



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



2019 PROVINCIAL WRESTLING

DATE March 8 – 9, 2019
LOCATION Regina Campbell
COMMISSIONER [Aaron Anderson](#)
PHONE 306-522-5572
FAX No Fax

ENTRY:

Regina, Saskatoon, and District Teams must be declared, and entries received by the commissioner and SHSAA office on or before, Sunday, March 3rd. Changes to original entries must be made by 12:00pm (noon) Thursday, March 7th.

SKIN CHECKS:

On-site skin examinations will begin Friday, March 8th at 11:30am. All wrestlers must clear skin inspection prior to reporting for weigh-in.

WEIGH-IN:

Weigh-ins will take place on-site from 12:00 noon to 1:00pm Friday, March 8th. Wrestlers must weigh in at this time and make the weight class that they qualified in for the Provincial Championship.

WEIGH-IN PROCEDURE:

Check scales for the weigh-ins will be available for wrestlers between 11:00am and 11:30am.

COMPETITION:

Wrestling will begin at 4:00pm Friday and continue until approximately 9:00pm. Wrestling will resume Saturday at 9:00am. Information will be provided at the championship as to when the break for the coaches meeting will occur on Saturday and when wrestling will commence following the coaches meeting. Medal presentations for all weight classifications will occur after the final championship bouts have finished.

ACCOMMODATION:

For a listing of SHSAA Room Blocks visit the SHSAA website [Provincial Accommodation](#). For a complete listing of Regina Hotels please check the Tourism Regina website <https://tourismregina.com/directory/stay>.

RULES FOR HIGH SCHOOL WRESTLING:

Please refer to the SHSAA Handbook (pages 131 - 137), the Wrestling Canada Lutte Rules book, and the [Wrestling Activity page](#) on the SHSAA website for more information on High School wrestling rules.

