

## 2019 Female Wrestlers

### 44 kg

Jane Cruz Balfour  
Isabella Brown Centennial  
Tanys Lesyshyn Walter Murray  
Peyton Perry Centennial

### 47 kg

Danika Lalonde St. Mary  
Jorja Seesequasis Stobart  
Mimi Cabrera O'Neill  
Dharyen Guergio Balfour  
Dah Ler Paw Martin  
Brett MacDonald Winston Knoll  
Sierra Lewis Bishop Mahoney  
Brooklyn Mcmillan Holy Cross  
Ruby Hamilton Aden Bowman  
Anika Luty Centennial

### 50 kg

Natasha Wiebe Warman  
Margaret McDonald Churchill  
Hannah Slater Martin  
Rebekah Illingworth Balfour  
Molly Lindsay Walter Murray  
Hanna Hecker Holy Cross  
Olivia Campbell Bethlehem  
Ariana Galbraith Evan Hardy

### 53 kg

Mihert Cridland A.E. Peacock  
Richelle Pompu Carrot River  
Kaitlyn Burns Swift Current  
Jayda Baker Balfour  
Himashi Gunasinghe Miller  
Tyler Karwandy Winston Knoll  
Daniela Khalimov Thom  
Abigail Dutchak Holy Cross  
Sierra Mullin Tommy Douglas  
Chana Topping Evan Hardy  
Ali Jones Walter Murray

### 56 kg

Storm Madsen St. Mary  
Rebecca Vlietstra McLurg  
Melinda Bobier Carpenter  
Arwen Claypool Martensville  
Eve Neithercut Balfour  
Jenna Petryna O'Neill  
Cassidy Flaman Martin  
Teanna Brenner Thom  
Amy Lalonde Evan Hardy  
Caitlyn Clatney Bishop Mahoney  
Andrea Lau Holy Cross  
Abigayle Denis Holy Cross

### 60 kg

Skylar Barden Carpenter  
Katelyn Forseille Stobart  
Olivia Hannah Warman  
Katie Watson Elrose  
Gracie Anderson O'Neill  
Robyn Kirwan Miller  
Natalya Tondevold Thom  
Erin Gold O'Neill  
Hannah Rajput Evan Hardy  
Ciara Kirkpatrick Centennial  
Vienna O'Neill Holy Cross  
Paris Fink Aden Bowman

### 64 kg

Aleah Nickel Swift Current  
Alexis Bradish Central  
Jayde Desroches Churchill  
Kierra Mccoy-Vallier Weyburn  
Serria Abraham Campbell  
Erica Houde O'Neill  
Mackenzie MacLeod F.W. Johnson  
Sidney Anderson Martin  
Savannah Kaiser Evan Hardy  
Stephanie Ritchie Evan Hardy  
Shaele Young Holy Cross  
Maria Gursky Holy Cross

### 68 kg

Frankie Gawryluik Rosetown  
Emily Conlon Lloydminster  
Sydni Natomagan St. Mary  
Abby Tiessen Carlton  
Makena Richard Campbell  
Aliyah Lerat Martin  
Ava Ledingham Miller  
Jade Yu Campbell  
Tekoa Thibault Legacy Christian Academy  
Katherina Laverty Holy Cross  
Reeve Mountney Holy Cross  
Emily Baronowsky Walter Murray

### 73 kg

Kabri Sittler McLurg  
Allie Gawryluik Rosetown  
Kaylyn Anderson Carlton  
Angel Besskkaystare St. Mary  
Amelia David Thom  
Alison Kuzub Centennial  
Jasmine Bowes Holy Cross  
Lexus Neil Holy Cross

### 80 kg

Katelynne Hoffman Yorkton  
Myra Szabo A.E. Peacock  
Jasmine Little Carrot River  
Shelby Guerin-Daniels Miller  
Aja Petrovitch Campbell  
Breelin Gilzean O'Neill High  
Molly O'Hanlon LeBoldus  
Kiara Willick Bishop Mahoney  
Sydney Hiebert Bethlehem  
Talia Polzen Bedford Road  
Myah Phillips Centennial

### 90 kg

Josee Trzaskowski Carlton  
Emry Halbgewachs Gordon F Kells  
Brooke Zaleschuk Martensville  
Maddisun Bird Carlton  
Hannah MacLeod F.W. Johnson  
Mariam Niyimuhoza Martin  
Teah Angelsted Walter Murray  
Addison Braden Marion Graham  
Lauren Elliot-Harte Walter Murray

