

## SIZING Charts for JOG and BAUER

### JOG JERSEY Sizing

#### How to measure :

Lay your jersey flat

1. **Chest Width (A)**: measure from one inch under the armpits of the jersey horizontally from seam to seam. (e.g. an adult large jersey will measure 26" across (under the arms) on one side of the jersey, which will be 52" inches all around for an AL-52 size)

2. **Sleeve Length (B)**: measure from the edge of the collar all the way to the end of the wrist.

**\*\* Please note, JOG's jerseys are authentic game wear sizing. If you're planning to wear a JOG jersey for casual wear, we suggest you order 1-2 sizes down. \*\***



#### ADULT MEN

|   | Hockey Jersey (Player) | AS-48 | AM-50 | AL-52 | AXL-54 | A2XL-56 | A3XL-58 | A4XL-60 |
|---|------------------------|-------|-------|-------|--------|---------|---------|---------|
| A | Chest Width            | 24    | 25    | 26    | 27     | 28      | 29      | 30      |
| B | Sleeve Length          | 29    | 30    | 31    | 32     | 33      | 34      | 35      |

|   | Hockey Jersey (Goalie) | GC-AS<br>(52) | GC-AM<br>(54) | GC-AL<br>(56) | GC-AXL<br>(58) | GC-A2XL<br>(60) | GC-A3XL<br>(62) | GC-A4XL<br>(64) |
|---|------------------------|---------------|---------------|---------------|----------------|-----------------|-----------------|-----------------|
| A | Chest Width            | 26            | 27            | 28            | 29             | 30              | 31              | 32              |
| B | Sleeve Length          | 28            | 29            | 30            | 31             | 32              | 33              | 33.5            |

#### YOUTH

|   | Hockey Jersey (Player) | CHILD-36 | YXS-38 | YS-40 | YM-42 | YL-44 | YXL-46 |
|---|------------------------|----------|--------|-------|-------|-------|--------|
| A | Chest Width            | 17.5     | 19     | 20    | 21    | 22    | 23     |
| B | Sleeve Length          | 21       | 22     | 24    | 25    | 26    | 27     |

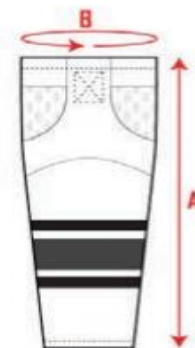
|   | Hockey Jersey (Goalie) | GC-YS<br>(44) | GC-YM<br>(46) | GC-YL<br>(48) | GC-YXL<br>(50) |
|---|------------------------|---------------|---------------|---------------|----------------|
| A | Chest Width            | 22            | 23            | 24            | 25             |
| B | Sleeve Length          | 24            | 25            | 26            | 27             |

### JOG Soxes Sizing Chart

#### SIZE CHART

| HOCKEY SOCK-ADULT |                    | AS    | AM    | AL | AXL   |
|-------------------|--------------------|-------|-------|----|-------|
| A                 | Length (inch)      | 28    | 30    | 32 | 34    |
| B                 | Top Opening (inch) | 21.75 | 22.75 | 24 | 25.25 |

| HOCKEY SOCK-YOUTH |                    | Child | YXS  | YS    | YM    | YL |
|-------------------|--------------------|-------|------|-------|-------|----|
| A                 | Length (inch)      | 18    | 20   | 22    | 24    | 26 |
| B                 | Top Opening (inch) | 17.25 | 17.5 | 18.75 | 19.75 | 21 |



## JOG APPAREL Sizing

### ADULTS



| SIZE | CHEST       | WAIST     | HIP         |
|------|-------------|-----------|-------------|
| AS   | 34.5 - 37.5 | 29 - 30   | 35.5 - 37.5 |
| AM   | 37.5 - 40.5 | 31 - 33   | 38 - 41     |
| AL   | 40.5 - 43.5 | 34 - 36   | 41.5 - 44   |
| AXL  | 43.5 - 46.5 | 37 - 39   | 44.5 - 47.5 |
| A2XL | 46.5 - 50.5 | 40 - 42   | 48 - 51     |
| A3XL | 50.5 - 53   | 42.5 - 45 | 51.5 - 54   |

### Youth Sizing



| SIZE  | CHEST       | WAIST   | HIP       |
|-------|-------------|---------|-----------|
| T4    | 21 - 22.5   | 19 - 20 | 23 - 24   |
| CHILD | 22.5 - 24.5 | 20 - 21 | 25 - 26   |
| YXS   | 24.5 - 26.5 | 21 - 22 | 27 - 28   |
| YS    | 26.5 - 28.5 | 22 - 23 | 28 - 29   |
| YM    | 28.5 - 30.5 | 24 - 25 | 29.5 - 31 |
| YL    | 30.5 - 32.5 | 26 - 27 | 31.5 - 33 |
| YXL   | 32.5 - 34.5 | 28 - 29 | 33.5 - 35 |

### Bauer Shell Sizing

|        | Junior    |           |           |            |           |           | Senior    |            |           |            |        |
|--------|-----------|-----------|-----------|------------|-----------|-----------|-----------|------------|-----------|------------|--------|
|        | XS        | S         | M         | L          | LT        | XL        | S         | M          | L         | XL         | XXL    |
| Weight | 55-80     | 60-90     | 70-100    | 80-110     | 80-110    | 90-120    | 120-160   | 140-180    | 160-200   | 180-220    | 200+   |
| Height | 4'1"-4'7" | 4'3"-4'8" | 4'7"-5'0" | 4'11"-5'4" | 5'3"-5'8" | 5'3"-5'8" | 5'3"-5'8" | 5'7"-5'11" | 5'9"-6'1" | 5'11"-6'3" | 6'1" + |
| Waist  | 22-23     | 22-24     | 24-26     | 26-28      | 26-28     | 28-30     | 30-34     | 32-36      | 34-38     | 36-40      | 38-40  |