

Syosset Baseball Association

Seniors Division League Rules

Effective Spring, 2016

REVISED 4/19/2016

Managers/Coaches Code of Conduct

1. All managers/coaches are responsible for the actions of themselves, their coaches, players, parents, friends and relatives of the children on their team.
2. Any discussions that arise with the umpire or other managers or coaches, should be conducted in a calm, mature and professional manner.
3. Managers are not allowed to dispute a judgment call from an umpire.
4. Should a parent or other relative of a team member become overly enthusiastic to the point where it becomes unsportsmanlike, the manager is expected to talk to the person and ask him/her to respect the rules of good sportsmanship.
5. Should the manager of one team have an issue with a fan of the second team, the manager of the second team should resolve the issue with the fan. The manager of the first team should not engage with the fan.
6. The most important part of managing/coaching is to teach the values of team play, sportsmanship, fundamentals and ensure that all the children have fun. Spectator Parents and other family members attending games or practices are expected to set the same example. Managers, Coaches, Parents and Fans need to have a positive influence on our players and will be evaluated accordingly.
7. Failure to observe these rules of proper conduct could lead to forfeiture of games or suspension, as well as the review of the manager's status by the Conduct Review Committee and/or Syosset Baseball Association (SBA) Board of Directors. If a manager fails to abide by these rules of conduct, s/he will be subject to a minimum suspension of one game. A second infraction can lead to a permanent ban from managing/coaching in SBA.
8. Manager/Player/Parent Ejection – Any manager, player or parent ejected from a game by the umpire must be suspended for the next scheduled game. Managers who are ejected must leave the playing area (dugout, backstop area and stands). Players ejected must sit on the bench. All ejections must be reported to the SBA President & Division Commissioners within 24 hours of the end of the game. There are to be no confrontations on the field. This is a ZERO TOLERANCE RULE. Managers are to act as role models for the children in SBA as well as the fans. Arguments and/or abuse are cause for ejection. Escalation of arguments is cause for suspension from all SBA activities until review by the Conduct Review Committee. Anyone ejected from a game must leave the playing area before play can resume. All occurrences will be brought to the attention of the commissioner of the division for further review and possible disciplinary action to be addressed by

the Conduct Review Committee. Multiple infractions by the same party will be brought to the SBA board's attention and could lead to permanent exclusion from managing and/or coaching duties. Any complaints by any manager, coach or other parents about the umpiring in question are to be made in writing to the commissioner and/or Conduct Review Committee (see Paragraph 17 below) promptly after the subject game.

9. Any manager that posts inappropriate language in any area of the website will be subject to immediate disciplinary action including suspension and possible expulsion from SBA. This is a ZERO TOLERANCE RULE. All references to disciplinary action in these Rules shall be deemed to refer to such disciplinary action as determined to be appropriate by the Conduct Review Committee (as described in Paragraph 17 immediately below).

10. No one will be allowed on the field of play or stands while in an intoxicated state at any time. Intoxicated will be defined as an odor present or behavior issue. Smoking is strictly prohibited on the field or in the stands. This is a ZERO TOLERANCE RULE.

11. Objectionable demonstration of dissent at an official's decision by throwing of gloves, helmets, hats, bats, balls, or any other forceful unsportsmanlike action will not be tolerated and is subject to disciplinary action including suspension.

12. Use of profanity, including directed to any manager, coach, official, or representative of the league will not be tolerated and is subject to immediate disciplinary action including suspension and possible expulsion from SBA.

13. No manager, coach, or player, shall at any time, from the dugout, field, or otherwise—

- Incite, or try to incite, by word or sign, a demonstration by spectators;
- Use language which will in any manner refer to or reflect upon opposing players, manager, coach, umpire or spectators;
- Make any move calculated to cause the pitcher to commit an illegal pitch or balk (this includes "razzing" the pitcher either by word or by action);
- Take a position in the batter's line of vision, with the deliberate intent to distract the batter (this includes "razzing" the batter either by word or by action)

The umpire may first warn the party. If the actions continue, the party should be ejected from the game.

