

Set Plays: Free Kicks

<p><u>Free Kicks #1</u> Direct Free Kick</p> <p>2 Players will be around the ball. The wall is 10 feet away from the players. Free Kick #1 is a straight shot at goal thru the wall. Now depending on if the wall jumps the players tries to hit it low or high. This is all about power to see if the wall breaks.</p>	
<p><u>Free Kick #2</u> In Direct Free Kick</p> <p>2 Players set up round the ball. Both players star about 7 feet back from the ball. First players' runs at the ball and touches it, the 2nd players come along right behind and shoots the ball with a lot of power.</p>	
<p><u>Free Kick #3</u> In Direct Free Kick</p> <p>2 Players on the ball face each other. One player back behind the ball about 10 feet away facing the goal and away from the wall. Player one facing the middle of the field will pass the ball thru player twos legs to the path of the player running by to have a shot at goal in the channel to the side of the goal.</p>	
<p><u>Free Kick #4</u> Direct Free Kick</p> <p>2 players stand over the ball. The 2 players start to argue over taking and setting up the ball. There is another player ready to make a move right behind the players that will take a direct shot at goal. The focus to is to make the defenders look at the arguing players and not know that there is a player behind to take a shot.</p>	
<p><u>Free Kick #5</u> Direct Free Kick</p> <p>2 players stand over the ball. At each end of the wall there is a player from the attacking team standing. The players at the ends of the wall will move around when the ball comes in to redirect the ball or have the defenders move to make space for the ball.</p>	