

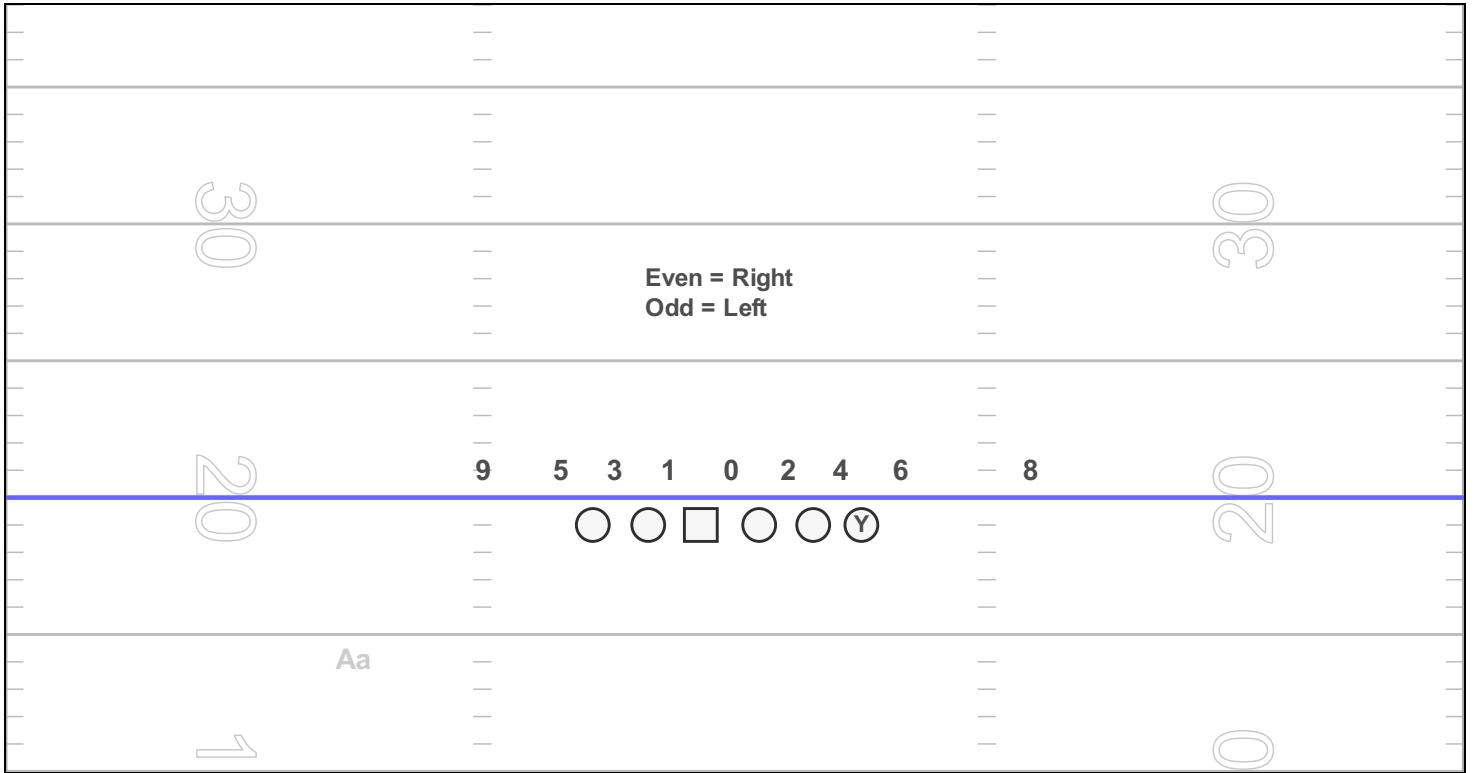
# WESTONKA YOUTH FOOTBALL 5-6 GRADE PLAYBOOK