14. Tampering or manipulation of any league rosters, schedules, draft positions or selections, official score books, pitch count, rankings, financial records or procedures will not be tolerated and is subject to immediate disciplinary action including suspension and possible expulsion from SBA.

15. There will be no more than 4 adults in the dugout. All Adults present in the dugout in any capacity (Manager, coach, or helper) must have an approved background check. Only rostered players and one bat boy/girl in the dugout are allowed in the dugout. The bat boy/girl must wear a helmet at all times.
16. The Division Commissioners, reserve the right to order a game to be replayed from the time of the infraction if the illegal acts of a manager and/or coach (such as, but not limited to the use of ineligible pitchers, use of call-ups in any position other than the outfield) affect the outcome of a game.
17. A Conduct Review Committee (the name of which is subject to change) will evaluate each reported incident to determine the appropriate action to be taken. A Code of Conduct Incident Form may be filed by any Manager, Coach, Umpire, or Board Member. This method of reporting infractions should remove the subjective nature from evaluating a Code of Conduct Incident.

Rainouts, Postponements and Cancellations

1. Whenever possible in the event of inclement weather before the start of a game, the league directors will issue the postponement of the games. The managers involved in all games that day must call the rainout hotline to determine cancellations of such games. Should the rainout hotline be unavailable for some reason, it will be the responsibility of the division commissioners to notify the managers involved in all games. In either case, the managers will be responsible for notifying the parents on their teams. Only the umpire, the Safety officer and any Field Maintenance Director (whose team is not playing in the game) can cancel a game once the game begins.

2. Managers have 72 hours to reschedule a game postponed for any reason. Following that 72 hour period, for all leagues in which standings are kept, the division commissioner will reschedule the game without needing to confer further with the managers involved.

3. Regular Season Games

The regular season ends on the dates stated for each division in the Regular Season and Playoff Schedule document posted on the website. No regular season makeup games can be played beyond the regular season end date for each division. Thus, no regular season game can be made up beyond the regular season unless approved by the President of the League

4. Playoff Games

Playoff games can only be re-scheduled if:

- A. The game conflicts with a school or religious function, or
- B. the Manager receives written consent from the President of SBA.

5. The Division Commissioner is responsible for re-scheduling rainouts.

6. Managers can request the re-scheduling of a game only if five or more players have a school or religious function that day. This must be done at least 48 hours prior to the start of the game.

7. A manager may formally protest a game. Managers cannot protest a judgment call. A protest must be brought to the attention of the umpire of the game at the time of the incident and prior to the next pitch thrown. In addition the Managers and umpire must sign the scorebook prior to the next pitch thrown. The manager will contact the Division commissioner within 24 hours to report the protest. An official letter of protest must also be sent or emailed to the league commissioner. The protest committee will review the situation as soon as possible. This protest committee will consist of the league commissioner, the umpire-in-chief and the President of SBA.

8. Cancelled Games (Due to inclement weather, light failure, darkness, curfew or field safety)

a. If a regular season game is cancelled BEFORE one complete inning has been played, the game will be replayed in its entirety. However, all pitches thrown before the cancellation will be counted towards the pitch count rules.

b. If a regular season game is cancelled after one or more innings have been played, and before it becomes an official game, it shall be resumed exactly where it left off. All records and pitch counts will remain in force. A player can not pitch in more than one game in a day. The batting order must remain the same (no penalty for missing players) and all pitching rules remain in effect. New players are added to the end of the line up.

c. If the Game is called after it becomes an official game (4 ½ innings if the home team is winning and 5 innings if the away team is ahead), the game is over and the team which has the lead after the last completed inning will be the winner.

If a game is called in the top of an inning after the fifth inning has been completed, the score reverts to last completed inning.

e. If a playoff game is canceled after one or more innings have been played, the game will resume from where it stopped and must be played to a conclusion. The batting order will remain the same (no penalty for missing players) and all pitching rules remain in effect.

If the playoff game is canceled before one complete inning has been played, the game will be replayed in its entirety. However all pitches thrown before the cancellation will be counted towards the pitch count rules.

If a player was not at the original game then they must be placed at the end of the line up when game continues.

