

East Ridge XC Meet : Grey Cloud Invite

2023

name			
BOYS' 5K			
1	NATHAN	SCHULTZ	16.19
2	TYLER	MESTERY	17.20
3	AARON	DEVINE	12.24
4	RYAN	SOENEN	17.56
5	BRANDON	PAINE	17.59
6	MATTHEW	CARLSEN	18.03
7	JOHN	GRAMER	18.34
8	JACK	ALDRICH	19.09
9	WILLIAM	NIPPERT	19.35
10	EVERETT	CREIGHTON	19.49
11	HENRY	ALDRICH	20.17
12	ETHAN	ALVAREZ-BRAE	20.37
13	OLIVER	BULMAN	21.59
14	WALTER	BELLIS	22.06
15	JAMES	JUNGBAUER	22.09
16	BRODY	WHITE	23.05
17	ABRAHAM	BUNKERS	23.07
18	JACOB	HOVLAND	23.34
19	JOHN	JUNGBAUER	23.45
20	GAVIN	GOETZ	24.04
21	NOAH	GROONWALD	24.05
22	NOLAN	GOETZ	23.06
23	COLLIN	ANDRESEN	24.05
24	ROWAN	WHELAN	24.06
25	CALEB	BLOOMER	25.46
26	KYLE	TOVAR	27.30
27	ERIC	MCCARTY	30.01
28			
29			
30			

name			Time		
GIRLS' 5K					
1	LYDIA	FRANSON	20.15	Boys	
2	SOFIA	OLIART	23.59	1	East Ridge 21
3	SOLLI	PARK	24.08	2	Hastings 56
4	CARLY	WYTASKE	24.31	3	Park 69
5	ERIN	ROYER	24.54	4	Trinity 107
6	SOPHIA	SLAVIN	26.01	5	Cretin Durham Hall 140
7	SOLBIE	PARK	26.58		
8	ANNA	NIPPERT	27.14		
9	BROOKLYN	FONSECA	27.54		
#	ALIVIA	WERTISH	30.22	Girls	
#	ALAINA	PETERSON	30.43	1	Hastings 21
#				2	East Ridge 34
#				3	Parl 78
#					

Super solid work out there! You raced so well, with lots of grit, it's a deceptively challenging course. Thanks for being there for your teammates! Thanks to your parents, volunteering and cheering for you. Getting introduced or reacustomed to 5K racing isn't easy.

Please let me know if you are missing or you feel your time is incorrect. The full results are also "Documents and Links" on our website. Definetly a meet to bring this home- "running reminds us we can do difficult things!" Solid work out there!

“Meet” Letter points:
 Boys: Girls:
 9 points <18.51 <22.15
 6 points <19.33 <23.21
 3 points <20.45 <24.10