Mound Westonka High School

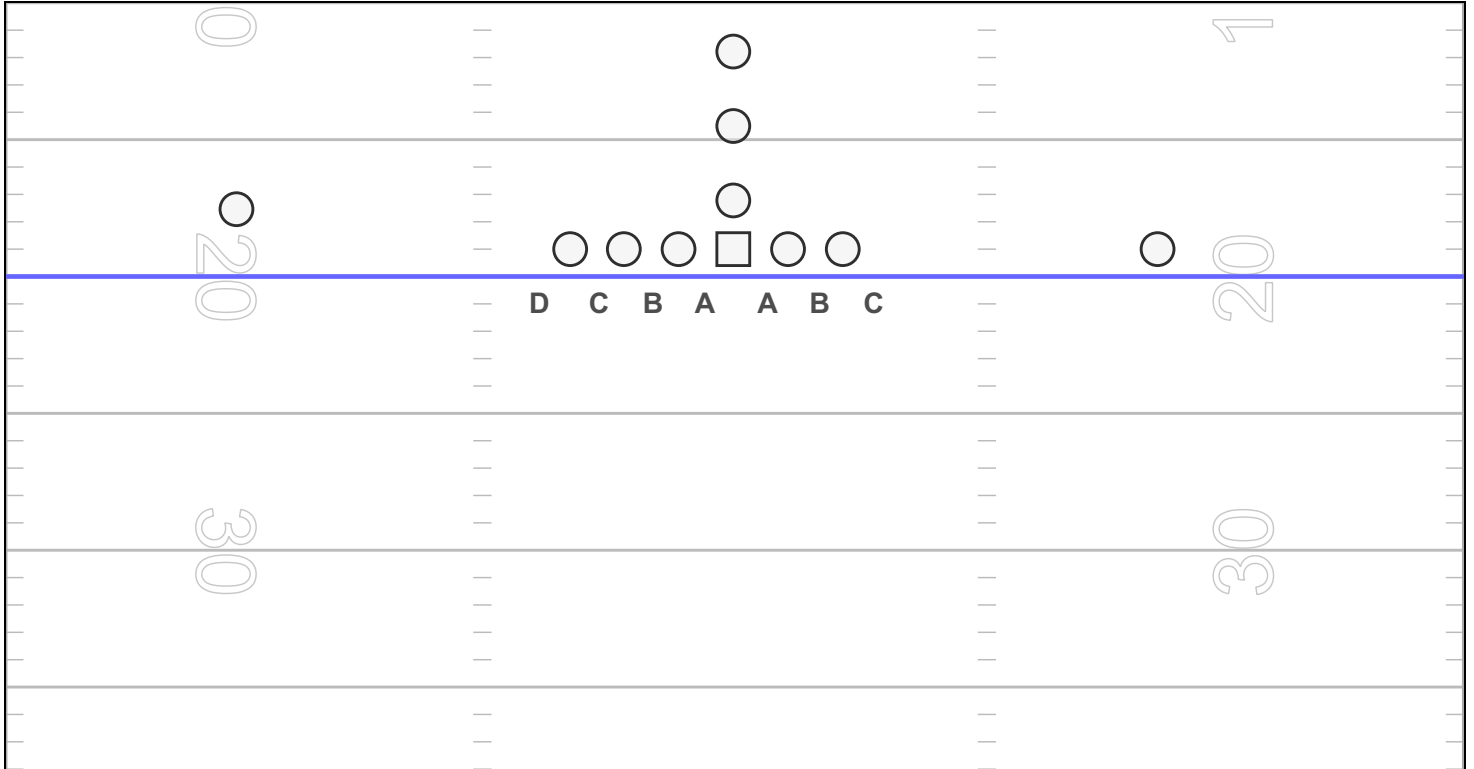
White Hawks Varsity Football



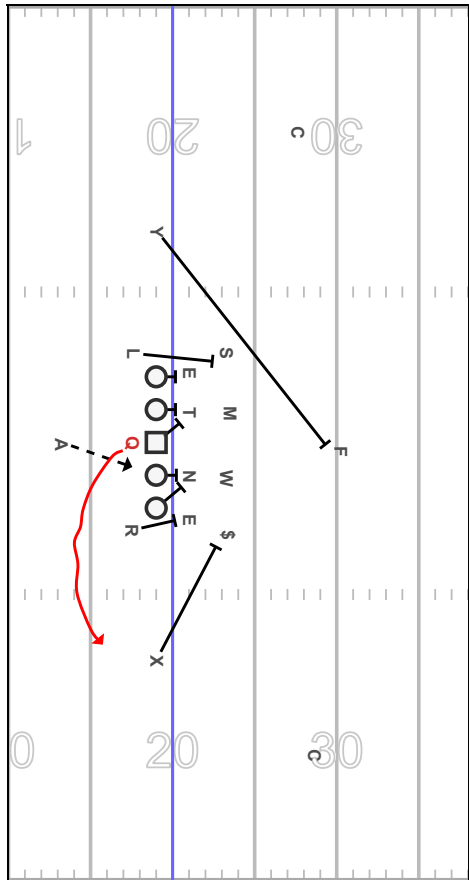
# HOLE NUMBERING OFFENSE



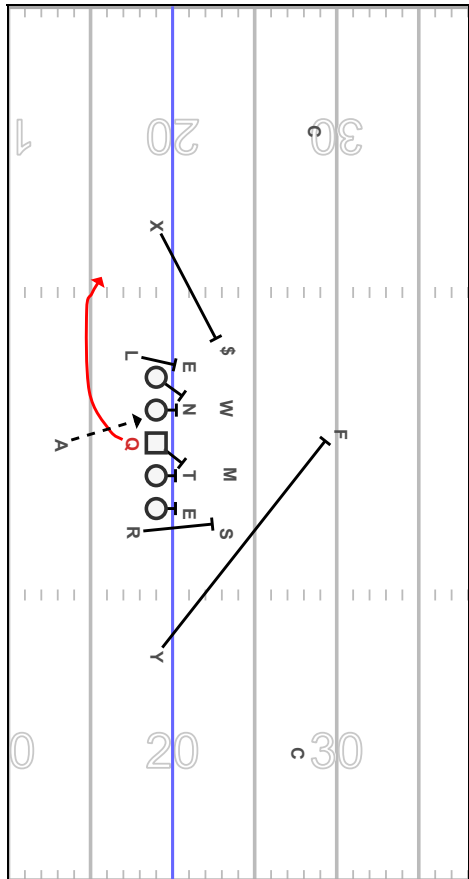
# DEFENSIVE GAPS



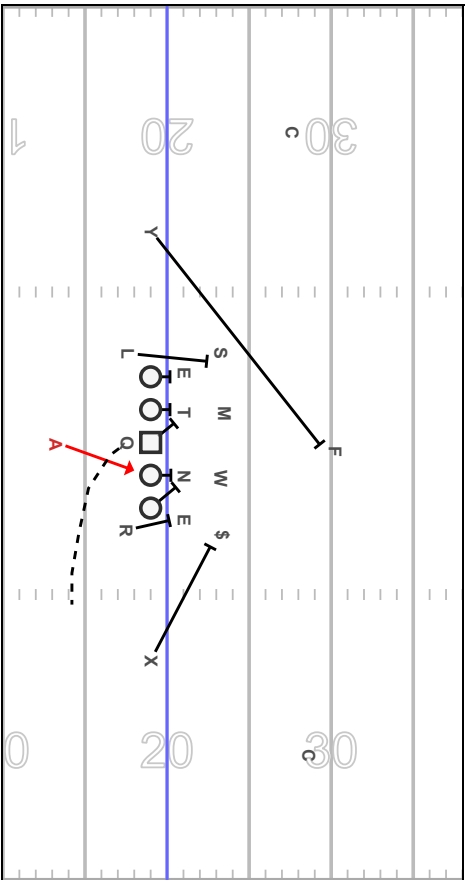
