

# **ROB WALLER'S ALL-AMERICAN WRESTLING CAMP**

**ACCEPTING ALL AGES @ BATTLE CREEK, MICHIGAN**

**Lakeview High School – 15060 Helmer Rd South Battle Creek, Michigan 49015**

**TECHNIQUE – INTENSE DRILLING – LIVE WRESTLING**



**ALL AGES & SKILL LEVEL WELCOME**

**Lakeview High School – Battle Creek, Michigan**

***Pennsylvania – Michigan – Ohio - West Virginia - Indiana – California – Illinois***

**Border Wars “MAT MADNESS” Individual Tournament Saturday 7/6.**

## **All-American Camp July 7<sup>th</sup> to July 11<sup>th</sup> 2019**

Head Coach of the Pennsylvania All-American WC, Rob Waller will bring his Staff of Clinicians to Battle Creek, Michigan. The main emphasis of this Camp will be teaching proper technique for Championship style wrestling. Instruction on multiple setups for double and single leg takedowns Bottom work to include, stand-ups, reversals, escape from leg rides. Top work to include, tilts, turns, & legs, excellent cradle series and fundamental breakdowns.

Wrestlers must bring their own lunch, drinks, snack. Local Campgrounds & Hotel's for overnight stay options.

\*Group Discount Consideration for School or Summer Travel Teams Registering 7 Wrestlers or more.

**Training Sessions & Schedule will be followed:** (Total of 9 Camp Sessions only \$160 – Commuters)

7/7 Sunday – Camp Check-In 8:00 am – 9:00 am \*Limited Overnight Campers accepted \$300

7/7 Sunday Sessions: 9:30 am – 12:00 and 1:00 pm – 3:30 pm

7/8 Monday Sessions 9:30 am – 12:00 and 1:00 pm – 3:30 pm

7/9 Tuesday: 9:30 – 12:00 pm / 1:00 – 3:30

7/10 Wednesday: 9:30 – 12:00 / 1:00 – 3:30

7/11 Thursday: 9:30 – 12:00 pm

\*Wrestlers planning to attend the Saturday July 7<sup>th</sup> Border Wars Tournament must register online (Separate from Camp Entry Fee) online Registration will be available under Mat Madness at: [TRACKWRESTLING](http://TRACKWRESTLING)

**Commuter Camp Fee \$160 Check or Money Order payable to: Lakeview Wrestling**

**Mail to: Chris Dunham, 1603 W. Highland Blvd. Battle Creek, Michigan 49015.**

[Online Registration Link Here](http://Online Registration Link Here) <https://tinyurl.com/WALLER19>

Contact Camp Host Coach Chris Dunham at: [cdunham@lakeviewspartans.org](mailto:cdunham@lakeviewspartans.org)

No refunds after the first day of Camp. \$50 penalty charged on any Checks Returned due to NSF.

Include wrestlers Name, Grade, weight, shirt size, and club on registration form with mailed payments.

**Info on July 12/14 NUWAY Rumble Weekend at:** [www.nuwaywrestling.com/grandriverrumble](http://www.nuwaywrestling.com/grandriverrumble)

Wrestler's Name \_\_\_\_\_ Grade \_\_\_\_\_ Weight \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Shirt Size \_\_\_\_\_

School/Club \_\_\_\_\_ Phone # \_\_\_\_\_ E-Mail \_\_\_\_\_

Parent Name & Signature \_\_\_\_\_