

“Together we win”

Tournament Website: www.laxfederation.com

Schedule: We use Tourney Machine to post and update it throughout the event.

Field Address: Calvert Regional Park 304 Meeting House Road Rising Sun, MD 21901

Weather related issues and other last minute updates: Follow the LAXFED on social media, we will post there.

Game Film: All the high school games on Sunday will be filmed by Nextpro.. Go to the LAXFED Channel : <https://nextpro.com/lacrosse/channels/lax-federation/90/events>

College Coaches - The players bench sideline is reserved for players and college coaches only. No spectators please.

Members Cup Rules and Game Play

LAXFED Society Values

1. Only head coach (1 coach only!) may address the officials during game play.
2. All teams, coaches, players, parents and team officials must adhere to the LAXFED Society and Values. No profanity or unsportsmanlike conduct will be tolerated.
3. **ANY actions deemed excessively unsportsmanlike by a player, coach or fan including any discrimination based on gender, religion, race or sexual orientation as well as taunting, trash-talking and fighting will not be tolerated.**
4. Referees will notify the Field Coordinator, who in turn will notify the Tournament Director immediately of any warning given to a Coach, Player, or Fan. Accordingly, the Tournament Directors will be made aware of all incidents throughout the Tournament.
5. LAXFED has a one-strike policy for coaches and players. That being said, the LAXFED Staff, has the right to remove any coach, player, or fan from the tournament at their discretion. In the event of a warning, coaches and players will be notified and any further incidents will result in that coach or player's removal from the LAXFED event. **Players, Fans or Coaches who are ejected will need to leave the venue and no refunds will be granted. Anyone ejected must leave the premises and any refusal may result in the tournament director discretion may in a team forfeit.**
6. Player Ejections
 - o Any player ejected from a game will also be disqualified from the next game regardless if it is a playoff game or not.
 - o If the ejected player plays in the following game, he will be ejected from the tournament and his team will be penalized a three (3) minute non-releasable.
7. **Most importantly, have fun and Stay Calm!**
 - o Referees have been instructed to call a 'referee timeout' if he needs to "calm" the seas! He may ask a coach to address an unruly parent. In extreme cases, a tournament coordinator will be called in to ensure calm. Remember, this it is only a game. **We expect all coaches, referees, spectators to be positive role models and sit back and enjoy this great sport.**

Age and Roster Regulations

1. Every participant must submit an online waiver prior to the tournament in order to participate.
2. Players cannot play for more than one club program during the same tournament.
3. Players may move up to play in a higher age division team within their own club.
4. Players cannot play on a team younger than the team that they are rostered.
5. Any exemption to this policy must be submitted for consideration in writing to the tournament director prior to the tournament. Violation of these regulations may result in forfeiture of games at the discretion of the tournament director.

Game Play

1. Games start and end on one Central Horn, as does Half Time
2. Games will run on fifty (50) minute blocks
3. Playing time will consist of two (2) twenty (20) minute running halves with a three (3) minute halftime.
4. NO TIMEOUTS
5. Pool games will end in a tie.
6. Helmets are required during pre-game warm-up and practice time: All players must properly wear the mandatory protective helmet when they are on the field or engaging in warm-ups or any drills that involve passing, shooting or scrimmaging.
7. Every player on the field must wear a mouthguard completely in their mouth at all times while on the field of play. Players caught not properly wearing a mouth guard will be assessed a technical foul (change of possession OR 30 second penalty). The "half in – half out" style of wearing a mouth guard commonly referred to as "fish hooking" is subject to penalty at the sole discretion of the referee.
8. **Spectator Unsportsmanlike Penalties - Spectators in addition to players, coaches, and team personnel can cause a time-serving unsportsmanlike penalty.**

Alternate Game Length and Time Format

1. In the event of schedule delays caused by weather, which may include lightning, heavy rain, or extreme heat, the tournament will go to an alternate schedule and shorten game length in the following option:
 - a. Forty (40) minute game blocks: four (4) ten (10) minute quarter with a two (2) break between each quarter
 - b. Thirty (30) minute game blocks: two (2) fifteen (15) min halves with a two (2) minute halftime
 - c. Thirty (30) minute game blocks: one (1) twenty-three (23) min running game
 - d. any schedule changes will be communicated via Tourney Machine Game

2025 and older: Game Rules All High School games will be played under modified NFHS (Federation) Rules.

The following modifications and points of emphasis will apply:

1. Body-Checking: will be called tightly in the interest of player safety. A one to three-minute non releasable penalty will be called for a body-check that is to the head and neck area, on a defenseless player, a blindside hit, or deemed excessive. These penalties are unnecessary roughness and not in the spirit of summer tournament play.
2. Advancing the Ball - Clearing Count/ Over & Back: team has twenty (20) seconds to clear over the midline and ten (10) seconds to touch it into the box. Over and Back Rule is in effect.
3. Keep It In: when there is less than two (2) minutes remaining in the game, if a team is in the lead by 4 or less then they must get it in and keep it in the box.

2026 and younger: All Youth games will be played under modified US Lacrosse Youth Rules

1. Body-Checking: will be called tightly in the interest of player safety. A one to three-minute non releasable penalty will be called for a body-check that is to the head and neck area, on a defenseless player, a blindside hit, or deemed excessive. These penalties are unnecessary roughness and not in the spirit of summer tournament play.
2. Advancing the Ball - Clearing Count/ Over & Back: team has twenty (20) seconds to clear over the midline and ten (10) seconds to touch it into the box. Over and Back Rule is in effect.
3. Keep It In: when there is less than two (2) minutes remaining in the game, if a team is in the lead by 4 or less then they must get it in and keep it in the box.

4. **If a team is down by 5 or more goals it is an automatic free clear starting at the midline for the team losing by 5.**

Covid Rules and regulations:

1. No water will be provided. Player must bring their own water.
2. Mask must be worn by spectators at all times.
3. Players must wear mask while walking between fields and off the field.
4. No team tents

Have you or any members of your household come into close contact (within 6 feet or less) of someone who is suspected, or has been tested, or has received a laboratory confirmed diagnosis of COVID-19 in the past 14 days? **Circle: Y or N**

Within the past 14 days, have you or any members of your household come in contact with anyone not part of your household who has had fever, chills, symptoms of lower respiratory illness such as cough, shortness of breath, difficulty breathing and/or gastric distress, nausea, vomiting or diarrhea, and/or new loss of taste and smell, and/or any other COVID-19 symptoms identified by the CDC or medical professionals? **Circle: Y or N**

The responsible parent is required to take their child's temperature 2 hours prior to arriving at the field for practice/game. **If it is 100.4 degrees or over, your child is not to be permitted to participate and should be kept at home.**

If you answer yes to any of the questions about your child is not to be permitted to participate. Thank you

We are on a mission to connect the club lacrosse community with the best experiences in the world by fostering collaboration in unison with competition, facilitating operational needs and helping to reduce costs for programs.