**RUN CONCEPTS (5-6) 20 KEEP vs 4-4**



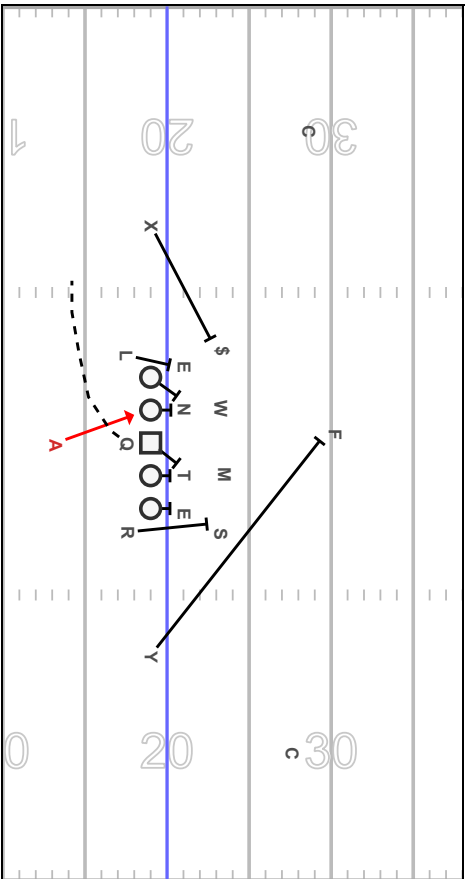
**RUN CONCEPTS (5-6) 21 KEEP vs 4-4**



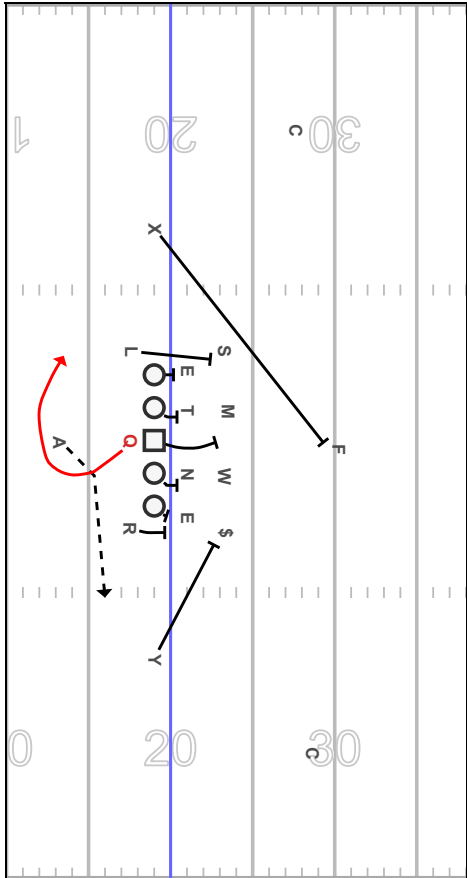
**RUN CONCEPTS (5-6) 20 vs 4-4**



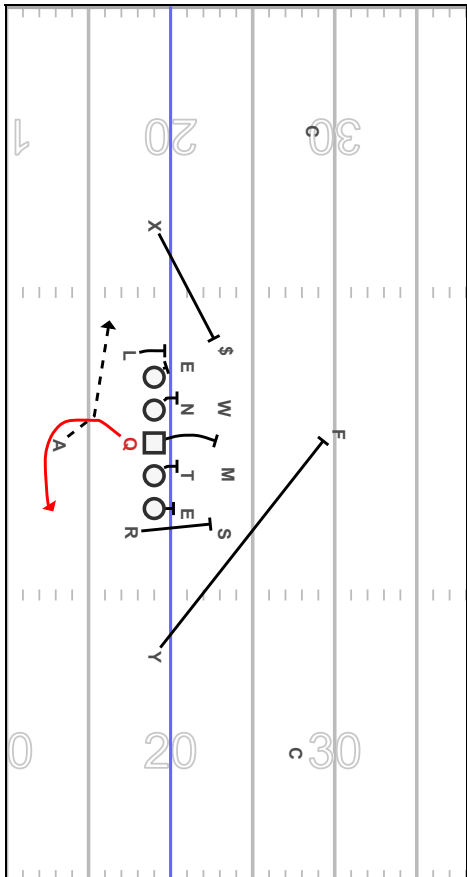
