CATCHERS CHECK LIST

1. Importance of Position
2. Leadership
3. Pitcher Relation
4. Mechanics
5. Signal stance
6. Receiving Stance
7. Receiving
8. Framing
9. Tempo

3- Throwing

1. Gain ground
2. Throwing lane
3. Throw to target
4. Avoid leading with head or chest

4 Blocking

1. Lead with glove
2. Gain ground
3. Ball back to plate

5 Tag plays

1. Let ball come to you
2. Ball in bare hand use back of mitt Keep mask on

6 Extras

1. Dropped 3rd strike
2. Wild pitch communication
3. Wild pitch man on 3rd
4. Double play
5. Force play

7 Bunts

1. First
2. Middle
3. Third
4. Do or die

8 Pop ups