



## ONTARIO MINOR HOCKEY ASSOCIATION HEAD TRAINERS PROGRAM



### FACT SHEET

The Association Head Trainer is an individual identified in a position in your Local Association that, on behalf of your Board, will lead your Association's safety and risk management programs for the benefit of participants, parents and volunteers in the Association's hockey programs and activities.

With the mandate for every hockey team to have a certified trainer on the bench and in the spirit of ongoing growth, there is a need for ongoing support for team trainers in the Local Association. In the efforts of continuing to provide quality assurance, the support provided by the OMHA for the Head Trainer initiative strives to continue keeping hockey safe and enjoyable for all participants. The Head Trainer is the resource person in the Local Association, serving as a link between the OMHA Trainers Program and its Chair and both the Local Association and team trainer.

#### ***The Benefits of having a Head Trainer***

- Mentorship & leadership for volunteer Trainers
- Dedicated resource at the local level for team Trainers
- Key person to organize Trainers (i.e. track certification dates, First Aid expiry) ensuring rosters can be approved without delay
- Increased accountability, monitoring and feedback for Trainers and Association
- Coordinated approach to safety and risk management
- Annual safety and risk management report to association and Chair of OMHA Trainers program helping to identify concerns and areas for improvement
- Ensure that Association Boards, Trainers and members are better informed of current and emerging hockey safety and risk management information, programs and activities in conjunction with the OMHA
- Identification of local Trainers for possible participation in high performance programs and special events
- Opportunity for Associations to participate in safety related pilots, research, and initiatives

## **Roles and Responsibilities**

1. Uphold and promote the goals and purposes of the Hockey Safety Program and the policies and procedures of Hockey Canada (HC), the Ontario Hockey Federation (OHF), the Hockey Development Centre of Ontario (HDCO) and the Ontario Minor Hockey Association (OMHA)
2. Provide leadership in promoting and maintaining the Hockey Trainer's Certification Program (HTCP) regarding all safety and risk management aspects of the Association's activities.
3. Ensure that Association Board members and hockey program participants are kept informed of current and emerging hockey safety and risk management information, programs and activities
4. Provide Boards with an assessment of the risks that may be faced by the Association and its members in the upcoming season and recommend strategies to eliminate, minimize or mitigate those risks.
5. Provide leadership for volunteer Trainers with the Association by promoting excellence in the delivery of the safety and risk management principles of the HTCP.
6. Promote and ensure that volunteer Trainers with the Association apply and abide by the 'Responsibilities' and 'Code of Conduct' of the HTCP.
7. Monitor and provide feedback to volunteer Trainers and other Association members and stakeholders to promote and instil excellence in the principles and application of the hockey safety and risk management program.
8. Ensure that each participant, parent and volunteer is aware of and adheres to the principles and practices of the HTCP.
9. Collect, monitor and ensure proper security and disposition of reporting forms relating to on and off-ice incidents resulting in injury to a player, volunteer, team official, on-ice official or other participant or stakeholder
10. Participate on a regular basis in hockey safety and risk management education activities sponsored or promoted by the OMHA, HC, OHF or HDCO.

## **Getting Started**

### **A Local Association's Head Trainer will:**

- Hold current HTCP certification
- Have a minimum of two years hockey experience in Trainer position
- Be on an at-large or team roster with the association
- Have a strong interest in promoting safety in hockey
- Be willing to act as a mentor/coach for all Trainers in the association
- Be able to provide timely responses to questions or requests

### **Some Examples of the Suggested Activities of the Local Association Trainer Include:**

- Liaison with the OMHA Chair of Trainers Program/OMHA Regional Safety Leaders
- Awareness of association activities, including tournament dates, etc.
- Prepare safety briefing (i.e. emergency phone locations, AEDs, etc.) for distribution to Team Trainers, and availability for visiting teams
- Availability to attend Association Board/Coaches meetings to promote the role of the Team Trainer and the Head Trainer position
- Meet with Board to discuss role and responsibilities
- Identify available resources
- Communicate with all active Trainers
  - Introducing the Role, and the Head Trainer
  - Provide and support in maintaining all necessary documentation
  - Organize pre-season safety meeting with all Trainers

**Ensure this person is identified in your contact information in the OMHA Portal.**

**For more information contact:**

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