**RUN CONCEPTS (5-6) 21 vs 4-4**



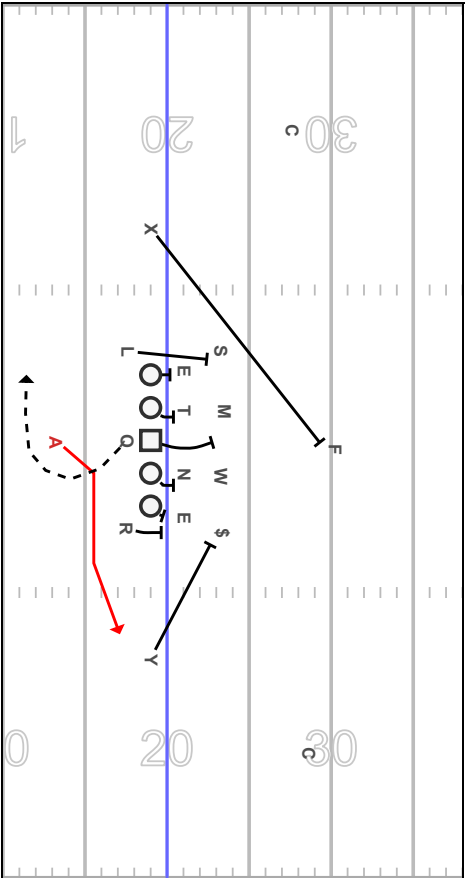
**RUN CONCEPTS (5-6) 26 KEEP vs 4-4**



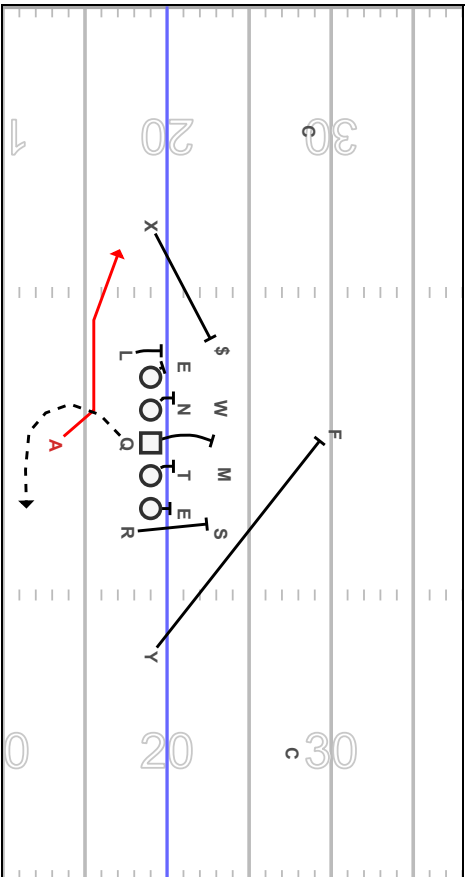
**RUN CONCEPTS (5-6) 27 KEEP vs 4-4**



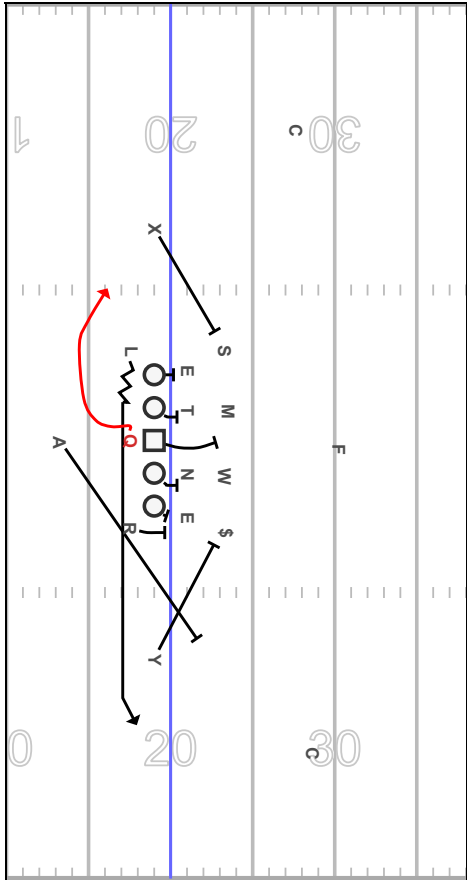
