

# Westonka Football Passing Academy

## Westonka Football Passing Academy (For Players Entering Grades 5-12)

### *SPECIALIST POSITIONS ONLY - QB, RB, WR, TE*

The Westonka Football Passing Academy is a 3-day 5-12 grade **NON-CONTACT** football camp that is dedicated exclusively to the specialist positions - QB, RB, WR, & TE. The Westonka Football Passing Academy will help players fully realize their potential on and off of the football field. Whether you're a QB, RB, WR, or TE, the Westonka Football Passing Academy will help you grasp the fundamentals of your position, and basic offensive and defensive strategies to improve, learn, and grow as student-athletes and football players. The Westonka Football Passing Academy will focus on the following components:

- **Quarterbacks:** 3 & 5 Step Drops (Shotgun & Under Center), Progressions & Hot Throws, Footwork, Throwing Drills
- **Running Backs/Wide Receivers/Tight Ends:** Stances & Starts, Ball Catching Technique & Drills, Route Running, Releases

Participants will be grouped by age, position, ability, and experience to allow coaches to progressively teach basic and advanced techniques to best benefit each group. All participants will receive a camp t-shirt.

**INSTRUCTORS:** Varsity Coaches Mike Wallace, Greg Sullivan, & Guest Coaches

**EQUIPMENT NEEDED:** T-Shirt, Shorts, & Cleats or Tennis Shoes



### For Players Entering Grades 5-8 - \$69

Tuesday - Thursday  
July 14th - July 16th  
10:30am - 11:45am

Westonka High School - Field #4



### For Players Entering Grades 9-12 - \$69

Tuesday - Thursday  
July 14th - July 16th  
10:30am - 11:45am

Westonka High School - Field #4

#### Contact Information

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Head Football Coach  
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#### Registration Information

Westonka Community Education  
5901 Sunnyfield Road East  
Minnetrista, MN 55364  
(952) 491-8040

[www.westonkace.org](http://www.westonkace.org)

Westonka White Hawks



[www.westonkafootball.org](http://www.westonkafootball.org)