

Thursday May 16th:

Athlete and coach processing is at JW between 4-6pm
Room number will be posted on a sign at the front desk. All athletes and coaches must report to processing room.

Coaches check in for their hotel room at the front desk.

6:30pm Welcome meeting all coaches and athletes need to attend this room will also be posted at JW counter. Coaches if you can go get you and your athletes credentials over at the competition venue



Friday, May 17, 2019

Meet in lobby fed and ready to go at 7 am sharp (We will walk to the venue and take Region 5 pictures).

Practice 8-10:30 am (Qualifiers 1-7 only) Alternates may attend, but not workout. All athletes that compete for another Region will train with that Region during their designated practice time.

12-2:30 pm alternates MAY work out at DeVeau's or JPAC. (Athletes were given a waiver that must be filled out in order to practice there).

(All athletes will receive their number to be pinned on their back with year of graduation sticker. It is your responsibility to have this number at practice and at the meet).

*Any athlete competing for another region must practice with that Region.

- Regions 4/5 8:00 - 10:30 am
- Regions 3/6 10:30 - 1:00 pm
- Regions 2/7 1:00 - 3:30 pm
- Regions 1/8 3:30 - 6:00 pm

Coaches/Parents are responsible for lunch/dinner etc.

Welcome Party: 6:30 pm - 9:30 pm. Join us at the Indianapolis Zoo for an evening of fun that includes music, food, beverages and animal encounters with a parrot, turtle, lizard and snake! \$80

Parents are responsible for getting your athlete to and from the Zoo!

Junior and Senior A must leave the Welcome Party by 8:30 pm!

Saturday, May 18, 2019

Junior A and Senior A meet in Athlete Prep room @ 6:30 AM

Competition time 7:45 AM (\$5 per athlete breakfast fee)

Junior B and Senior B meet in Athlete Prep room @ 10:00 AM

Competition time 11:45 AM

Junior C and Senior C meet in the Athlete Prep room @ 3:00 PM

Competition time 4:45 PM

Curfew A/B/C 12:00 AM

Curfew D/E/F lights out at 10:00 PM

REGION 5 DREAM TEAM ITINERARY

Sunday, May 19, 2019

Junior D and Senior D meet in Athlete Prep room @ 6:30 AM, (all stuff must be out of the room and they should be fed) (\$5 per athlete breakfast fee)

Competition time 7:45 AM

Junior E and Senior E meet in the Athlete Prep room @ 10:00 AM (all stuff must be out of the room)

Competition time 11:45 AM

Junior F and Senior F meet in the Athlete Prep room @ 3:00 PM (all stuff must be out of the room)

Competition time 4:45 PM

All athletes must be out of rooms by Sunday, May 19, 2019 at 12:00pm

Please make sure you do not leave any teammates unattended in a room upon departure and all rooms must be clean.