**RUN CONCEPTS (5-6) 26 vs 4-4**



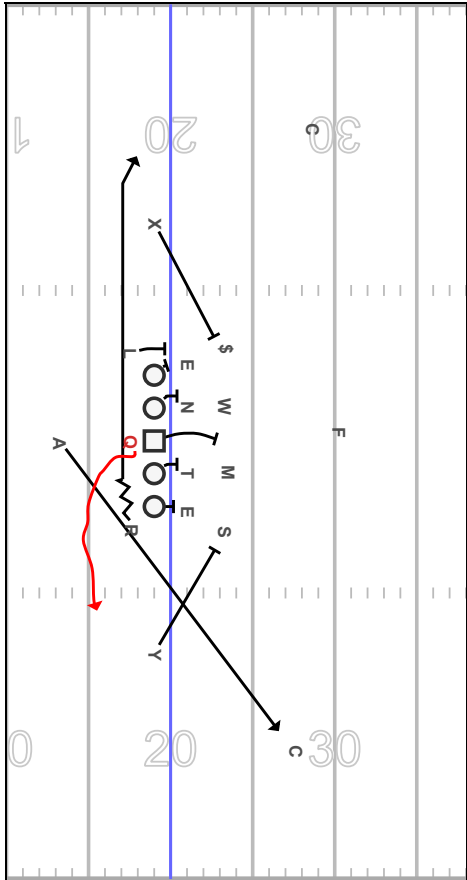
**RUN CONCEPTS (5-6) 27 vs 4-4**



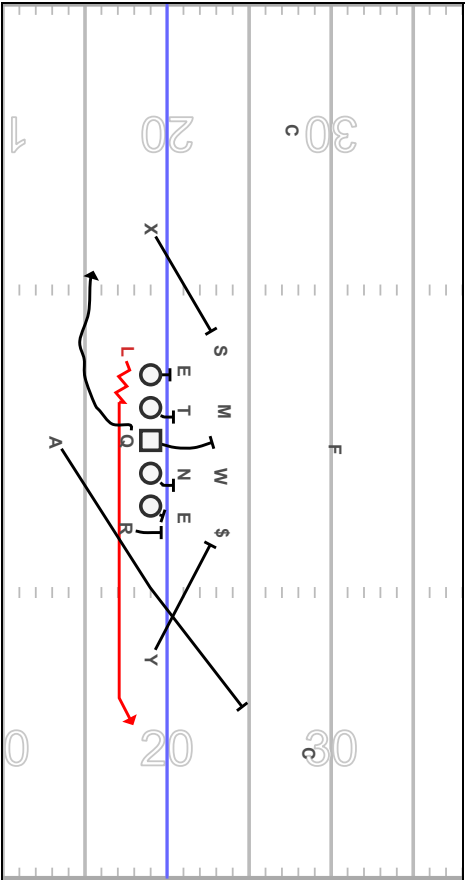
**RUN CONCEPTS (5-6) 28 L JET KEEP vs 4-4**



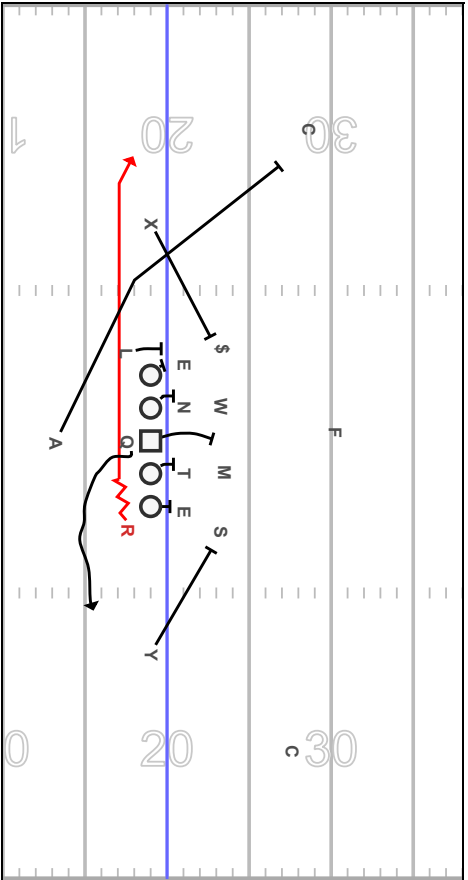
**RUN CONCEPTS (5-6) 29 R JET KEEP vs 4-4**



