

Players born 2014 through 2017 will play 7v7 (6 on 6 with a goalie).

- Their games will be 2, 25 minute periods with a halftime (halftime 2-3 minutes).
- Games will have “build-out” lines located midway between the top of the penalty area (not penalty arc) and half line. There will be offside from the buildout line to goal. Meaning players cannot “cherry pick”.
- Goal kicks will be kicks taken on the ground only.
- During goal kicks, opposing players **MUST** be behind the buildout line & wait until the ball is passed, before they can cross the build-out line.
- During goalkeeper hand possession, opposing players must retreat back behind the buildout line, players can cross the build-out line as soon as the ball leaves the goalkeeper's hands, regardless of whether it is a throw or dropped to their feet.
- Goalkeepers **cannot** punt (direct hand-to-foot distribution) or dropkick (letting the ball hit the ground immediately before kicking it) when making a save.
- Goalies may also distribute by throwing/rolling. Goalkeepers have 6 seconds with the ball to distribute.
- Throw ins from the sideline: If a player lifts their foot, they may take 1 redo; then if they lift their foot a 2nd time it goes to the opposing team.
- Opposing players must be 10 yds away from a corner kick and free kicks.
- Hand balls and other fouls are always at the discretion of the referee, and

are not to be argued.

- NO sliding/slide tackling. Encourage players to stay on their feet. If a player purposely slides it will result in an indirect free kick for the other team.

- Substitutions can happen on the following out of bounds...throw in, goal kick, injury or kick off. No subbing on the fly. Players must be subbed in from the halfway line.

- A goal can be scored directly off of a kick off.

- Kickoffs can move in any direction off the first touch. Players cannot dribble off a kickoff.

Direct free kick: A direct free kick is awarded if a player commits any of the following offences against an opponent in a manner considered by the referee to be careless, reckless or using excessive force:

- charges
- jumps at
- kicks or attempts to kick
- pushes with arm fully extended or pushes off
- strikes or attempts to strike (including head-butt)
- tackles or challenges
- trips or attempts to trip

If an offence involves contact.

- Reckless is when a player acts with disregard to the danger to, or consequences for, an opponent and must be cautioned
- Using excessive force is when a player exceeds the necessary use of force and/or endangers the safety of an opponent.
- a handball offence
- holds an opponent

Indirect free kick: An indirect free kick is awarded if a player:

- **Indirect free kick must touch someone.**
- impedes the progress of an opponent without any contact being made
- is guilty of dissent, using offensive, insulting or abusive language and/or action(s) or other verbal offences
- prevents the goalkeeper from releasing the ball from the hands or kicks or attempts to kick the ball when the goalkeeper is in the process of releasing

it • If a player passes back to the goalie and the goalie picks it up. • If a player slides/slide tackles.