

9th Grade Tryout information
Monday, August 16th
7:00-10:00 AM

- Goal:** Run players through all volleyball skills and rate their performance. Tentatively group players with others in their ability level for further observation.
- 6:30AM** Registration begins in high school commons outside main gym. Registration must be completed by **7:00 AM** (no exceptions).
- Athletes must have registrations completed and bring their signed "Volleyball Contract" (after reading the online volleyball handbook) to the tryout registration.
- Players should have filled out the "2021 Tryout Player Position" Registration by **Wednesday, August 11th**.
- 7:00** Players will have 10 minutes to warm-up and prepare for the tryout. Athletes will be expected to warm-up arms and stretch on their own during this time.
- 7:10** Team meeting and tryout expectations
- 7:15** Begin formal tryouts.
- 9:45** Cool Down. Coaches will use this time to speak with players (small group or individually) regarding Day 2.

Other Notes: **Players must come to tryout in expected practice uniform:**

- black t-shirt (no tank tops)
- black spandex
- crew-length white athletic socks and knee pads
- appropriate volleyball or running shoes
- filled water bottle

Players MUST bring MVP Card money/extra cards

