

## Youth Wrestling Parents' Meeting 2025-2026

### **Booster Club**

#### **Board Members**

Matt Kuschel – President 763-333-4378 mattkuschel20@gmail.com

David Weller – Vice-President 320-492-6472

Alyssa Beehler – Secretary

Laura Hamacher – Treasurer

Tim Kujawa – at large member

Luke Anderson – at large member

Jeremy McGowen – at large member

Tammy Johnson – at large member

Andrew Goenner – at large member

[Beckeryouthwrestling@gmail.com](mailto:Beckeryouthwrestling@gmail.com) is our default email address to contact us.

### **Coaches**

P/K – K – Robert Koranda, Tee Baker

1<sup>st</sup> -2<sup>nd</sup> grade – Tee Baker, Ben Johnson, Dan Stach, Robert Koranda

3<sup>rd</sup>-6<sup>th</sup> grade – Jake Zierdan, Ben Johnson, Joe Odle, Dan Stach, Jordan Hanan

### **Competitive Team Coordinators**

David Weller

Laura Hamacher

Jeremy McGowen

### **Becker Wrestling Booster Club**

All members are unpaid, voted on volunteers, Elections are held every 2 years. The board is in place to manage the youth program and to oversee all fundraising activities for the Becker wrestling program P/K-12th grade . All board meetings are open to the public and are held the 1<sup>st</sup> Wednesday of every month at 7:30 pm at Charlies in Becker. We encourage anyone that is interested in finding out more or voicing their opinion to attend. This program depends on volunteers to make it work! And we are always looking for the next generation!

### **Communication**

#### **1. Website: [www.beckerwrestling.com](http://www.beckerwrestling.com)**

- a. Youth Wrestling tab
- b. Registration online
- c. Practice times and outline
- d. Code of conduct
- e. Calendar
- f. Board members' information
- g. Coaches: Youth coaches and their contact information is listed on the website

#### **2. Becker Youth Wrestling Facebook page- Becker Youth Wrestling**

- a. Reminders
- b. Tournament information
- c. Buy/sell shoes, headgear, etc
- d. Pictures

#### **3. Email and Sports engine app**

- a. Emails and notifications will be sent to your email and mobile app
- b. All communication, announcements, tournament information will come via email or mobile app. So please check email at least weekly.

## **Practice (leave practice gear/bags/coats in hallway on North side of wrestling room by windows)**

- NO street shoes on the mats
- Skin checks will be done before every practice
- Talk to your wrestlers about using the bathroom prior to the start of practice, once you're in the wrestling room stay there.
- Wrestlers will need to check with coaches to leave the room to go to the restroom. When they return they will need to wipe down shoes with Clorox wipes provided by the club before returning to the mat.
- We want all wrestlers to bring a water bottle so they don't have to run to the drinking fountain. The line at the water fountain takes too much time away from practice and also tends to be a time for kids to mess around and get water all over.
- Clorox wipes will be provided for every wrestler to wipe down head gear and shoes after practice is completed.

## **PK-K: 6:00 P.M.- 7:00P.M. Monday Evenings (Wrestling room)**

1. Parental involvement is highly encouraged and is necessary for your wrestler to get the most of the program. Even if you don't know much about wrestling- follow the coaches and help your wrestler learn the skill
2. Parental involvement is absolutely key to having your wrestler progress
3. Goal is to teach the basic skills and have fun
4. This is not a babysitting service. Please stay and watch and get involved.
5. The more you are on the mat with the wrestlers the more they will stay engaged and learn.

## **1st-2nd: 5:45 P.M.- 6:45 P.M. Tuesdays and Thursdays (Wrestling room)**

1. Parental involvement is highly encouraged and is necessary for your wrestler to get the most of the program. Even if you don't know much about wrestling- follow the coaches and help your wrestler learn the skill
2. Goal is to still teach the basic skills, but to start advancing and have fun
3. This is not a babysitting service. Please stay and watch and get involved.
4. The more you are on the mat with the wrestlers the more they will stay engaged and learn.
5. Coaches can decide if any 2<sup>nd</sup> graders in the group are possibly ready to be moved up into the 3<sup>rd</sup>-6<sup>th</sup> grade practice, Please reach out to a coach if you feel your wrestler should be considered.

## **3<sup>rd</sup>-6<sup>th</sup> 7:00 P.M. to 8:30 P.M. Tuesdays and Thursdays (Wrestling room)**

1. This group will be more advanced and focus more on conditioning and advanced moves. But we understand there are new wrestlers in this group as well, and we will make sure to teach the basics as well.
2. We would prefer no spectators in the wrestling room, there is limited space.
3. ***We ask that if you are spectating in the wrestling room that you limit the noise and distractions. Our coaches are trying to talk to a large group of wrestlers and having other noise makes it very difficult.***

## **Hygiene**

1. Ringworm and impetigo
  - a. SHOWER after every practice and every tournament as soon as you get home
  - b. Use a good soap and/or Selsun Blue
  - c. Keep antibacterial wipes in your bags to clean head gear and shoes after practice/matches

- d. If we find anything that looks like one of these at skin checks, we will talk immediately to the parents and talk about a course of action.
  - e. The first time we see it on a wrestler we will have you get a doctors signature on the official MSHSL skin report sheet(found on the website)
  - f. You will not be able to return to practice until the return date from the doctor has been met.
  - g. You will also need to present the skin report at any tournaments you decide to attend and the area is still visual.
2. Fingernail check and skin checks are held before every wrestling tournament or dual

**Youth Night** at a varsity Match(12-9-25) Below is a typical schedule

1. Be ready to go at 6:30 P.M.
2. Wear youth t-shirt or Becker Wrestling shorts/t-shirt
3. As a group we will walk up to the varsity dual
4. All wrestlers meet at the wrestling room so that they can go to the dual as a team
5. There will be no charge for the youth wrestlers to attend the dual. However, parents need to pay to attend the match.
6. There will be no practice that night.

