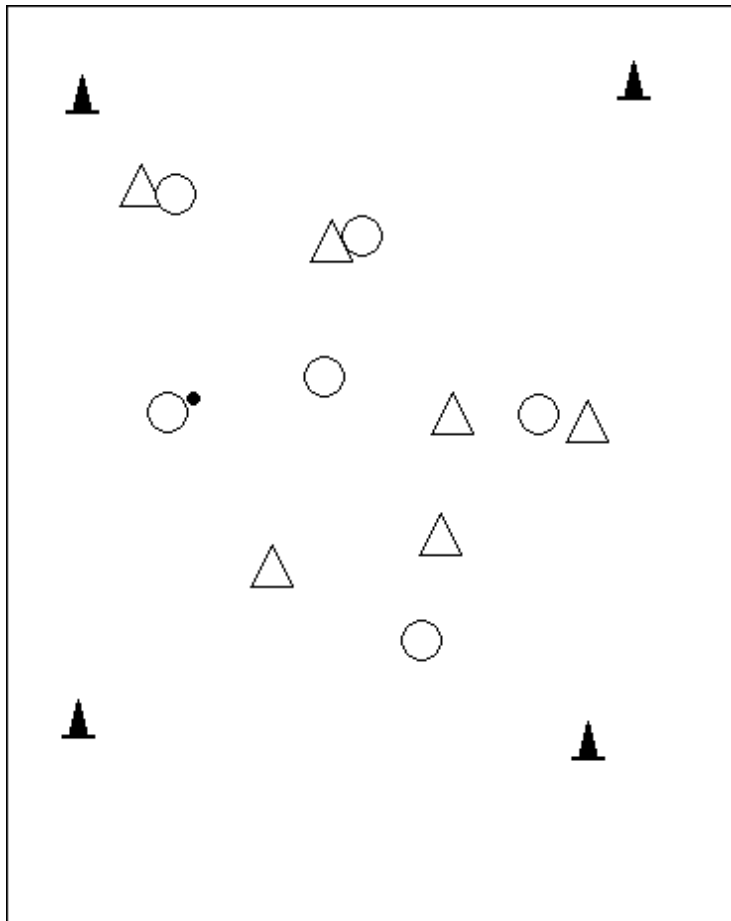


## SPREAD OUT

[Back to Drills](#) or [Home](#)



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### Spread Out

**Set up-** two teams in field with one soccerball.

**The game-** to teach the concept of spreading out- players play keep away by catching and throwing the ball with their hands. When a player has the ball, he cannot run, and tries to throw ball to team mate that is spread out.

At the end of 3 minutes, when the coach blows the whistle, the team with the soccer balls wins.

**Progress** to a soccer style game of keep away