	Pierz	36-03.00	17
7 Hachey, Nathan	11	Crosby-Iront	35-10.50	16
8 Thompson, Micah	9	Moose Lake/W	35-09.75	15
9 Weinhandl, Dawson	10	Pillager	35-08.00	14
10 Gross, Travis	12	Pierz	35-03.00	13
11 Guenther, Evan	8	Moose Lake/W	34-07.75	12
12 Salazar, Armando	12	Deer River/N	34-03.50	11
13 Rood, Braeden	11	Rush City	33-06.00	10
14 Strom, Michael	11	Greenway/Nas	33-03.00	9
15 Niessen, Braden	10	Rush City	32-07.50	8
16 Putnam, Joe	10	Pillager	32-06.50	7
17 Cooper, Rylyn	9	South Ridge	22-07.50	6
--- Austad, Brayden	10	Greenway/Nas	ND	

## Boys Shot Put

Name	Yr	School	Finals	
1 Klancher, Dylan	12	Crosby-Iront	44-07.50	22
2 Marx, Mason	12	Greenway/Nas	42-11.00	21
3 Oberfeld, Ian	12	Pierz	41-05.00	20
4 Scull, Asher	11	Pillager	39-08.00	19
5 Dingmann, Wyatt	11	Pierz	39-07.00	18
6 Macheel, Zach	12	Pillager	39-04.00	17
7 Adamski, Aidan	10	Marshall (Du	37-04.00	15.5
7 Mesojedec, JP	12	Moose Lake/W	37-04.00	15.5
9 Strom, Martin	10	Crosby-Iront	36-07.00	14

10 Bohnsack, Matthew	9	Moose Lake/W	34-10.00	13
11 Thompson, JoJo	12	Deer River/N	34-05.50	12
12 Thole, Andrew	12	Rush City	33-09.00	11
13 Herring, Bryce	12	Deer River/N	33-01.50	10
14 Splinter, Dillon	12	Chisholm	32-07.00	9
15 Hart, Cole	10	Greenway/Nas	32-03.50	8
16 Widdes, Jacob	11	Marshall (Du	31-09.50	7
17 Bergfalk, Josh	7	Rush City	30-08.00	6
18 Arvola, Isaiah	10	South Ridge	29-02.00	5
19 Eide, Hunter	10	Chisholm	27-08.00	4
20 Thronson, Kaden	10	South Ridge	26-11.00	3
21 Lund, Brett	12	Braham	25-05.00	2

## Boys Discus Throw

Name	Yr	School	Finals	
1 Marx, Mason	12	Greenway/Nas	129-08	22
2 Dingmann, Wyatt	11	Pierz	126-04	21
3 Klancher, Dylan	12	Crosby-Iront	118-07	20
4 Thole, Andrew	12	Rush City	108-02	19
5 Kunstleben, Lucas	10	Pierz	106-00	18
6 Macheel, Zach	12	Pillager	103-03	17
7 Mesojedec, JP	12	Moose Lake/W	102-08	16
8 Scull, Asher	11	Pillager	101-10	15
9 Champlin, Louis	10	Greenway/Nas	99-11	14
10 Adamski, Aidan	10	Marshall (Du	98-06	13
11 Chesbrough, Lucas	9	Moose Lake/W	95-07	12
12 Splinter, Dillon	12	Chisholm	94-02	11
13 Strom, Martin	10	Crosby-Iront	94-00	10
14 Widdes, Jacob	11	Marshall (Du	89-09	9
15 Thronson, Kaden	10	South Ridge	85-05	8
16 Bergfalk, Josh	7	Rush City	80-09	7
17 Hemphill, Colton	11	Deer River/N	74-04	6
18 Flowers, Trey	11	Deer River/N	74-02	5
19 Eklund, Isaac	9	Braham	72-10	4
20 Eide, Hunter	10	Chisholm	72-08	3
21 Arvola, Isaiah	10	South Ridge	72-04	2
22 Lund, Brett	12	Braham	53-00	1

## Women - Team Rankings - 18 Events Scored

1) Pierz	651.5
2) Pillager	540.5
3) Crosby-Ironton	440.5
4) Greenway/Nashwauk/Keewatin	435.5
5) Moose Lake/Willow River	376.5
6) Rush City	366
7) Deer River/Northland	326
8) Braham	323
9) Chisholm	245.5
10) Marshall (Duluth)	227
11) South Ridge	177

## Men - Team Rankings - 18 Events Scored

**Section 7A True Team**

**Pillager - 5/9/2023**

**Results**

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1) Pierz	614
2) Crosby-Ironton	564.5
3) Deer River/Northland	433.5
4) Pillager	423
5) Greenway/Nashwauk/Keewatin	409
6) Rush City	396.5
7) Moose Lake/Willow River	395.5
8) Chisholm	321
9) Marshall (Duluth)	201.5
10) South Ridge	143.5
11) Braham	119