

CE OFF CLINIC AUGUST 18 300 P 500 P

(IMMEDIATELY FOLLOWING HS TRYOUTS) SATURDAY

CONCEPTS COVERED

STANCE MOVEMENT DRAW CONTROL ACCURACY **CLAMPING JAMMING** COUNTERS WINGPLAY FACE-OFFIQ



HEADCOACH: WILLIAM RAWSON -PLAYED COLLEGIATE LACROSSE FOR DII PFHIFFER UNIVERSITY - NC -PLAYEDHSLACROSSEFORCO-OPST.CHARLES -2017-ASSISTANT COACHOF THE YEAR FOR UPSTATE 8 CONFERENCE -WON IHSLACUP WITH SOUTHELGIN HIGHSCHOOL

PER ATHLETE

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