



BEGINNER BASH SCHEDULE

2025-2026

Wrestling Tournaments for New Wrestlers

The Beginners Bash events are designed to provide beginner wrestlers with a positive, supportive environment to start their competitive journey. These tournaments offer opportunities for: - Building confidence - Gaining experience - Developing skills - Competing against wrestlers of similar experience levels.

These co-ed beginner divisions are non-qualifying events. No REPS points will be awarded.

Coaches, club leaders, and parents are encouraged to work together to ensure each wrestler is appropriately placed and benefits from participating.

Eligibility Rules

To compete in a Beginner Bash Tournament, wrestlers must meet the following: - **1st or 2nd year wrestlers** (and not state champions) - *3rd year wrestlers may participate only if they have not competed in any regional, state, or national tournaments.*

Tournament Directors have final discretion on all eligibility decisions - Coaches are encouraged to help ensure compliance to create the best experience for all athletes



More Beginner Bash Tournament Info

Membership Information

Not a USA Wrestling member yet? No problem! Single Event Memberships are available at the beginner tournaments for just \$10 plus event registration.

2025 -2026 Beginner Bash Schedule

DECEMBER 2025

- DEC. 7 - LAKEVILLE
- DEC. 14 - ANDOVER
- DEC. 21 - WHITE BEAR LAKE
- DEC. 21 - ST. FRANCIS

JANUARY 2026

- JAN. 10 - STILLWATER
- JAN. 11 - COON RAPIDS
- JAN. 17 - SHAKOPEE
- JAN. 24 - CHISAGO LAKES
- JAN. 31 - ANOKA

FEBRUARY 2026

- FEB. 1 - WACONIA
- FEB. 1 - BLAINE
- FEB. 8 - KASSON-MANTORVILLE

Register for tournaments online at usabacketing.com



Join us for a season of growth, learning, and excitement as new wrestlers discover the sport we all love.