



Cottage Grove Hockey Association

COVID-19 Policy

(Updated November 10, 2020)

Cottage Grove Hockey Association (CGHA) remains committed to the safety and well-being of our community and our hockey families. As Phase 3 of Minnesota Hockey's Return to Play Guidelines began September 1, 2020, this policy was created and adopted by the CGHA Board of Directors.

CGHA adheres to guidelines provided by Minnesota Hockey, Center for Disease Control and Prevention (CDC), Minnesota Department of Health (MDH), local government and rink officials; however, this is not a guarantee that participants (players, coaches, volunteers, etc.) will not be exposed to COVID-19. Understanding and evaluating risks associated with hockey activities is imperative for all participants and parents/legal guardians; to reduce the risk, the hockey community must follow MDH/CDC guidelines, including but not limited to:

- Stay home when possible
- Socially distance yourself from others
- Avoid close contact with people who are sick
- Wear face coverings in public
- Thoroughly wash your hands with soap and water regularly; especially after being in public or blowing your nose, coughing, or sneezing
- Use a tissue, cover your mouth and nose, or cough/sneeze into your elbow

Mandatory "Health Screening" for Players, Coaches, and Spectators:

Participation in any CGHA event means the parent/guardian validates that neither the player, nor anyone in their household, nor anyone the player has been in immediate contact within the past two weeks has exhibited any of the following COVID-19 symptoms:

- Fever (100.4+)
- Chills
- Fatigue
- Headache
- Sore throat
- Nausea or vomiting
- Cough
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Congestion or runny nose
- Diarrhea

Players/coaches who begin to feel sick or display symptoms during a team event are required to report the condition to their coach/assistant coach and will need to leave the premises immediately (when applicable, a player's parent/guardian will be notified of the need to immediately pick up the player). The Team Manager or Head Coach will immediately notify the facility and the CGHA COVID-19 Coordinator so the area can be closed until properly sanitized.

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CONFIRMED CASES & POSITIVE TEST RESULTS:

Positive tests and confirmed exposures are required to be reported to CGHA's COVID-19 Coordinator, **Matt Foote** at covid@cghockey.com. For purposes of contact tracing, all positive cases will be reported to the Minnesota Department of Health.

- Parents/guardians are responsible for reporting any positive cases or close contact within the player's household.
- Coaches are required to self-report.
- Participants who test positive (CGHA players and coaches) are required to stay home for a minimum of 10 days from the date of the positive test. Participants must be symptom free for at least 72 hours without the aid of medication to return.
- Siblings and household members should stay quarantined for 14 days and follow the MDH guidelines on when to return.
- If a household member tests positive, all household members must quarantine for at least 14 days from the date of last positive test.
- If a positive case is revealed on the team of an opponent, the CGHA team must closely monitor the players health for 14 days.
- If a player/coach has symptoms and takes a test, he/she must refrain from all team functions until the test result is obtained.
- Upon a player/coach testing positive, all team activities will be paused until local health officials and/or MDH is consulted.
 - CGHA's COVID-19 Coordinator will notify all team members and parents/legal guardians if a teammate tests positive.
 - In accordance with the American with Disabilities Act (ADA), the person who tested positive will remain anonymous.
 - The team manager is responsible for notifying any opponents or teams that practiced or played with the infected player in the previous 14 days, while adhering to the ADA practice of confidentiality.
 - If it is found that a parent/legal guardian or coach intentionally neglected to report the positive test or confirmed exposure, the COVID-19 Committee and CGHA Board Officers will determine corrective action, up to and including suspension from the team.

Opponent Positive Case:

Any team who has played an opponent that had a player test positive for COVID-19 within 48 hours of the game conclusion, must quarantine for 14 days from the date of that game.

Close Contact:

Anyone who comes in close contact with a known Positive COVID-19 case, must quarantine for 14 day from the date of contact. Testing Back in will NOT be permitted. If a close contact letter is sent home from school, it must be presented to the COVID-19 coordinator at covid@cghockey.com.

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The Two in Five Rule:

CGHA teams will work with a “two in five” approach when positive COVID-19 tests are reported:

- **Individual Team**
 - 1st player/coach with a positive test in individual must quarantine for 14 days
 - 2nd player/coach with a positive test from a different household within 5 days of the 1st, will result in a team quarantine for 14 days.

CONTACT TRACING:

Team **must** maintain accurate rosters and attendance for all games, practices and activities using the Sports Engine tool as the system of record.

- Team managers and coaches are responsible for ensuring parents consistently utilize the RSVP feature throughout the season.
- The CGHA COVID-19 Coordinator will immediately notify teams if they have been reportedly exposed to COVID-19 at a CGHA event.

MASK AND EQUIPMENT REQUIREMENTS:

In accordance with the Minnesota mandate, face coverings are required while inside a facility. Players are expected to follow all rink and CGHA protocols.

- Unless wearing their helmet or is on the ice, all players must wear a mask from the time they enter a facility until they exit the building.
 - Any player refusing to follow and/or frequently violating the rules will be removed from the premises and must appear in front of the CGHA Grievance Committee before they are allowed to resume team activities.
- Per Phase 3 of MN Hockey’s Return to Play Guidelines, all coaches must wear a mask before, during and after practice.
 - Coaches are expected to wear their masks on the bench and in the locker-room.
 - Coaches refusing to adhere to a rink’s mask requirement will not be allowed on the bench until they are able to appear in front of the CGHA Grievance Committee.
 - On-ice officials are not required to wear a mask while officiating on the ice.
 - Attendees in the booth will be limited to allow for social distances.
 - Scoreboard, scoresheet and door attendants must wear a mask.

CGHA-owned goalie gear which is shared will be distributed to teams per usual.

- It is the responsibility of the individual family utilizing the gear to ensure it has been properly cleaned and sanitized prior to their player’s use.
- In-house goalies are encouraged to wear their own helmets (goalie-specific helmets are not mandatory at these levels) and may choose to wear their own skater gloves in lieu of the goalie glove and blocker.
- Players are not required to play goalie and can opt out without consequence.

Food or Drink:

- Everyone is responsible for bringing their own clearly labeled water bottle; players should not count on refilling their containers at any rink at this time.
- No sharing of food is permitted at any time.