Safety

1. Besides the umpire, the Safety officer and any Director of the Field maintenance team will be the only persons authorized to stop or suspend any game regardless of the level of play, if he or she feels said game is being played or conducted under unsafe conditions, or managers, coaches or umpires are not complying with established safety rules. Any league official who observes a violation of any safety rule shall take immediate action to correct the violation
2. Every manager, coach and umpire must comply with and enforce safety rules.
3. All spectators must comply with all safety rules.
4. Batters, base runners and player coaches must wear helmets as required.
5. No bat swinging except at the plate and in an enclosed on-deck area (if available). Donuts are not allowed to be used on bats at any time.
6. On-deck batters will be in the on-deck area wearing a helmet as required.
7. There will be only one batter in the on-deck area at one time.
8. Managers and coaches shall instruct players not to throw the ball until the catcher is ready.
9. Managers are to set aside an area for their dugout. Players will be required to stay in this designated area. No wandering will be permitted during ball games.
10. Managers, coaches and umpires shall keep all persons away from behind the backstops. When requested to do so by managers, umpires will stop the game until this condition is corrected.
11. There will be no throwing of bats or helmets. After a warning, if a player continues to do so, said player will be ejected for the game.
12. No bike riding on ball fields while game is being played
13. Managers and coaches are to instruct their teams that there will be no ball playing unless manager or coach is present.
14. If a player is **ejected**, the player must remain with his or her team until the game is completed - unless the player is injured or ill.
15. No jewelry is to be worn during practice or games. Notwithstanding the foregoing, new piercings are permitted provided they are covered with band-aid or tape.

16. All play will stop until a violation is corrected.

17. The following rule, usually referred to as the Pete Rose Rule, will be in effect in all Syosset local league play: A base runner will be called out if the runner does not either: slide, give himself up, or attempt to get around a fielder who is in position to catch a thrown ball to a base, or who has the ball and is waiting to make a tag. If, in the umpire's judgment, the runner was deliberately attempting to use excessive force, then the umpire may also eject that runner from the game.

18. Each team is allowed one Bay Boy/Girl. Bat Boy/Girl MUST wear a helmet at all times.

Seniors Division Baseball Rules

1. Every Player must play at least 6 innings in the field. No player can sit out 2 consecutive innings. No player can sit out more than 2 innings more than anyone else on the team.
2. There will be approximately eight, 9 inning games during the season. A game must go five innings (4½ innings with the home team ahead) to be a complete game. Extra innings will be played if the game is tied at the end of nine innings. The number of extra innings is only constrained by weather, darkness (light failure) or a maximum time limit (curfew) (see "Other SBA Key Rules") (time limit applies only if another game is scheduled immediately following). Both teams must have an equal opportunity to complete their innings (including extra innings). Please refer to the Rain out, Postponement, and Cancellations page.
3. There will be one game per week on Sundays. Rainouts need to be rescheduled, and every effort should be made by the managers of both teams to find a mutually acceptable date and time to reschedule the game. Managers have 72 hours to reschedule the game.
4. Teams should conduct practice at least once per week. The manager of each team will be responsible to scheduling and running such practice.
5. There are scores kept and standings maintained for these divisions. Managers are responsible for entering their scores, pitchers used, pitch counts and game summaries in the Manager's area of the website within 36 hours of the completion of the game (and at least 24 hours prior to their next game). Each Manager is responsible for entering their team's pitch counts and game summaries. The winning manager is responsible for entering the game score. Should this information not be posted on time, the commissioner will warn the manager involved. The commissioner reserves the right to award 0 points if the information is then not reported within the next 24 hours. If the same managers continue to not post this information they will be subject to suspension for multiple games and/or the season. Teams receive 3 points for a win, 2 points for a tie and 1 point for a loss. Teams that don't enter a pitch count receive 0 points.
6. Managers are to perform a pitch-count reconciliation after each half- inning and agree on final pitch-count at the conclusion of each game.
7. Managers should never direct a child to walk a batter intentionally or hit a batter intentionally. Once a pitcher is removed from pitching either by choice or by rule, that pitcher cannot return as a pitcher in that game. A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day. Also, a player who catches 4 innings or more is not allowed to pitch in that game. Call-ups can neither pitch nor catch at any time.

