

2024-2025 MGHL CHAMPIONSHIP RULES



PLAYING RULES – PLAYOFF REGULATION GAMES

The MGHL will determine all playoff divisions. The USA Hockey tiebreaker will be used to break the ties for playoff seeding purposes only. Playoff Division placement is at the discretion of the MGHL Division Directors. They will also consider whether a team should move between competitive levels.

1. USA Hockey playing rules will be used for all games (with the noted exceptions listed below).

2. Period Lengths will be as follows:

- 10U – 12 MIN STOP TIME
- 12U – 14 MIN STOP TIME
- 14U – 14 MIN STOP TIME
- 16U – 15 MIN STOP TIME
- 19U – 17 MIN STOP TIME

3. The following time management rules will be in effect for all games including semi-final and championship game:

- If 5 or more goals separate the teams at the end of the second period or any time in the third period, running time will commence for the remainder of the game. The game reverts back to regular timing for the remainder of the game if the differential is reduced to two.
- No curfew clock will be in effect.
- 1 time out per team is allowed per team per game.

4. All penalties existing at the end of regulation carry over into overtime

OVER TIME RULES

Quarter finals, Semi Finals and Championship games: All Games Played to a Winner

Sudden Death Overtime

If the game is tied following regulation play, a 5 minute (4 on 4) sudden death overtime period shall be played. At the completion of the third period, the tied teams shall receive a 3-minute rest period. The teams will remain on the ice. The teams will not change ends. If the score is tied at the end of the 5 minute (4 on 4) sudden death overtime period, the same process will be completed and now teams will play 3 on 3). If the score is tied at the end of the 5 minute (3 on 3) sudden death overtime period, there shall be a shoot-out.

If no goal is scored in either of the overtime periods, there will be a shoot-out.

The shoot-out will be conducted as follows:

- (1) A shoot-out is defined as a player attempting to score a goal and the opposing goalkeeper attempting to stop the shooter from scoring the goal.
- (2) The referee shall ask the home team coach (higher seed) if they would like to go first or second in the shoot-out.
- (3) All goalkeepers and all players from both teams listed on the official game sheet shall be eligible to participate in the shoot-out.
- (4) Any player whose penalty had not been completed when the overtime period ended or who receives a penalty during a shoot-out procedure is not eligible to be one of the players selected to participate in any portion of the shoot-out procedure(s).
- (5) The shoot-out procedure shall begin with (5) five different shooters from each team taking alternate shots. The players do not need to be named beforehand.
- (6) The goalkeepers from each team may be changed after each shot.
- (7) The players of both teams will take the shots alternately until a decisive goal is scored. The remaining shots will not be taken.
- (8) If after the shoot-out, the shoot-out score is still tied, there will be a sudden death shoot-out

Sudden Death Shoot-Out:

The sudden death shoot-out will be conducted as follows:

- (1) A sudden death shoot-out is defined as each team attempting a shot. Should one team be successful and the other team not, the successful team shall win the shoot-out.
- (2) Teams will select their shooters to participate in sudden death shoot-out, whether or not they shot in the previous round.
- (3) All goalkeepers and all players from both teams listed on the official game sheet shall be eligible to participate in the shoot-out.
- (4) Any player whose penalty had not been completed when the overtime period ended or who receives a penalty during a shoot-out procedure is not eligible to be one of the players selected to participate in any portion of the shoot-out procedure(s).
- (5) Players in a sudden death shoot-out shall not be allowed to take another shot until four additional shooters have completed their attempts.
- (6) The goalkeepers from each team may be changed after each shot.
- (7) The official scorekeeper shall record all shots taken indicating the players, goalkeepers and goals scored.