



## 2021 MASK POLICY

North Country Region is committed to ensuring the health and safety of all of our tournament participants, spectators, officials and staff. We need the cooperation of everyone with regards to wearing a MASK in order to follow state guidelines and keep all of our athletes playing and fans cheering!

### Mask Policy

- The Region is not allowing medical exemptions to wearing a face mask.
- The mask must cover the nose and the mouth.
- If a face shield is being utilized, then a face mask is required to be worn under the face shield.
- Instead of forgoing a mask which could place the child and others at greater risk of a poor outcome if he/she or others around her contracts COVID, a mask will need to be worn.
- When exercise causes difficulty in breathing, then the participant will need to reduce his/her activity level.

The above does not prevent a participant from playing volleyball. Please communicate to the participant, his/her parents, and club/team staff that when the participant's breathing is labored then he/she needs to reduce his/her activity.

### Tournament Participants

- All participants in a match (players, coaches, officials and scorers) must wear a mask that covers their mouth and nose at all times including when on the court or on the bench.
- If the mask slips below the nose, participants are expected to pull the mask back into place.
- Participants may pull their mask down when drinking or eating, or when there is the need to take a deeper breath. The mask must be put back into place as soon as possible.

#### **Failure to comply with the NCR mask policy may lead to the following:**

- a warning
- forfeiture of a game
- forfeiture of a match
- team expulsion (no tournament fees refunded)

### Spectators

- Spectators wear a mask that covers their mouth and nose at all times.
- If the mask slips below the nose, spectators are expected to pull the mask back into place.
- Spectators may pull their mask down when drinking or eating. The mask must be pulled back into place as soon as possible.

#### **Failure to comply with the NCR mask policy may lead to the following:**

- a warning
- forfeiture of a game
- forfeiture of a match
- team expulsion (no tournament fee refunds)
- spectator removal from the facility (no admission fees refunded)