



October 2022 Newsletter

ARAA News

Sponsorship Dinner

Every year ARAA recognizes 1 person from each category: Coach, Community member and Volunteer who have made a big impact in our program and the lives of our athletes. Please take some time to send in your nominations for them to be recognized for their efforts. Link below.

<https://docs.google.com/forms/d/e/1FAIpQLSfQK7SSxm1WDsT3zL7mrhu0yKpHRMhkGoDom-0dPNZvcgnD8g/viewform>

Charitable Gambling

Anoka Ramsey Athletic Association partners with 8 businesses to offer charitable gambling to our community. What is Charitable gambling? Charitable gambling is an opportunity for community members to support the youth of Anoka and Ramsey with organized sports and activities to participate in. Our gambling partners provide incentivized giving to our organization. For our 4400 athletes over 10 activities, the charitable gambling contributions provide upgraded playing facilities, equipment and experiences. Please consider visiting one of our partners.

[Willy McCoy's](#)

Daily pull tabs
Etabs and E Bingo available
Bingo Saturdays at 1:00
Meat Raffle Fridays at 5:00

[McDuffs](#)

Daily pull tabs
Etabs available
Bingo Monday at 7:00pm
Meat Raffle Saturday at 4:00pm

[Northwoods](#)

Daily pull tabs

E tabs available

Bingo Wednesday at 7:00pm, Sunday at 4:00pm

Meat Raffle Saturday and Sunday at 2:00

[The Ponds](#)

Pull tabs during open hours

E tabs during open hours

Bingo Friday at 6:30, Meat raffle 5:30

Saturday Bingo 2:00, Meat Raffle 1:00

[Greenhaven](#)

Pull tabs/etabs daily

Bingo starting November 11 Thursday's at 7:00pm

Food specials during bingo

[Northfork](#)

Pull tabs during open hours

Occasion bingo December/January/February

[Kitchen Table](#)

etabs/pull tabs daily

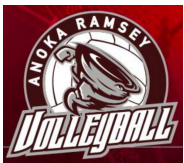
[Acapulco](#)

etabs/pull tabs daily

[Aurerlio's](#)

etabs/pull tabs daily

Meat raffle Sundays at 4:00



Volleyball

Contact: Volleyball@arsports.org

House Volleyball

Our house season is off to a great start! We are midway through and our teams have begun to play against neighboring associations.

Mark your calendars!

10/6 Picture night and open gym
11/5 End of the season Jamboree

Anoka High School Volleyball Youth Night was a night to remember! We had a fantastic turnout with over 60 players in attendance, many prize winners and a Anoka Varsity win! Thank you coaches, players and parents for your support and for representing ARAA Volleyball proudly.

Junior Olympic Volleyball

ARAA JO (traveling) Volleyball was created by ARAA 6 years ago to provide a competitive program at a reasonable fee for families in our area. This league is designed for 4th to 12th graders who are looking to further their skills and knowledge of the game in a competitive setting.

- Advances players knowledge of the game and skills through officiating training, practices, play dates and tournaments.
- Tryouts in November will determine the team placement of all players.
- The season runs December to March- the ideal season length for athletes who are involved in a spring sport.
- Players will be coached by experienced coaches.
- Greater emphasis on team commitment from players and parents when compared to our house league.
- Equal play is not guaranteed as this is a competitive league.
- Players will be required to take courses and be certified in officiating and scorekeeping responsibilities.
- Members of North Country Region (NCR) under USA Volleyball.

Mark your calendars!

Junior Olympic Volleyball Tryouts are scheduled for Sunday, November 13th for ages 10U to 18U (4th to 12th graders). Details about our 2022/2023 season along with additional tryout information will be communicated soon!



Basketball

Contact: basketball@arsports.org

We are very excited for the upcoming season! Registration is now open to sign up for Boys and Girls Traveling. Traveling coaches have been selected for the season and teams have been posted on our

website. There will be 2 coaches clinics offered early in the season. Specific information on those will be going out to coaches soon.

If you are interested in joining our board, we still have a few positions open. See our website for those open positions. Contact Andy DeRungs or any other board member with questions about those positions.

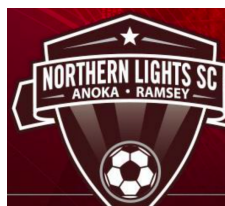
Important dates:

Oct. 3 Girls House Practice Begins

Oct. 24 All Traveling Practice Begins

Nov. 6 First Coaches Clinic

Dec. 5 Boys house practice begins



Soccer

Contact: president@northernlightssoccer.org

Thank you to the players, coaches, refs and volunteers that have helped make our Fall seasons so successful. Both our competitive teams and rec leagues (we have over 300 kids participating) have been out on the fields playing hard and loving the game of soccer. We look forward to sharing information about our upcoming winter soccer opportunities soon. Watch your email and our website for more information on the competitive winter training schedule and the winter rec league registration.



Lacrosse

Contact: lacrosse@arsports.org

Lacrosse

Board Member Announcements

Thank you to these outstanding board members for the time and effort you have put into building the lacrosse program. The board, players and association will miss you next year.



- Lisa Christensen - Secretary
- Karen Thinnes - Apparel
- Micah Raffety – Field and equipment
- Brian Wilson – Vice President

Congratulations to our new board members:

Katie Grandell - Apparel

Jenny Teeson – Registration and Tournaments

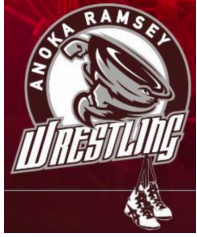
Nick Terano – Vice President

We are still looking to fill the Girls Director position. Please contact Terry Christensen at terry2478@gmail.com if you are interested in learning more.

Season Announcements

This year we will again host winter training for our 10U, 12U and 14U girls and boys team. Information regarding dates, times and price will be posted on our website shortly and emailed to all returning players.

Want to try lacrosse? Keep an eye out for information on our Try Lacrosse for Free Nights coming in February. We would love to see you out on the field.



Wrestling

Contact: anokayouthwrestling@gmail.com

Online registration is open for the 2022-2023 Anoka Youth Wrestling Folkstyle Season! Practice starts Tuesday, November 15, and runs through mid-March. The fee is \$200, which includes the weekly practices throughout the season, the required MN USA wrestling card (\$55 value), a T-shirt, shorts, and socks. There is also a discount for families with multiple wrestlers. Please visit www.arsports.org/wrestling or www.anokayouthwrestling.com for all the details and the link to register.

Kids have a chance to TRY WRESTLING FOR FREE! We are once again hosting the Anoka Police Federation Wrestling Clinic starting Monday, November 7, at the Anoka High School Gym. This clinic runs on Monday and Wednesday for 2 weeks. It's a great way to introduce the sport at no cost. Details for this clinic are also available on our website.

Looking forward to another great year of Anoka Youth Wrestling!