**RUN CONCEPTS (5-6) 28 L JET vs 4-4**

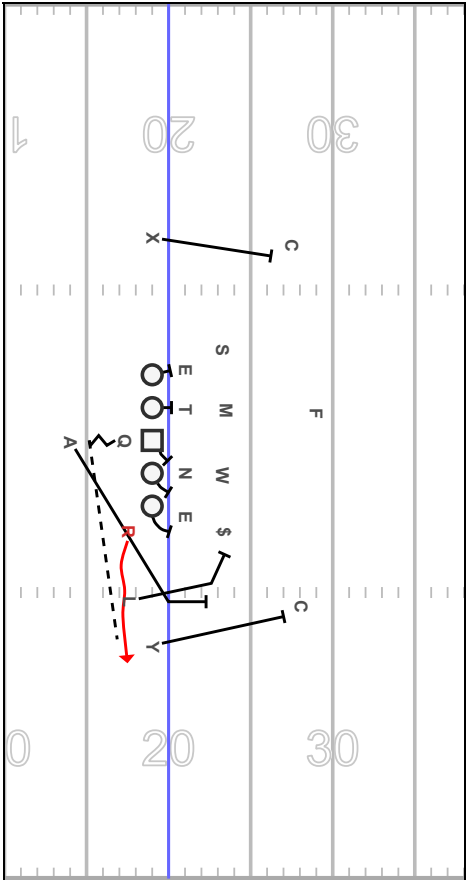


**RUN CONCEPTS (5-6) 29 R JET vs 4-4**

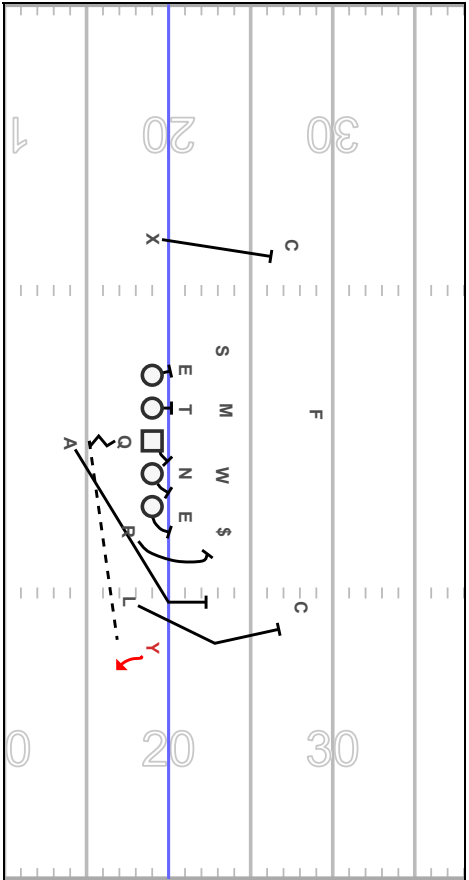




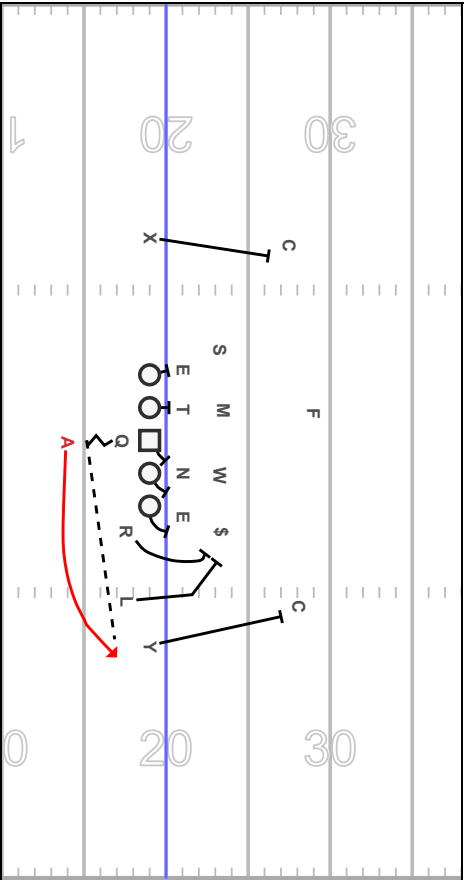
**PASSING CONCEPTS (5-6) 68 R SMOKE VS 4-4**



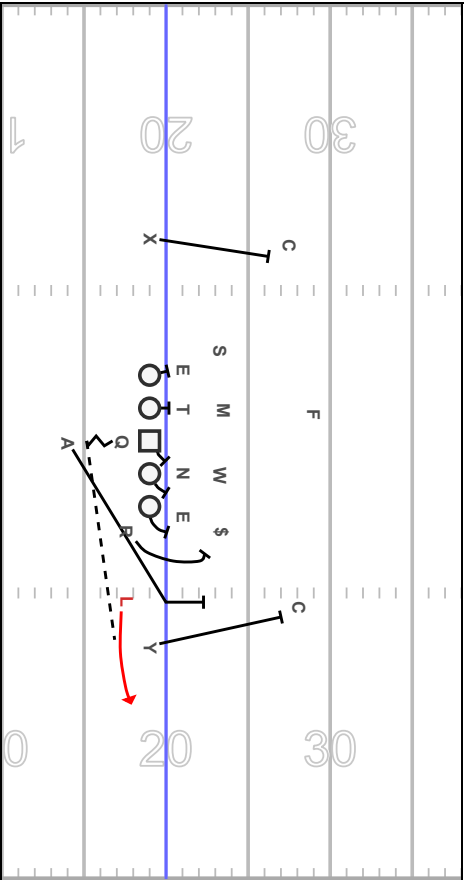
**PASSING CONCEPTS (5-6) 68 Y SMOKE VS 4-4**



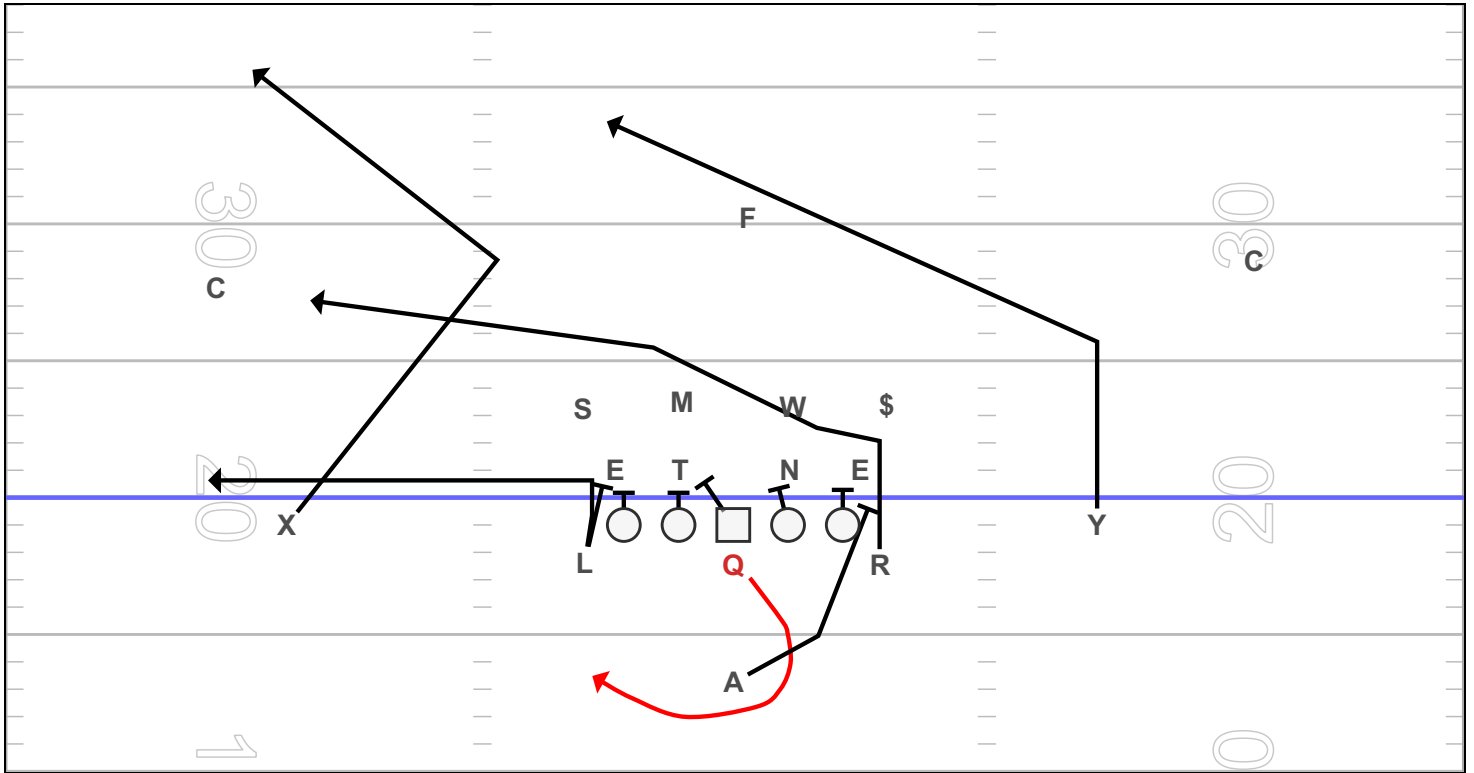
**PASSING CONCEPTS (5-6) 68 A SMOKE VS 4-4**



