

Calgary  
**CRANKMASTERS**  
Cycling Club

Presents

Stampede Road Race

Masters Provincial Championships

July 7 2019 – Madden, Alberta



*The Stampede Road Race is sanctioned by the Alberta Bicycle Association.*

Sponsors

Thanks to the following sponsors of Calgary Crankmasters Cycling Club:



Alberta  
LAMINATIONS

## **Race Organizer**

Callum Galbraith: [cfgalbraith@gmail.com](mailto:cfgalbraith@gmail.com)

## **Registration**

On-line via Zone 4, [www.zone4.com](http://www.zone4.com) or follow link on [www.calgarycycling.com](http://www.calgarycycling.com). There will be no race day registration. Single Event licenses will not be available.

Registration closes at 11:59 pm on Thursday, July 4<sup>th</sup>.

## **Entry Fee**

Before July 1: \$55, after: \$60.

Juniors/U17: \$25.

Required License Type: UCI License

You must show your license at sign on. If you are unable to do so you will incur a \$10 fine.

## **Categories**

Race Age = 2019 – year of birth.

- Elite/Open Men (Cat 1/2/3/4/5 men)\*
- Elite/Open Women (Cat 1/2/3/4/5 women)\*
- Men & Women Master A (age 30-39)
- Men & Women Master B (age 40-49)
- Men & Women Master C (age 50-59)
- Men & Women Master D (age 60-69)
- Men & Women Master E (age 70+)
- Junior Men & Women\*
- U17 Men & Women\*

\* Not Provincial Championships

## **Distances and Proposed Riding Groups**

Groups are proposed and very dependent on numbers – racers, commissaires and volunteers. We will do what we can to make this work, but adjustment may be required on race day.

Elite/Open Men, Master A Men	5 laps - 122 km	10:00
Master B and Junior Men	4 laps - 99 km	10:05
Master C Men	3 laps – 75 km	10:10
Elite/Open Women	4 laps - 99 km	10:15
Master A, B and C Women, Junior Women	3 laps - 75 km	10:20
Master D and E Men, Master D and E Women, U17 Men, U17 Women	2 laps - 52 km	10:25

## **Sign-on**

*Last Edited: May 31, 2019*

Sign on: 08:30 am to 9:30 am. Madden Community Hall, on Range Road 30, north of H574.

## **Numbers**

Bring pins and zip ties, because we have race numbers for you, both body and frame!

Placement - right hip and right side rib cage below arm (to be confirmed by ABA on race day). Please ensure you place your pin on numbers correctly so the photo finish camera can see your number. Frame plate on seat post. Please bring your own zip ties and safety pins.



**MASS START**

**\* also use frame plate**

## **Regulations**

This event will be run under UCI, CCC & ABA Race Regulations. Riders are responsible to read and understand these regulations. They can be found [here](#). As is commonly not practiced, there will be no inspection of Junior and U17 gears.

## **Anti-Doping**

The ABA complies with and fully supports the UCI anti-doping regulations, the clauses of the World Anti-doping Code and its international Standards to which the UCI anti-doping regulations refer and to the anti-doping regulations of other competent bodies per the regulations of the UCI.

## **Course**

Twp Road 290 west, Range Road 34A/35A northwest, Twp Road 292 east, Range Road 30 south. The race will run in a clockwise direction. One lap of the course is approximately 23.5 km. Race groups will assemble on RR 30, north of Twp Road 290.

**Start:** First group 10:00 am, subsequent groups at 5 minute intervals. Start from intersection of Twp Road 290 and Range Road 30.

**Finish:** On Twp 290, approximately 800m west of Range Road 32. No parking at the finish line (except for race officials).



**Approximate Course Profile:** Starts at the start line, lap counting begins once crossing the finish line for the first time.



**Feed Zone:** Marked by signs on Township Road 290 east of Range Road 32. Feed zone is open after 2 laps. This is NOT neutral support. This is where your friends, coaches and partners stand to hand you food/water. Accept food/water from the shoulder on the right hand side of the road and safely toss your empty bottles. **DON'T LITTER THE COURSE.**

**Event Staff:** Course Marshalls will be stationed at corners and intersections and will be wearing reflective vests and holding signs. It is each rider's responsibility to know and follow the race course. The roads will not be closed to traffic.

## **Event Vehicles**

**Commissaire Vehicles:** During the race you may hear a few quick honks of the horn from the Commissaire Vehicle. This means that following traffic is trying to pass. Please ride safe and obey centre-line rule.

**Wheel Vehicles:** There will be a vehicle carrying neutral wheels. Wheels in the wheel vehicles are neutral i.e. non-team-specific. The wheel vehicle will service you from behind on the right side of the road and you are responsible for changing your own wheel. Make sure you get a suitable wheel, with the correct cogset. You will not get any drafting to help you back to the group. Neutral Service The provision of neutral service in Alberta road races is entirely dependent on receiving an adequate supply of wheels from teams and riders.

## **Refreshments**

Post-race meal for all volunteers and riders will be BBQ Beef on a Kaiser from All Beef Catering.

## **Awards**

**You are expected to arrive for your podium presentation wearing Team clothing. Failure to comply with these rules may result in forfeiture of your prizing and/or a fine.**

Awards will be held post-race at the Madden Community Hall. Note cool down return ride to Madden Hall puts you back on course. Don't interfere with ongoing races.

