

Week 1			
Tuesday 4/7	Thursday 4/9	Saturday 4/11	Sunday 4/12
6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	OFF	1-3: Team Defense @ TBD (Weather)

Week 2			
Tuesday 4/14	Thursday 4/16	Saturday 4/18	Sunday 4/19
6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	OFF	1-3: Team Defense @ TBD (Weather)

Week 3			
Tuesday 4/21	Thursday 4/23	Saturday 4/24	Sunday 4/25
6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	OFF	1-3: Team Defense @ TBD (Weather)

Week 4			
Tuesday 4/28	Thursday 4/30	Saturday 5/2	Sunday 5/3
6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	@ Fargo South Tourney	OFF

Week 5			
Tuesday 5/5	Thursday 5/7	Saturday 5/9	Sunday 5/10
6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	TBD	Games @ Dickinson Times: TBD

Week 6			
Tuesday 5/12	Thursday 5/14	Saturday 5/16	Sunday 5/17
6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	6-7: Lifting 7-8:30: Skill Work @ Sanford Sports	OFF	Games vs Spearfish Times: TBD