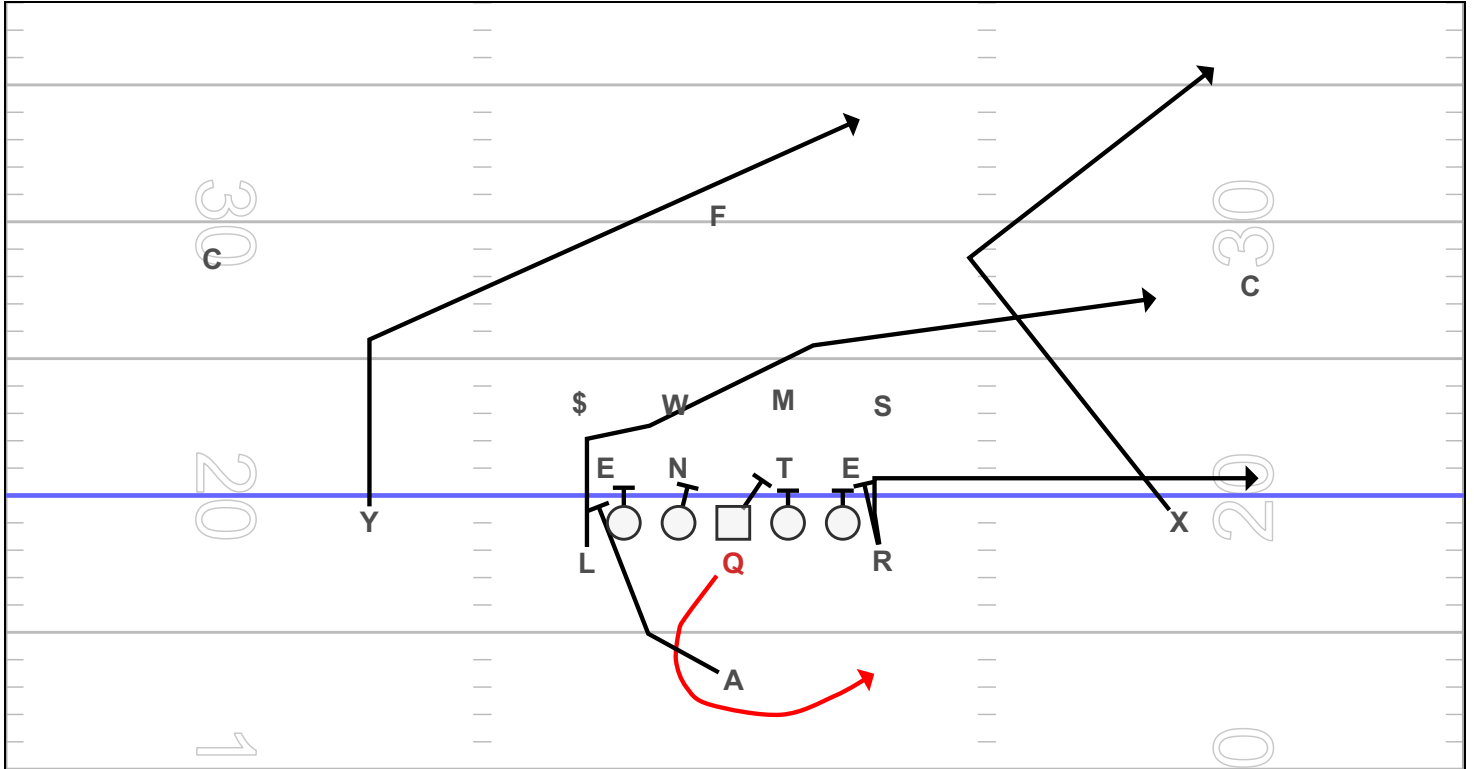
**PASSING CONCEPTS (5-6) 68 L SMOKE VS 4-4**



