

# PYHA Player / Helper Regulations

A PYHA Player Helper must be a Palouse Youth Hockey Association registered player in either the 18u, 14u, or 12u divisions and must be registered with USA Hockey. They may serve as a PYHA Player Helper under the following conditions:

- Need to complete the PYHA Player Helper Request Form.
- PYHA Player Helper may only help in practice for a team at least two age groups below the age group the PYHA Player Helper is registered in with PYHA. (i.e. PeeWee can help with Mites, Bantams can help with Squirts, Midgets can help with PeeWees) There will be no PYHA Player Helpers at the Bantam and Midget level due to the age group separation requirement.
- Must attend a training session conducted by PYHA. PYHA Student helpers are not eligible to attend a CEP certification clinic for certification. They may audit a clinic, but they do not receive certification credit, nor are they required to pay for the clinic. He/she will need to contact the USA Hockey clinic instructor directly as he/she will not be able to register online due to the age restriction in place.
- Will need to complete SafeSport and Background Screening if turning 18 during the year in which they are coaching.
- Must always be under the supervision of a carded, screened adult coach during all practices.
- May help out at practices. (May not participate as a player in scrimmages or games when acting as a PYHA Player Helper).
- May not act as the head coach or an assistant coach during practices or games.
- May NOT be on the bench during games.
- Must wear a helmet with full face shield, gloves, and skates while on the ice.
- Upon reaching the age of 18, the PYHA Player Helper must comply with all USA Hockey Coaching requirements, including the USA Hockey Screening Program, SafeSport, Age Specific Modules, and meet the USA Hockey Coaching Education Program requirements which will qualify him/her to act as a PYHA coach, not just a PYHA Player Helper.
- If all above requirements are met, the decision for a PYHA Player Helper being allowed to help during practice will be discussed with the head coach for the age group being requested, and a final decision will be made between the head coach and the coaching director.
- At any time, the Head Coach, PYHA President, PYHA Coaching Director, or parent of the PYHA Player Helper may make the decision to stop allowing the PYHA Player Helper to continue helping during practice.