8. The balk rule is in effect for this division. If a pitcher hits two batters in an inning or three in a game, he must be removed as a pitcher. The pitching distance is 60 feet, 6 inches. See "Pitching Restrictions – All Divisions" for more information.
9. Managers must place the children in actual baseball positions for every game. There should be no more than 9 players in the field during a half-inning, including three evenly spaced outfielders in the outfield. The outfielders must start the pitch in their position and cannot move until the pitch has crossed the plate. A team must have a minimum of eight players to start a game. Games cannot be played with less than 8 players. A team has 15 minutes from the start of game time to achieve 8 players or the team forfeits. At any point during the game, should the player count drop below 8, the games ends and that team forfeits. In order to obtain 8 players, a team may "call-up" additional players from the next lower division. These added players must bat last and only play the outfield. Call-ups may never pitch or catch. You may obtain call-ups to get you to a maximum of 9 players. There are no call-ups allowed for playoff games unless you get the written consent from the President of SBA.
10. There will be a universal batting order used and the inning is over when three outs are made.
11. Bunting and the infield fly rule exists in this league however slash bunting is forbidden. Slash Bunting is when you fake a bunt and pull back and swing a way.
12. The Pete Rose rule in effect. The runner must slide or give themselves up. There are no head first slides permitted unless the runner is returning to a previously occupied base. The intent of this rule is to prevent injuries. Malicious contact will be automatic cause for ejection and is a judgment call by the umpire.
13. A courtesy runner should be used to replace the catcher after two outs if the catcher is on base. The courtesy runner must be the last batted out in the inning.
14. Stealing of all bases is allowed. On an overthrow (on a steal), the runners on base will be allowed to advance. Leading is also allowed. The strike zone is from the batter's shoulders to her/his knees.
15. Should a manager become aware of a pitching infraction during an inning; he should notify the umpire and the opposing manager immediately and make corrections where necessary. Managers should confer between innings on pitch counts. Remember the spirit of the pitch count rule is to protect young arms. While we realize that small errors will sometimes occur, repeated offenses are subject to league disciplinary policy.

Managers are responsible for knowing whether a player is eligible to pitch in a given game. No ineligible pitcher should ever be used. This is a zero tolerance policy. The 1st infraction is a two game suspension and the 2nd is dismissal. Each infraction is subject to review by the Conduct Review Committee, if that Committee is notified in writing within 72 hours of the suspension/dismissal

16. Tagging up from all bases is allowed. The runner may leave as soon as the fielder touches the ball. Advances on overthrows are also allowed.
17. Players pitching for non-SBA teams are eligible to pitch providing they comply with the Pitching restrictions listed **on page 25** of this document and managers report pitching count to commissioner and opposing manager not later than **24 hours** prior to next game. Any player who pitched in a non-SBA game earlier in the day is not eligible to pitch in the SBA game **[See Pitching Restrictions, Para 1]**.
18. All batters, on deck batters, and base runners must wear a batting helmet. Metal cleats are not allowed.
19. The use of donuts is prohibited.
20. Managers cannot waive any of these rules for any reason.