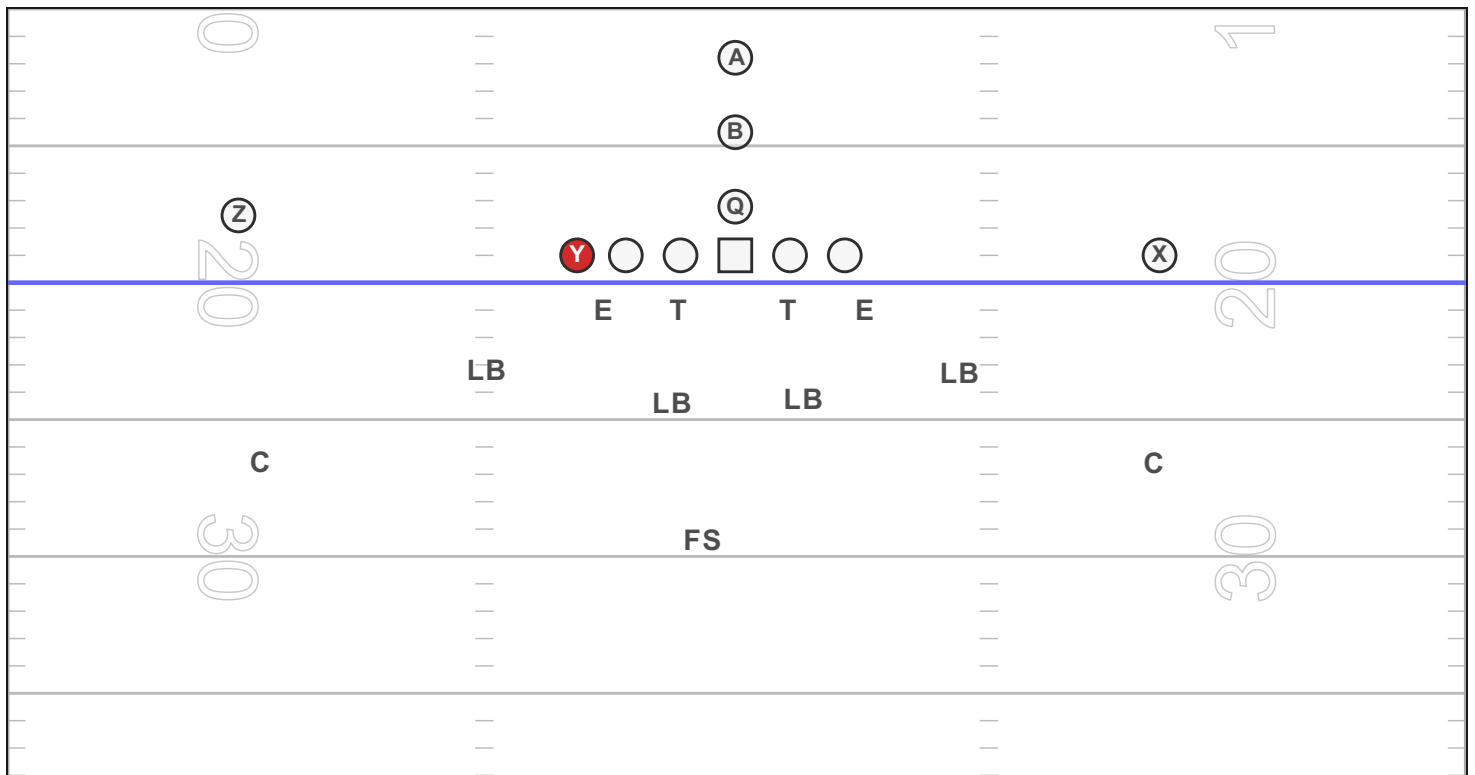
PASSING CONCEPTS (5-6) 126 LAKE vs 4-4



PASSING CONCEPTS (5-6) 127 RIVER vs 4-4



# 5-6 GRADE DEFENSIVE ALIGNMENT BASE DEFENSE



**END** Defensive ends must line up head-up to the tackle, slight outside shade of the tackle, a slight inside shade of the TE/Slot/Wing, head-up on the TE/Slot/Wing, or slight outside shade of the TE/Slot/Wing. D-line cannot line up in gaps. D-line can slant on the snap but not stunt to other gaps but must make contact with OL before doing so.

**TACKL** The defensive tackle must position themselves head-up on the guard or slight outside shade of the guard. D-line cannot line up in gaps. D-line can slant on the snap but not stunt to other gaps but must make contact with OL before doing so.

**TACKL** The defensive tackle must position themselves head-up on the guard or slight outside shade of the guard. D-line cannot line up in gaps. D-line can slant on the snap but not stunt to other gaps but must make contact with OL before doing so.

**END** Defensive ends must line up head-up to the tackle, slight outside shade of the tackle, a slight inside shade of the TE/Slot/Wing, head-up on the TE/Slot/Wing, or slight outside shade of the TE/Slot/Wing. D-line cannot line up in gaps. D-line can slant on the snap but not stunt to other gaps but must make contact with OL before doing so.

**OLB** Outside-Linebackers must be stacked or wider than the defensive lineman (end). Must start 5-yards back from the line of scrimmage. Inside the 5-yard-line, Linebackers can start on the goal line.

**ILB** Inside-Linebackers must be stacked over the defensive lineman (tackle). Must start 5-yards back from the line of scrimmage. Inside the 5-yard-line, Linebackers can start on the goal line.

**ILB** Inside-Linebackers must be stacked over the defensive lineman (tackle). Must start 5-yards back from the line of scrimmage. Inside the 5-yard-line, Linebackers can start on the goal line.

**OLB** Outside-Linebackers must be stacked or wider than the defensive lineman (end). Must start 5-yards back from the line of scrimmage. Inside the 5-yard-line, Linebackers can start on the goal line.

**CORNE** Cornerbacks must start 5-yards back from the line of scrimmage. Playing depth from L.O.S. when the offense is inside the 5 yard-line --- Corners can start on the goal-line, safeties can move up but still need to be behind the linebackers.

**FREE** Safeties must start 10-yards back from the line of scrimmage. Playing depth from L.O.S. when the offense is inside the 5 yard-line --- Corners can start on the goal-line, Safeties can move up but still need to be behind the linebackers.

**CORNE** Cornerbacks must start 5-yards back from the line of scrimmage. Playing depth from L.O.S. when the offense is inside the 5 yard-line --- Corners can start on the goal-line, safeties can move up but still need to be behind the linebackers.