### 105 kg

Talan Halsall St. Mary  
Tatyana Laviolette Martensville  
Jasmine Duclaux O'Neill

## 2019 Male Wrestlers

### 41 kg

Jesse Gareau St. Mary  
Faycal Krazini Balfour  
Zachary Courchene O'Neill  
Mason Bence Centennial  
Sirius Raycraft Tommy Douglas

### 44 kg

Tomi Viray Balfour  
Emmanuel Alsol Bethlehem  
Mohammed Alcheihk Mount Royal  
Jiawei Fu Evan Hardy  
Dontae Johnson Mount Royal

### 47 kg

Kaleb Ganes Churchill  
Ashton Kwitkoski-Mihalich Martensville  
Noah Zimroz O'Neill  
Beau Frigon Miller  
Yash Patel F.W. Johnson  
Rhet Bernard Tommy Douglas  
Abdul Alcheihk Mount Royal  
Shiv Krishnaswamy Aden Bowman  
Aiden Galbraith Holy Cross

### 50 kg

Kaidin McGinnis McLurg  
Colby Thomas St. Mary  
Halen Drake Weyburn  
Ulrik Tondevold Central  
Henry Kongo Balfour  
Antonio Londono Campbell  
Damyen Reid Holy Cross  
John France Alsol Bethlehem  
Benjamin Krone Holy Cross

### 53 kg

Donovan Neudorf St. Mary  
Scott Huber McLurg  
Dawson Runge Weyburn  
Orion Craig Carpenter  
Iman Beheshti Martin  
Caelan Ning LeBoldus  
Kelvin Kaseke Balfour  
Elliot Balkwill Sheldon-Williams  
Brett McGunigal Holy Cross  
Riley Icton Evan Hardy  
Kathan Choksi Marion M. Graham  
Kaden Weinheimer Holy Cross

### 56 kg

Drake Buechler Warman  
Andy Gallernault McLurg  
Zakary Hamm Warman  
Owen Bird Churchill  
Khai Na F.W. Johnson  
Excellence Agun O'Neill  
Rowan Knopf Balfour  
Mason Rice Balfour  
Devan Connoly Holy Cross  
Noah Klitch Walter Murray  
Alex Conley Marion M. Graham  
Jace Mowles Walter Murray

### 59 kg

Darian Thomas McLurg  
Liam Vargo A.E. Peacock  
Jessie Fehr Carlton  
Logan Bair Carlton  
Kordin Gould O'Neill  
Claude Ntiharizwa F.W. Johnson

Liam Neithercut Balfour  
Dayton Boucher-Hodel Martin  
Zane Asmundson Centennial  
Blake Davis Holy Cross  
Aiman Adam Sharfadin Mount Royal  
Klo Doh Mount Royal

### 62 kg

Kyle Yamniuk A.E. Peacock  
Jordan Lamontagne Swift Current  
Darren Toothill McLurg  
Joey Kalmakof St. Mary  
Andre Smith Martin  
Aidan Carey Campbell  
Owen Wahl Miller  
Houman Alimardani Sheldon-Williams  
Gordon Laing Holy Cross  
Brady Dieno Evan Hardy  
Paradorn Senyotkham Tommy Douglas  
Griffin Stewart Marion M. Graham

### 65 kg

Josh Jensen St. Mary  
Eric Fleming Weyburn  
Hayden Penney Churchill  
Kaleb Somerfeld River DuBois  
Nicholas Zimroz Lloydminster  
Brayden Goudy-Gervais O'Neill  
Maxwell Meekins F.W. Johnson  
Gabe Bandet Holy Cross  
Simon Durand Tommy Douglas  
Reagan Skipper Evan Hardy  
Holy Cross

### 69 kg

Luke Nelson Swift Current  
Brady Jobb St. Mary  
Dylan Yamniuk A.E. Peacock  
Dilan Vargas Swift Current  
Simon Uleryk O'Neill  
Nate Vatamanuk F.W. Johnson  
Trenton Wilhelm Winston Knoll  
Kent Billena O'Neill  
Cole Theriault Tommy Douglas  
Jaxon Greva Holy Cross  
Owen Gustafson Evan Hardy  
Keaton Strohan Holy Cross