Seniors Division Pitching Restrictions

1. Pitchers can only pitch in one game per day. Anyone who pitches in a non-SBA game earlier in the day is not eligible to pitch in the SBA game.
2. It is the responsibility of each team's manager and coaches to ensure the well being of their pitchers regardless of what the rule allows.
3. See Pitching Restriction Chart below for pitches allowed per day, and mandatory days of rest for a pitcher and maximum pitches per day. If a pitcher reaches the Maximum Pitches Per Day limit while pitching to a batter, the pitcher may continue to pitch until the batter is put out or reaches first base. This is at the managers' discretion. Should a pitcher pitch to a batter through any other limit (other than the Maximum Pitches Per day), the pitches are counted and charged to the next level of rest accordingly.
4. A pitch is defined as any ball thrown by the pitcher while time is in, which is declared a ball, strike or put in play. This includes a foul ball or a batter struck by a pitch.
5. Pitch Count – Every manager is responsible for delegating a person to count the pitches thrown by his team as well as the opposing team. At the end of every half-inning or when a pitcher is removed, both teams will record the pitch count for every pitcher in their scorebook. Additionally at the end of every half-inning both teams should confer with each other to confirm the pitch count. If there is a discrepancy, the umpire will have the final say. Upon completion of the game, the pitch count for each pitcher will be reported to the electronically on the SBA website. Failure to report the pitch count within 36 hours (or 24 hours before the next game) could lead to a team being awarded 0 points in the standings for that game. If the same manager continues to not post this information, they will be subject to suspensions.
6. Any violation of this rule must be communicated to the commissioner in the form of a protest. If the opposing manager observes a violation, he must inform the umpire and the manager immediately. The Commissioner will examine all the facts and decide if the protest is valid and determine whether any action should be taken. All managers are advised that the purpose of this rule is to insure the well being of the pitcher. This is not a rule enacted to give the manager the opportunity to capitalize on an administrative error by another manager. Frivolous protests will not be upheld.
7. If any players also pitch on travel or school teams, all pitch counts for travel and school team activity will count towards the intermural games and restrictions. Managers must be aware of additional team participation among their players and ensure no one is over used.
8. Intentional walks without pitches thrown are not allowed in any division.

8. Pitch Count Restrictions

Age	Pitches Allowed	Days Rest	Maximum Pitches Per day
Seniors Division ("AAA"/"Majors")	1-20	0	95
	21-40	1	
	41-60	2	
	61-95	4	

9. "Days Rest" is defined as a day in which no pitches are thrown. Pitchers who throw 20 pitches or less may pitch the next day, pitchers who throw 21-40 pitches may not pitch on the next day but may pitch on the day after etc.
10. A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day. Also if you catch 4 innings or more you are not allowed to pitch in that game. Call-ups can neither pitch nor catch at any time.
11. Managers are to perform a pitch-count reconciliation after each half- inning and agree on final pitch-count at the conclusion of each game.

Other Important SBA Rules

1. Game Time Limits

The time limit is from the official start time and is 2 hours, 45 minutes. No new inning may start after the time limit.

There is a 15-min max waiting time after the official game start time for forfeits.
Example: 6pm start – 6:15 game is forfeited

Time limits do not apply in any playoff game.

2. Lightning & Thunder Suspended Game

It is the responsibility of the umpire (along with the managers and coaches) to ensure the safety of the players. Only the umpire may suspend a game because of dangerous weather conditions. SBA recommends that the game be suspended if there is any visible lightning, or the sound of thunder, no matter how distant. Managers must wait a minimum of 20 minutes before beginning the game again (for each sighting of lightning or sound of thunder).

3. Managers must make every possible effort to continue the game unless:

- The Field is unplayable
- It is too dark
- The safety of the players is in jeopardy

This rule is effective for all divisions.

4. Run Rule

If a team is ahead by 12 or more runs after six innings (or 5.5 innings if the home team is ahead), the game is over.

5. Pitcher Removal

Managers are allowed two trips to the mound per pitcher throughout the game. A trip is defined as the manager crossing the foul line. On the third visit to the mound for the same pitcher, the player must be removed as the pitcher. A visit to the mound for an injury does not count as a visit. It is up to the umpire to determine if a visit is actually an injury visit.

6. Protests

All protests must be submitted in writing (emails are allowed) to the League Commissioner within 24 hours from the ending of the game in question. There can be no protests on judgment calls. Both teams' scorebooks must be signed at the moment of the protest. The protesting manager must immediately and before the succeeding play, notify the umpire that the game is under protest. A

committee of the President or Vice President, the League Commissioner and the Umpire-in-Chief shall meet to resolve the protest. If upheld, the game will be re-scheduled and played from the point of the infraction.

7. Rainouts / Postponements / Re-Scheduling

Managers should reschedule games within 72 hours of a postponement. Commissioners will reschedule games if this guideline is not met. The League Commissioner will have final authority over all rescheduling.

8. Coaches in Dugout / Parents on the Field

Only approved managers, coaches and helpers are allowed in the dugout. No other parent is allowed in the dugout or on the field. This rule is effective for divisions A thru Majors.