### **Pictures**

1. Pre-k/Kindergarten: December 1st @ 6:00 pm
2. 1<sup>st</sup> - 2<sup>nd</sup>: December 2nd @ 5:45, Group Picture at the end
3. 3rd-6th: December 2nd @ 7 pm, Group Picture at the end
4. Wear your Club Shirt and shoes

**If you can't make it on the night you are supposed to, you can take your individual pics any night. You just won't be in the group pic.**

### **Apparel (Squad Locker on the website)**

1. Squad Locker Online store
2. Order anytime
3. Usually about 2 weeks to get items
4. If any questions/problems with order contact Matt Kuschel

### **Raffle**

1. Would like each wrestler to sell 10 tickets
2. Prizes for the top 5 ticket sellers
3. Prize for the person who sells the winning ticket

### **Volunteering**

1. We will not be requiring any volunteers this year. We will be using college refs, and varsity wrestlers to run our youth tournament this year. We will only be hosting one tournament.
2. We hope this helps parents to be able to focus on watching and helping your wrestlers instead of working.
3. We will need a few people to help with concessions and Admissions. So please consider helping for that.

### **Tournaments:**

1. Wrestlers do not have to go to tournaments, but we highly recommend it
  - a. Live wrestling is the best experience to practice and begin to master skills
2. Tournaments that coaches will be attending will be posted in the wrestling room. Or on Social media and Sports engine App

3. All wrestlers are expected to treat other wrestlers, coaches, officials, parents and spectators with respect
  - a. Throwing headgear and/or yelling at coaches/parents/officials during or following a match is not acceptable.
4. **Becker Rumble February 7<sup>th</sup> 2026**, this is our own hosted youth tournament, all wrestlers will get into this tournament for free, and we encourage everyone to make it.
5. We will also be covering the registration fee for any wrestlers that attend the following Tournaments...**Big Lake December 6<sup>th</sup>, St Cloud Tech December 13<sup>th</sup>, Rogers MN/USA Qualifier Jan 4<sup>th</sup>, Rocori Jan 11<sup>th</sup>, Kimball Payton Hanan Memorial January 18<sup>th</sup>**
6. [www.Theguillotine.com](http://www.Theguillotine.com)
  - a. Tournaments every weekend
  - b. Can compete as often or as little as wanted
7. Open/Invitational vs. MN/USA or NYWA
  - a. Open/Invitational- usually bracketed by age and experience (beginner, intermediate, advanced). Scratch weights.
  - b. MN/USA / NYWA- bracketed by year born or grade; sometimes more experienced wrestlers and tougher experience. Great if your wrestler needs a challenge
8. Districts, Regions and STATE NYWA
  - a. Post-season practices and competition
  - b. Need to have an NYWA membership
  - c. Need to qualify to advance to next level of competition
9. MN/USA State [www.mnusawrestling.org](http://www.mnusawrestling.org)
  - a. Will need a MN/USA membership
  - b. Must qualify in MN/USA qualifying tournaments
    - i. Labeled MN/USA qualifier
  - c. Larger tournament; tough competition
10. Looking for tougher competitions talk to a board member and we can gladly give you guidance for larger/competitive tournaments.
11. [www.trackwrestling.com](http://www.trackwrestling.com) list of national tournaments and events

### **Team Competition**

1. If you are interested in having your wrestler participate in a team event please sign up on the sign up sheet in the wrestling room when posted or ask any coach for more info.
2. Wrestling on either team is a privilege not a right
3. We will try to get as many wrestlers as possible involved in a team event either conference duals or competitive matches
4. Coaching at team events is different than at open events. Coaches will coach. Parents will remain in the stands and cheer.
5. **Two team Opportunities**
  - a. **B team Conference duals- less competitive(scrimmage)**
    - i. Team members will vary from event to event
    - ii. We focus on trying to get new wrestlers on the roster for these events
    - iii. Coaches coordinate with other teams to insure good match ups, by weight and age
    - iv. Coaches will coordinate with the wrestlers as early as possible to insure that wrestlers are ok with and prepared to wrestle at a given weight.

- v. We will have 1 conference dual each week through January Look for Sign Ups for this on the wrestling room door
- b. Tentative Conference Schedule, Times TBD
  
- c. **Conference Championships and Travel Team**
  - i. Team weights 45,50,55,60,65,70,75,80,84,88,93,102,115,130,HWT, and we can usually bring with 6 alternates.
  - ii. These matches are strictly by weight and not age. For example we could have a 2nd grader at 60#'s and the other team may have a 6<sup>th</sup> grader.
  - iii. These are very competitive matches and the team roster will reflect this
  - iv. Wrestler must make agreed upon weight
  - v. We do not do wrestle offs but coaches may pair up wrestlers during regular practice to see how they match up, The Team Coordinators choose the roster based upon age, weight, ability, and effort.
  - vi. Cutting weight is not healthy and not encouraged or recommended by Becker Youth Wrestling. Eating healthy and exercising is not cutting weight.
  - vii. Read team guidelines on website
- d. We will stay around after the meeting for anyone that has more questions about the team aspect.

### **Season timeline**

1. Regular Practice Nov 10th.- Feb 5th.
2. Extended season for those going on to state tourneys or other late season tournaments runs February 10th through March 26th