

# GLSA Return to Training and Play Guidelines

To reduce the spread of COVID-19 and keep our environment safe for all participants and spectators the following protocols have been put in place.

It is the responsibility of the teams' coaches and manager to make sure that your players and spectators do not attend training or games if exhibiting any symptoms of COVID-19 such as fever, Cough, difficulty breathing, or other symptoms identified by the CDC. **This includes GLSA personnel.** In case there is a positive COVID-19 test result with a Player, Coach, Family Member or GLSA Personnel, we might have to shut down and stop operations for a while.

GLSA strongly recommends all individuals wear face coverings, practice social distancing from non-family members and practice good hygiene. At-risk spectators including elderly or those with underlying health conditions should consider not attending any games.

Coaches and Players may remove their face coverings while occupying the team bench area, on the field of play during games, during warm-up activity on the field, or prior to games in designated warm-up areas.

If approaching a GLSA Official, Referee or City of Longview Staff Member or any individual that is not a member of your immediate family a face mask is mandatory. Social distancing is mandatory.

NO MORE THAN 4 PEOPLE PER PLAYER WILL BE ALLOWED TO ATTEND EACH GAME. Parents and players should bring their own hand sanitizer, towels, and water bottles.

The following applies to Players, Coaches and Family Spectators.

## FIELD ARRIVAL AND DEPARTURE PROTOCOL:

ARRIVAL – No earlier than 25 minutes before game time.

DEPARTURE – Everyone is to leave directly after the game is over to allow for the safe arrival of the next group. (No after game discussions at the fields. No loitering!)

To provide adequate space for social distancing teams will be occupying both sides of all fields. In both cases, all parents/spectators accompanying the team are required to remain on their teams' side or in their spectator area but must distance themselves from the team area. Fields 1,2,3,5,15 and 15A east side is Home team, west side is Away team. Fields 4,4A,6,6A,7,8,9,9A and 14 north side is Home Team, south side is Away Team.

## No touch rules.

Players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, referees, and spectators at any time before, during and after the practice or game. Only 1 player/captain per team will participate in any coin toss with the referee. A face covering will be worn by both players, assistant referees, and head referee. **All Players, Parents, Coaches, Referees and GLSA Personnel should be aware of the above guidelines along with the North Texas Soccer Return to Training and Play Guidelines and the City of Longview Field Safety Protocols.**

Revised March 2021