

2019 BGCA VOLLEYBALL PRESEASON PARENTS MEETING AGENDA

Date: January 9, 2019

Time: 6:15-7:15pm

Location: 2300 W. 36th Ave., Anchorage, AK 99517

Topics for Discussion

Introductions

- Director of Athletics
- Athletics Staff
- Coaching Staff

About Boys & Girls Clubs – Alaska Athletics

- Statement of Purpose
 - o Vision Statement
 - o Mission Statement
 - o Guiding Goals
 - o Organizational Characteristics
 - o External Identifiers
- Safety is our #1 Priority
 - o Physical
 - o Mental
 - o Emotional
 - o Social
- Core Values
 - o Safety
 - o Cooperation
 - o Accountability
 - o Integrity
 - o Optimism
 - o Commitment
- Teach life lessons as well as sport
 - o Sportsmanship
 - o Teamwork
 - o Responsibility
 - o Respect
 - o Perseverance
 - o Leadership
 - o Humility
 - o Integrity
 - o Courage
 - o Compassion
 - o Teamwork
 - o Respect
 - o More?
- Enjoyment
 - o Create the environment where it's positive and fun
 - o Measures of Enjoyment
 - Players want to be there
 - Player want to play for their coach
- Player Development
 - o Age/Skill appropriate playing environment
 - Children do not learn in the same way as adults, especially when the learning process involves both intellectual and physical activity. Age conditions the way a person perceives and interacts with the world and with others.
- 6-3-1 Philosophy
 - o Ensures all teams are progressing and improving consistently, as well as experiencing the emotions of winning and losing through manipulating six wins, three losses and one tie throughout the year.
 - o If a team is winning all the time, they are encouraged to schedule a scrimmage against tougher competition to be sure they are being pushed. Likewise, if a team is in a losing slump, then a scrimmage is encouraged against an opposition that they should beat, to regain a positive attitude, develop a goal scoring mentality and create confidence in defense.
 - o Development is always more important than winning with the Boys & Girls Clubs – Alaska Athletics, and so understanding all experiences of the game is essential to team and player development.
- Competition will naturally be present whenever there is an athletics contest to determine a winner. However, with Boys & Girls Clubs - Alaska Athletics, though winning may be a desirable result, it is not the top priority for our Athletics programs. Life lessons like enjoyment, mindfulness, accountability, respect, and compassion are and our coaches are trained to

encourage each child to develop his/her talents and skills through participation, fair play, sportsmanship, cooperation, teamwork, and effort.

2019 Volleyball Season

- Regular Season
- U10: January 14-March 8, 2019
 - o Season Format (6 Games)
 - o Stage 1: Everyone will play each other once/twice
 - o Stage 2: Placing in Stage 1 determines remaining games for Stage 2
- U12-U18: January 14-March 29, 2019
 - o Season Format (8 Games)
 - o Stage 1: Everyone will play each other once/twice
 - o Stage 2: Placing in Stage 1 determines remaining games for Stage 2
- Jamboree
 - o January 26, 2019
 - Location : Mears MPR
 - Official Practice Session
- Postseason Tournament
 - o U10-U12: April 1-5, 2019
 - o Arctic Rec Center
 - o Seeding based on end-of-season standings
- Schedules
 - o Requests (unable to change schedule once set)
 - Coaches will be able to review before being published officially
- 2019 Official BGCA Volleyball Rules
 - o Spectators Responsibilities (13:00:00)
 - PLEASE READ THE RULES
 - Positive Basketball Experience for ALL children
 - Positive comments only
 - o Catch the Players Being Successful!
 - Let the Coaches coach and let the Officials officiate
 - Please don't use Verbs
 - ZERO TOLERANCE for disrespectful behavior
 - Don't be **THAT** parent

Role of the Parent

- The role of the parent is extremely important for all young athletes.
- Whether it is at training, during a game or on the ride home it essential that there is positive feedback.
- At training and games players should feel that they can perform what the coach is asking them to do and not what their mother or father is asking them to do.
- "Boys & Girls Clubs – Alaska Athletics is much like a school system". It takes time and there are many developmental aspects that have to be covered in order to eventually get the final product.
 - o Think of the volleyball court as a playground!
 - o Emphasize enjoyment
 - o Encourage your child regardless of success
 - o Cheer for all Children!
 - o Applaud a good effort no matter who makes it
 - o It's okay to talk to other teams parents
 - o Be a parent – not a coach!
 - o Resist the urge to critique
- Positive Volleyball Experience for ALL children
 - o Positive comments only
 - o Let the Coaches coach and let the Officials officiate
 - o Please don't use Verbs
 - o Catch the Players Being Successful!
- 5 Guidelines for the Sidelines
 - o Cheer
 - o Relax and Let Them Play
 - o Yelling Directions = Distraction
 - o Remember, they are just kids having fun
 - o Have reasonable expectations
- Help Your Child Be Prepared:
 - o Nutritional Snacks
 - o Hydrate – Water or Sport Drink before, during and immediately after a game
 - o Weather: Sun Screen, Rain / Cold Weather Gear
 - o Properly Inflated Ball, Kneepads, Appropriate Footwear

- Catch the Players Being Successful!

General Information

- Chain of Command
 - Players/Parents should address all concerns/issues with the Coach first
 - Practice 24 hour rule
 - Get it in writing
 - Parents should not contact the BGCA directly unless the Coach is doing something illegal, unethical, immoral, or unsafe
- Communication
 - Overcommunication is always best
 - Get it in writing
 - Follow up conversations with an e-mail
 - Be clear, concise, and right to the point
- Required player documents
 - Verification purposes
 - Blanket BGCA Athletics Policy
 - Documents will not be kept on file (just checked off a list)
 - If played in a BGCA Athletics program in 2016 or after, should be on record
- Roster Sheets
 - Checked before each games
 - Only released to players who are eligible to play
 - All required documents submitted
 - No outstanding balances
- Anyone working with children must complete the Consent for a Criminal Background Check
 - Completed appropriate paperwork
 - Criminal Background Check
 - Coach Education
 - CDC Heads Up: Concussion in Sports Intro Course
 - Only individuals who have completed the Consent for a Criminal Background Check will be allowed on the sidelines during games. All other spectators must remain in the stands (when applicable).
 - Approved adults will be awarded a Coaching Badge to be worn on the sidelines.
- Uniforms
 - Distributed first/second week of the season
 - Consistent with number of players
 - Sponsors
 - May need to be returned for printing
- Sports Engine App
 - Teams Pages are most up-to-date records
 - Team Specific
 - Schedules
 - Scores
 - Standings
 - Team Messaging
 - Team ID can be found on Team Page
- Sponsorships
 - Help keep fees low by introducing a sponsor to Boys & Girls Clubs – Alaska Athletics
 - Benefits of sponsorship
 - Prominent visibility of the Sponsor's logo/name on the team's jersey
 - Website logo/link placement on our website and any other social media for the duration of the one-year
 - One seasonal e-mail blast to BGCA Members participating in that particular sport promoting any specials/news from our Sponsors for that particular month
 - Recognition in the Boys & Girls Clubs – Alaska Annual Report Plaque with a photograph of the Team your business is sponsoring with expressing our appreciation
- Final thoughts on Boys & Girls Clubs – Alaska Volleyball
 - Please remember, 99.99999% of youth volleyball players around the nation will NOT play in the Olympics. But if we as an organization, coaches, and parents work together for the kids, we can help them do well in school, earn a college degree, be a valuable member of our community, and hopefully, maybe one day, one of these kids will cure cancer.