### 73 kg

Sebastien Marchand Swift Current  
Borna Ivancev Rosetown  
Ethan La Rose A.E. Peacock  
Chad Bannerman St. Mary  
Andrew Dagenais Balfour  
Jonah Harden Campbell  
Franco Paul Holy Cross  
Logan Hrapchak Marion M. Graham  
Sebastian Bundrock Evan Hardy  
William Yanko Tommy Douglas

### 77 kg

Conley McLeod St. Mary  
Elijah Harden Swift Current  
Logan Boser Carpenter  
Aydon Brooks Esterhazy  
Josh Mellnick Thom  
Ben Bigelow Martin  
Landon Fiddler F.W. Johnson  
Ramsy Tiongan LeBoldus  
Brayden Janes Holy Cross  
Jonathan Gariepy Tommy Douglas

Obadiah Arthurs Bethlehem  
Chase Rennie Tommy Douglas

### 82 kg

Cole Sanderson St. Mary  
Kayde Shymko A.E. Peacock  
Elijah McPherson Carlton  
Toryn Swystun-Bernes Martensville  
Aleksander Eisler LeBoldus  
John Campbell Martin  
Noah Harden Campbell  
Zach Woodhead O'Neill  
Brayden Migneault Tommy Douglas  
Miguel Raymond Marion M. Graham  
Peter Davey Bethlehem  
Daynton Bergeron Tommy Douglas

### 90 kg

Carson Lee Hapnot  
Brayden Johnson Central  
Dawson Abbott Swift Current  
Wyatt Huber McLurg  
Zack Seitz Martin  
Shem Tororey LeBoldus  
River DuBois Winston Knoll  
Ekkapop Senyotkham Tommy Douglas  
Gage Storm Marion Graham  
Mike Yong Evan Hardy  
Parker Gerow St. Joseph

### 100 kg

Kurt Hoffman Yorkton  
Shay Sather St. Mary  
Timber McKay Churchill  
George Unger Swift Current  
Rownak Chakma F.W. Johnson  
Damien Plazo LeBoldus  
Eric Robbins Sheldon-Williams  
Vyacheslav Nesterenko O'Neill  
Alex Stepanenko St. Joseph  
Owen McGillivray Evan Hardy  
Andy Nguyen Bethlehem  
Ethan Condiff Holy Cross

### 115 kg

Riley Richards Yorkton  
Jacob Ambroziak Carpenter  
Quinton Pike Martensville  
Christopher Preston Churchill  
Matt Klimchuk Balfour  
Jesse Ilunga LeBoldus  
Joseph Nightingale Thom  
Aleksander Kulira Miller  
Cameron Stronski Tommy Douglas  
Cody Tyson Holy Cross  
Tyson Sellar Aden Bowman  
Adam Wiebe Mount Royal

### 130 kg

Blake Michelle St. Mary  
Connor Elphistone Carlton  
Mekhi Mollekin Winston Knoll  
Trevor Ambe Aden Bowman  
Alex Lafreniere E.D. Feeham  
Tyson Vandale E.D. Feehan  
Eric Christiansen Aden Bowman

# How to Watch a Wrestling Match

Updated 2018-19

Matches consist of two 3-minute periods scored cumulatively and will continue unless Technical Superiority or a Pin Fall occurs.

## How to Win a Match

**Pin Fall** – wrestler wins when opponents' shoulder blades simultaneously touch the mat.

**Technical Superiority** – wrestler wins with a margin of 10 points. (10-0, 11-1, 12-2 etc.)

**Decision** – wrestler wins after time has expired and has more points.

**Tie-breaking Criteria** – technical points > cautions > last point scored.

## Scoring

**4 Points** – throw/takedown (from standing to back)

**2 Points** – takedown/to position of control

**2 Points** – exposure (exposing/tilting opponents back past 90 degrees)

**1 Point** – reversal – wrestler reverses from a ground (par-terre or defensive position) to a control position

**\*\*Passivity** – may be called by a referee at any time or if the score is 0-0 with one-minute remaining in the first period. The passive wrestler must then score a point within the 30 second activity period.

**\*\*Note:** If the passive wrestler does not score a point, then the opponent gets a point.



Saskatchewan  
Credit Unions



# Provincial Wrestling Championships 2019



Friday, March 8 & Saturday, March 9  
**CAMPBELL COLLEGIATE – Regina, SK**

Attendance at this event entitles you to enjoy an exhibition of skills developed by student athletes in an educational setting.

Please be RESPECTFUL and ENCOURAGING in your approach to ALL athletes, officials, coaches and fellow spectators.

**BE A FAN...NOT A FANATIC!**