



Skate Frederick COVID guidelines and protocols per the Frederick County Health Department, State mandates, PVAHA, and CDC recommended guidelines.

If you are visiting Skate Frederick, you should **BE PREPARED** before your visit:

- Please DO NOT enter Skate Frederick if you or a member of your family are sick. If you or a family member have a medical history that places you/them in a high-risk category for Communicable diseases, we recommend that you do not enter.
- DO plan on paying for your ice events online or by phone if available.
- DO NOT bring any cloth/canvas hockey player or coaches bags within Skate Frederick.
- DO plan to arrive at the **Rink 1/Rink 2** doors **no more than 10 minutes** before your ice time dressed with a face covering on and everything except for skates, stick, and a labeled water bottle. The bleachers and Warming Area on Rink 1/Rink 2 are marked with 6' increments for safely putting on remaining gear. Locker rooms are not available at this time. Goalies may enter 20 minutes before ice slot and will be assigned a locker room.
- Parents should remain outside until all players are on the ice.
- DO plan on wearing a facemask to enter and move about Skate Frederick. The facemask must be available for use on the ice but players are not required to wear it during on-ice activities. **A helmet with a cage or clear shield is NOT considered a face covering. Face coverings must be worn all the way to the ice surface per Frederick County Health Department guidelines. Players are required to put their face covering on BEFORE exiting the ice. The PVAHA guidelines require everyone on a player bench to have a face covering on. All instructors, coaches, and officials must wear a mask during youth instruction, practices, or games.**
- DO plan to limit parent/guardian accompaniment to one. Parents must maintain Social Distancing requirements.
- DO use the hand sanitizers throughout Skate Frederick as needed. Wash your hands often for at least 20 seconds especially after going to the bathroom, before eating, coughing, sneezing, or blowing your nose. Please avoid touching your eyes, nose, mouth, and your face in general.
- DO check all of your equipment before arrival. Lost and Found and loaner equipment are not available at this time.
- DO NOT bring outside food or drink into the ice arena.
- DO plan to be prepared to exit Skate Frederick 10 minutes after your ice event ends. This allows us to clean and sanitize before the next event arrives.
- DO NOT remove player gear or undress within the Skate Frederick building. Showers are currently unavailable.

Skate Frederick is taking the following precautions to ensure your safety:

- We are staggering arrival times for programs and events to minimize customer contact.
- We are limiting the number of participants on the ice to comply with current guidelines.
- We are marking floors, benches, and bleachers to designate six-foot distances.
- We are cleaning and sanitizing surfaces, restrooms, and common touch areas.
- Our employees have received specific training in cleaning protocol.
- Our employees are wearing facemasks, practicing social distancing, and frequently washing their hands.

Even with these precautions in place, Skate Frederick cannot eliminate all risk associated with COVID-19. By choosing to make use of Skate Frederick, guests are assuming the risk that they may contract COVID-19 at this facility despite Skate Frederick's best efforts to provide a clean and safe environment.