9. Volunteer Form

All managers, coaches and helpers must complete a League volunteer form located on the SBA website before the beginning of the season. A coach's ethics form must also be signed and returned to the League Commissioner before the first game. Only managers and coaches who have completed the volunteer application (and have been approved by the SBA Board) may be on the field or interact with the players. This rule is effective for all divisions.

10. Manager Evaluations

All managers must complete the player evaluation excel spreadsheets located in their Manager Login area prior to June 30th of each intramural season. Failure to do so may result in possible manager suspension for the following intramural year. This rule is effective for all divisions.

11. Miscellaneous

- a. Managers, coaches, parents and players must remove all garbage from the dugout area after each game.
- b. No batting donuts are allowed.
- c. Slash bunting is strictly forbidden.
- d. No on deck hitters are allowed unless a specific enclosed area for on-deck hitters is available on the field.
- e. No one is allowed behind the backstop.
- f. Alcohol or tobacco is forbidden on playing fields and in the dugout area on all league fields during games or practices. The same applies for the stands.
- g. Cars are not permitted on the grass access roads in Stillwell. All cars must remain in the gravel parking lots. The opening at Stillwell (metal frame bar arm) must remain clear to allow for emergency vehicles to enter. Anyone violating the rule will be subject to fines and be responsible to any injuries caused by a player whose medical care is delayed.
- h. All male players must wear protective cups.

- i. All players must wear batting helmets when batting.
- j. If the home team is winning after 8.5 innings, their turn at bat is not necessary and will not occur.
- k. If an inning (after the 5th) cannot be completed due to darkness or weather conditions, the final score will revert back to the score at the end of the last completed inning.

12. Tie-breakers

The following tie breakers, listed in order of priority, are used to determine playoff pairings:

- Points Earned
- Head to Head (result of games)
- Lower Runs Against Per Game
- Coin Flip

Example:

Team A: 8-4-2 32 points in 14 games, allowing 56 runs

Team B: 9-3-1 32 points in 13 games, allowing 54 runs

The regular season standing would be decided based on who won the head-to-head game. The fact that Team B earned the same number of points in fewer games is of no relevance to our tiebreaking procedures.

If the head-to-head game ended in a tie, or there were two games and they were split, runs allowed per game is the next tie-breaker. Team A has allowed 56 (4.00 per game), while Team B has allowed 54 (4.15 per game).

Team A would be given the higher(better) seed because they have allowed fewer runs per game.

13. Playoff Pairings

Playoffs are conducted by division (except in Majors). All teams make the single-elimination playoffs. The first round (if needed) is to reduce # of remaining teams in each division to 4.

In a five team Division, #4 plays #5, and #1-3 receive byes.

In a six team Division, #4 plays #5 and #3 plays #6. #1-2 receive byes.

In a seven team Division, #4 plays #5, #3 plays #6, #2 plays #5 and #1 receives a bye.

Teams are reseeded after each round.

SENIORS DIVISION RULES GRID

# of Innings	9
Time Limit (regular season)	3 hours. No new inning after 2:45.
Time Limit (Playoffs)	None (play until there is a winner)
Base Distance	90'
Pitching Distance	60' 6"
Balks	Yes
Universal Batting Order	Yes
3 Outs Per inning	Yes
Bunting	Yes (no slash bunting)
Safety Base	No
Leading from Bases	Yes
Stealing Bases	Yes (All Bases)
Stealing Home	Yes
Sliding	Yes (Pete Rose rule is in effect)
Infield Fly Rule	Yes
Mercy Rule	12 runs after 6 innings
Player Pitch Counts Maintained	Yes
Player Pitch Count Limits	1-20 (no days rest required)
	21-40 (one day of rest required)
	41-60 (two days of rest required)
	61-95 (four days of rest required)
Travel and School Games Count When Calculating Pitch Rest Days?	Yes
Standings Maintained	Yes
Forfeits	Yes
Dropped 3rd Strike	Yes
Playing Time	All players must play the field with # of innings played balanced among all team members.
Players on the Field	9
Bats Allowed	13 year olds: Big barrel drop 5 or drop 3
	14-17 year olds: Big barrel drop 3
	All composite bats must be BBCOR
	Wood bats are also allowed
Metal Cleats Allowed	No