

2026 Youth Volleyball League @ 501 Volley

League Format: Each team will have one, 1 hour practice evening per week, and one league play date per week. Each league round will last 4 weeks.

Round 1 Schedule (mid July-mid August)

- Wednesday Evening Practices: 7/8, 7/15, 7/22, 7/29
 - Practice times: 5:00, 5:30, 6:00, 6:30, or 7:00
 - Teams will be able to note practice time preference
- Friday Evening League Games: 7/10,, 7/17, 7/24, 7/31
 - Game times: 5:00, 5:45, 6:30, 7:15
 - Teams will play 1-2 matches per league play date
- Registration Deadline: Wednesday, July 1st

Round 2 Schedule (September)

- Wednesday Evening Practices: 9/2, 9/9, 9/16, 9/23
 - Practice times: 5:00, 5:30, 6:00, 6:30, or 7:00
 - Teams will be able to note practice time preference
- Sunday Afternoon League Games: 9/6, 9/13, 9/20, 9/27
- Game times: 2:00, 2:45, 3:30, 4:15
 - Teams will play 1-2 matches per league play date
- Registration Deadline: Wednesday, August 26th

There will be a maximum of 24 teams accepted into each league round. Teams and/or players may play in both league rounds.

NOTE: *teams can sign-up to compete ONLY.* This means that they do not attend the weekly one hour practice session, they pay a reduced fee per player to only play in the league play dates. This is an all or nothing option for the team- all players will only participate in the league play dates.

Practice Format: During practices, 501 Volley staff will facilitate each team's practice with the help of the team's parent volunteer coaches. 501 Volley staff will provide a detailed practice schedule with skills and drills focus for half of the practice, and game play focus for half of the practice.

League Play Format: Each team will play 1 or 2 matches on each league play date. The 4th date of play will be a bracket format with awards given to the winners of each bracket.

Team Formation: Each team can have a minimum of 8 players and maximum of 12 players per team. Recommend that players are from the same school and same grade level. We ask that the teams are formed independently and we do not want to be a part of team formation. *Teams can be made up of GIRL and BOY athletes.*

- **Free Agent Players:** players that do not have a “team” formed, can sign up as a free agent. 501 Volley will help group like skilled/ like ages “free agent” players together to form a team, or find an appropriate team for them to join.

Team Coaches: Each team is allowed to have up to 2 volunteer parent coaches, and each team MUST have 1 parent volunteer coach. No outside paid coaches are allowed due to 501 Volley providing the coaches and practice plans for the week.

Entry Fee:

- **Team Member Fee: \$120 per player**
- This fee covers the coaches fee, facility fee, the entry fee for parents during events, the players participation fee, and league t-shirt.
- Please submit one payment per team.
 - Payment can be made by cash, check or Venmo. Venmo is \$Volley501
- **Free Agent Fee: \$120**
 - There will be a “free agent” registration option on the online registration link
 - Payment can be made by cash, check or Venmo. Venmo is \$Volley501
 - *\$20 discount if register for rounds 1 & 2 at the same time (total cost is \$220 for both rounds)*
- **Competition TEAM only Fee: \$80 per player**
 - All players on the team will NOT participate in the one hour weekly practice
 - The team will ONLY play in league play dates
 - Players will still receive a league t-shirt, coaching during league matches, entry fee for parents during events, facility fee.

Team Entry Process: Only one team entry form needs to be turned in per team, online registration on the 501 Volley website will allow the option to register a team, free agent, or competition only team. You will need to pay offline for each team, in one lump sum. Please include the team roster form with team payment. You can email or mail this form. We will need a copy of each player’s signed waiver turned in at the first practice, these can be mailed or emailed as well. Payment for the team is due by the registration deadline. Entry fees and waivers can be mailed to 501 Volley, 4107 Richards Road, North Little Rock, AR 72217.

For more information: If you have any questions please email 501 Volley; info@501volley.com