



Veterans Memorial Community Center ARENA COVID-19 POLICIES



The City of Inver Grove Heights - Veterans Memorial Community Center (VMCC) Arenas COVID-19 Policies have been developed with recommendations and guidelines from; MN Governor Walz's Executive Orders, MN Department of Health Guidelines for Youth and Adult Sports, MN Department of Education's for High School activities, Minnesota Hockey, and USA Hockey. Guidelines have been set in place to limit the risk of exposure and transfer of COVID-19 to skaters, coaches/instructors, parents, spectators, and staff.

GENERAL RESTRICTIONS:

1. **Anyone with symptoms of illness or who have family members with symptoms of illness, has tested positive for COVID -19, or been exposed to a person whom has tested positive for COVID-19, should stay home and not participate in team activities and follow CDC and Health Department rules and guidelines for self-quarantine.**
2. Face coverings are required for anyone who enters the VMCC per MN Dept. of Health Executive Order 20-81 (as of July 25, 2020) for all skaters and coaches/instructors, volunteers, and spectators to help protect employees, participants, and other visitors. **Players and coaches will be required to wear a mask at all times**, which includes entry into building, while putting skates on, on the ice, taking skates off and exiting the building.
3. All organizations and teams should utilize a documented health and symptom pre-screening application prior to any on-ice activity. These screens should be monitored by coach/instructor/team manager, association, or volunteer associated with the group.
 - a) We recommend the Minnesota Symptom Screener Guide or a "Quick Entry Check In" or "Check In and Tracking Protocol"
4. Skaters should arrive **no earlier than 10 minutes prior** to the start of their ice time and **arrive fully dressed** with the exception of skates (coming into the arena with hard skate guards on is ideal) and helmets. Anyone arriving more than 10 minutes prior to their ice time must wait outside of VMCC and be socially distanced from others. **Goalies are allowed to come half-dressed and enter the arena 15 minutes prior.**
5. **No equipment bags**, with the exception of goalies, **allowed in VMCC**. Small drawstring bags or small backpacks may be utilized to help carry in smaller items.
6. **Locker rooms can be utilized but ONLY to put skates on. No team gatherings, meetings, pre-game huddles will be allowed in the locker rooms.** Try to limit 10 players at a time in the locker and utilize benches/chairs placed outside of locker to put skates on. When players are completely dressed please leave the locker and safely social distance prior to start of ice time while waiting to go on the ice.
7. No team warmup or dryland drills inside of VMCC facilities.
8. **Skaters are asked to bring their own water bottle with name on it, pre-filled.** Players should NOT plan on re-filling their containers at the rink.
9. Skaters and parents should spread out as much as possible while in dressing areas/locker rooms.
10. No spitting, yelling or other actions that may cause additional droplet spray.
11. Coaches/Instructors are always required to wear face coverings while in the arena, including on ice instruction.
12. Two (2) consistent pods of 25 are allowed per rink with no mixing of pods. 1 pod of 25 is allowed if group is using entire rink.
13. Practices and training activities must end 1-2 minutes before the scheduled end time to allow for picking up equipment and organizing players to leave the ice socially distanced.
14. The scorer's/announcer's/penalty box should be staffed by no more than two persons, preferably from the same household and should be staffed by the home team.

15. All skaters/coaches/instructors should be ready to leave the facility within 5 minutes of conclusion of ice rental.
16. Each association and team must have a designated contact who is responsible for communications and monitoring of all COVID-19 related guidelines, issues, questions, and concerns.

SPECTATORS:

1. **NO SPECTATORS are allowed inside arenas for practice and training activities for children over the age of 10** unless there is a medical need.
 - a. Squirt/10U levels and above should be dropped off at the rink and picked up afterward. Their parents/guardians SHOULD NOT be in the arena.
 - b. Mite/8U players are allowed one (1) parent/guardian in the rink to help with any equipment needs. Those parents/guardians may also be at the rink, socially distanced from others to provide assistance to the player if needed throughout the practice time. Masks are required for any spectators, per MDH mandate.
2. **A maximum of two spectators per player are allowed for games/scrimmages.**
3. All spectators/parents must self-screen their health prior to arriving in facility. We recommend <https://www.cdc.gov/coronavirus/2019-nCoV/index.html> and click Self-check symptoms.
4. Spectators must always stay socially distanced when in the arenas and designated spectator area.
5. **Spectators must leave the building immediately following the conclusion of the practice that they are attending. AT NO TIME SHOULD THERE BE ANY LOITERING IN THE HALLWAYS.**

After On-Ice Activities are Complete:

1. **NO on or off ice interaction** (socializing, team meetings, dryland activities) **should occur following the conclusion of practice or games/scrimmages.**
2. Players must vacate the arena immediately to allow the next user group to enter.
3. Coaches or other responsible adults should remain until all players are safe and have vacated the VMCC.
4. While at home, players should clean and disinfect gear after each use.
5. **There should be no pre or post-game gatherings of any kind** (huddles, handshakes, medal ceremonies) on the ice or in the locker rooms. Teams should honor each other after the game with a stick salute then leave the ice and arena immediately.

The City of Inver Grove Heights has the right to refuse ice time to a group that is not following the Veterans Memorial Community Center Arena Preparedness Plan, arena policies and procedures or the teams individual COVID-19 Preparedness Plans.