



Berlin Youth Hockey Association, Inc.

PO Box 571
Berlin NH 03570

24-HOUR RULE:

Hockey can be an emotional sport. From time to time, BYH understands that an issue may arise. Whether it is a coaching error, a situation that occurred during a game or practice, parent conflict, teammate issue, or any other possible situation. When an issue occurs, emotions can get the best of an individual in the heat of the moment.

For this reason, BYH has adopted the “24-Hour Rule” which simply states that coaches, players, parents, guardians, or family members must allow 24 hours to pass before they confront a coach, league official or any other member of the organization if they have a disagreement or want to question, make remarks or a complaint.

The idea behind this rule is to not approach the coach, assistant coach, or another parent/spectator in the heat of the moment but taking time to process one’s initial thoughts.

Waiting 24 hours can give the parties involved a cooling/calming down period which can remove or decrease the emotional element so that the issue can be resolved in a calmer, more professional manner.

If you have an issue with a coach, do not approach the coach before a game or practice. Ask the coach about a time you can call or meet to discuss the situation.

Berlin Youth Hockey strives itself on creating a fun and welcoming environment to play, watch and enjoy the sport of ice hockey. To continue to provide a safe and fun environment BYH is asking that all players, parents and coaches follow the 24-hour rule when addressing their concerns.