



Milton Youth Soccer Club

JDP Program Description 2021-2022

U7 Age Group (born 2015)

"Developing Players, Connecting Community"

Grassroots Orientation Days

Every player wishing to join the JDP program shall register for & attend both scheduled U7 Grassroots Orientation Days. It will help the players to get familiar with the program, meet coaches and other players. You should anticipate an Information Letter being sent to you no longer than 5 days following the last scheduled Orientation Day. The Information Letter will contain:

- program information & requirements,
- registration details.

* If you have attended the Orientation Days but NOT received the Information Letter from the Club after the 5 days please contact the Club's office at info@miltonmagic.com.

Registration and TeamSnap

Please follow the registration instructions included in the Information Letter to register your child for the program.

MYSC is using TeamSnap as the registration system. Before the program's kick-off, your player will be assigned to a TeamSnap age group/player pool, which will allow you to communicate with coaching staff and view all the upcoming events & their locations. TeamSnap App is available on Google Play and AppStore.

Program Fee Structure and Schedule

Total Fee	\$1,600
Payment Plan	1. September 30 th - \$400 2. October 31 st - \$400 3. November 30 th - \$400 4. February 1 st - \$240 5. March 1 st - \$160
Location	Indoor – Saint Francis Xavier Catholic Secondary School Dome Outdoor – Lion's Park Gym - TBA

What is included in the program?

Uniform	Puma Training (practice) Kit Puma Game Kit
Coaching Staff	Assigned by Technical Director
Program Structure	Year-round programming Structured training duration 45-60 min per practice Statutory Holidays Winter Break March Break
Indoor (October – April)	2 practices per week (turf) + 1 gym session (ball mastery/futsal)
Outdoor (April – September)	Outdoor practices – 3 practices per week U7 summer league
Player Registration & Insurance	OSCAR (Ontario Soccer Club and Academy Registry) registration and insurance coverage

Program Outline

LTPD (Long Term Player Development) Alignment	Fundamentals U7 LTPD Stage Boys and girls train separately
Grassroots Orientation Days	Every player wishing to join the JDP program shall attend both scheduled U7 Grassroots Orientation Days
Program Expectations	Full season commitment Adherence to the Player Code of Conduct and Concussion Code of Conduct
Number of Players	Open roster Player pool 10 players per roster
Player/Coach Ratio	As recommended by Technical Director
Playing Format	5v5
Ball Size	3
Field Size	Width: 18-22m Length: 25-30m
Maximum Goal Size	Pop-up goals 3ft (0.91m) x 5ft (1.52m)
Game Rules	Game Duration – 40 min max Maximum game time per player per day – 60 min Game Leader or Referee Restarts from sidelines - pass or dribble in No offsides Retreat line 1/2 Unlimited substitutions Training to game ratio – 3:1
Coach Licencing Standard (minimum)	Fundamentals + MED + RiS + Making Headway

Coach Evaluation (internal)	At least once a year
Player Feedback/Evaluation	N/A

Learning Outcomes

Technical	Dribbling, Running with the ball, Shooting, Ball Control, Receiving, Passing (low), 1v1 Attacking (low)
Physical	Agility, Balance, Coordination, Strength, Speed, Suppleness (low), Acceleration, Reaction, Basic Motor Skills, Perception, Awareness
Socio-Emotional	Listening, Communication, Sharing, Problem-solving, Decision-making, Empathy, Patience, Respect, Honesty
Psychological	Motivation, Self-Confidence, Competitiveness (low), Concentration (low), Commitment (low), Self-Control (low), Determination (low)