Protests must be made to the Chief Commissaire within 15 minutes of results being posted at the event.

## **No cash prizes.**

Any race profit will be donated to the ABA Race Team (Not general funds, into the race team. We want the ABA van to be full of athletes to every race). Championship medals will be awarded to the podium in all Masters Age categories.

Draw prizes are from Pedalhead Bicycle Works.

## **Directions**

Sign-on at Madden Community Hall, on Range Road 30, north of H574.

**From Calgary:** H2 north to Crossfield, exit 295 to H2A, through Crossfield to H574, 16 km west to Madden. Alternatively take Symons Valley Road (H772) north from Calgary to Madden.

**From Edmonton:** H2 south to exit 305 to Twp Rd. 292, turn right on Twp Rd. 292, at 22 km turn left on RR 30, 4 km to Madden Community Hall.

**Parking:** Do not park on race course. There is parking available at the Madden Community Hall.

### **First Aid**

EMS will be on site stationed at Madden Community Hall. Nearest hospital is Foothills Hospital, 1403 29 Street NW, Calgary. There are also emergency medical centres in Airdrie and Cochrane.

### **Directions to Foothills Hospital**

1403 29 Street NW Calgary, Alberta T2N 2T9

From Start on SW corner of course: 55 km, 43 minutes

Head west on Township Rd 290

Head south on AB-766

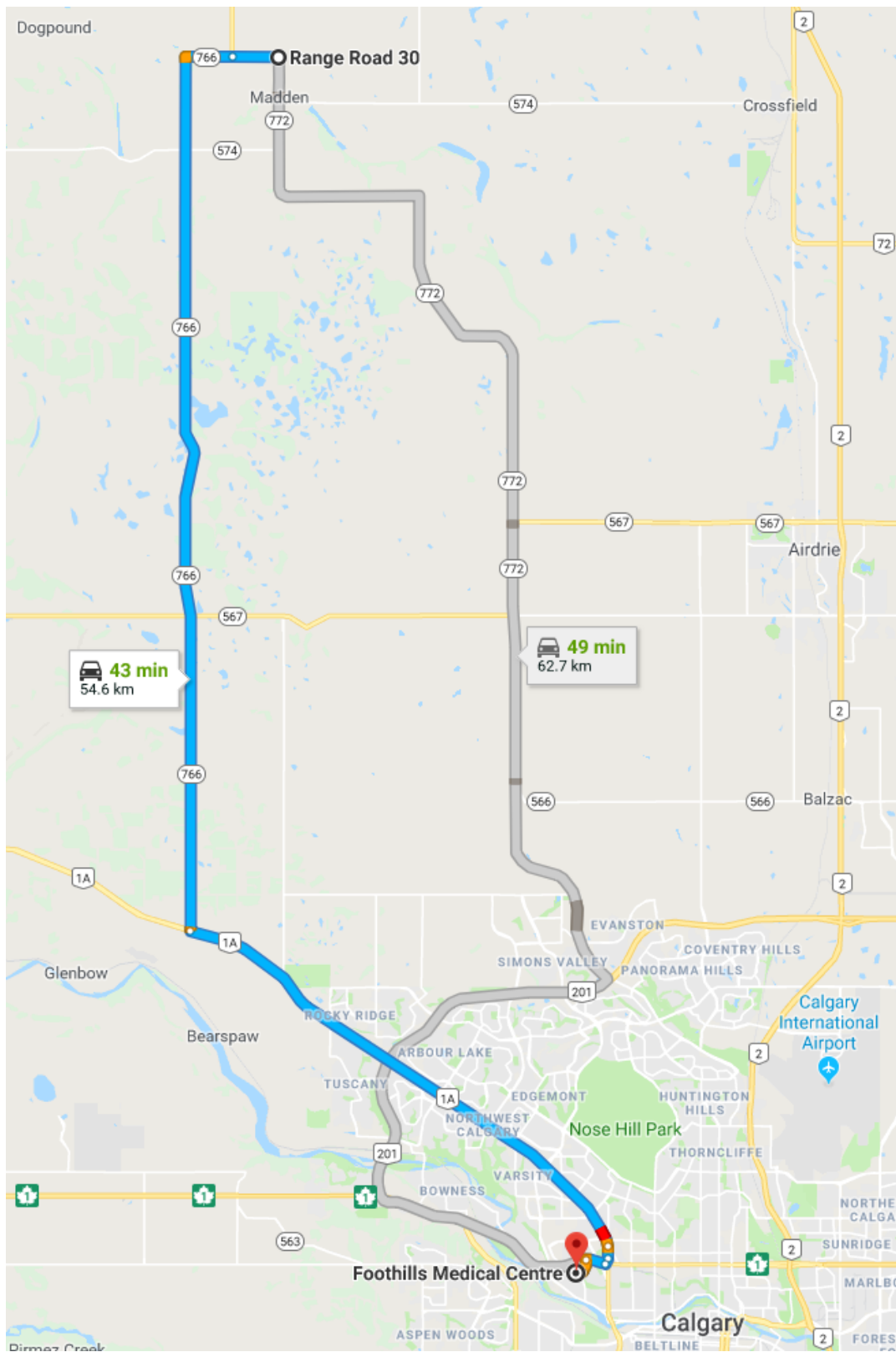
Head east on AB 1A

Head west on 16th Ave NW

Head south on 29th St NW

Map on next page.





*Last Edited: May 31, 2019*