



# 2020 MSLax Spring Coaches Meeting





# Meeting Questions

**Any questions during this presentation can be sent to:**

**[development@mslax.net](mailto:development@mslax.net)**

# Agenda

- Coronavirus & Game Schedule Update
- Coaches Certification
- Policy & Procedure Updates
- Team Roster Changes
- Game Score Results
- Website Content Updates
- 2020 Youth Rules Changes

# Coronavirus/Schedule Update

MSLax will follow MSHSL guidelines. Effectively immediately from now until April 6, 2020:

- Participation limited to practice and tryouts only;
- Scrimmages, competitions, practices, training sessions or participation with other member community programs is not allowed.



# Coaches Certification

## USL Requirements:

- Current US Lacrosse membership
- Safesport Training
- Current "Green Light" NCSI background check
- Level 1 Fundamentals of Coaching Online Course
- PCA "Double Goal Coach 1: Coaching for Winning and Life Lessons" (Non Game-Specific)
  
- Level 1 Instructional Clinic: Developing the Individual Athlete, Non Game-Specific (in-person)

# CEP Clinic Schedule

## Level 1 & 2 Clinic:

- June 6th: Level 1 & 2 clinics confirmed, Location TBD
- Level 1 in Rochester: Sat, March 21 from 9am-Noon *cancelled*

# Policies & Procedures

- Policies & Procedures:  
<https://www.mslax.net/policies>
- No waiver needed to play up
- Waiver needed to play down based on age, limited skill level or grade level in school

# Team Rosters

- MSLax requesting more detailed roster information (Sports NGIN roster download)
- Used to send filtered messages to segmented profiles



# Game Score Results

- Summer trial successful to have team reps enter game scores directly into MSLax website
- Continue this in spring season
- More details to come!



# Website Content Updates

- Season Info
- Forms
- Board
- Associations
- Resources

# USL 2020 Rules Video

- Rules video:
- 2020 NFHS/USL Rule Changes
- Review
- Q&A

# MSLax

## 2020 Rules Changes

- MSLax Youth Rule Changes
- Additional rules supplements:
  - FAQ - Boundaries
  - FAQ - Free Movement
  - FAQ - Self Start
- Q&A



# Coaches Clinic - 2 Groups

**CANCELED**

Goalie Training  
with Emily in Media  
Center

Fielding and Wall Ball  
with Ashley in Gym

Coming Soon!

Coaching video resources on **[msslax.net](http://msslax.net)**



# Thank You!

In-person Scheduling Meeting canceled. Please continue to schedule games online.

Send further questions to appropriate board members. Email addresses can be found on [mslax.net/board](https://mslax.net/board)