

Boys Summer Academy

A summer-long opportunity to improve in basketball-related skills and compete with classmates!

Campers meet once per week for 90 minutes (grades 3/4 and grades 5/6) and 120 minutes for grades 7/8

What is worked on in the boy's summer academy?

Offensive Skills:

- Footwork
- Ball Handling
- Shooting Form
- Shooting Footwork
- Reading Defense
- Finishing

Defensive Skills:

- Defensive Footwork
- Closeout Technique
- Reaction Time
- Reading Offense
- Rebounding
- Communication

Team Skills:

- Competitive Games
- 3 v 3 and 5 v 5 League and Tournament
- Qualities of a good teammate

Mental Performance:

- Mental Toughness Skills
- Traits of Exceptional People

Led by Boys Varsity basketball staff

Every camper gets a camp t-shirt and a summer of fun and development