



# Arcadia Apache Invite

**Friday** will be our 8th time at the Apache Invite hosted by Arcadia High School. This meet is on a flat fast course and is designed to give our athletes one last shot at a 3-mile PR and the record books before league finals. The course runs very similar times to Dana Hills. This is a smaller meet, but some of the best teams in So Cal will be there! We will be stopping for food on the return ride home, so please bring money for food. Students will be missing periods 5 and 6 and will need to check with teachers on Thursday to see what they will miss so they can make sure to get that work done. Students will call parents when we get 15 minutes from the school for pick up. Go out there and break some records!

What to bring?	Meet Schedule	Time Schedule
<b>Uniform:</b> (on when you get to the bus)	Boys Frosh – 4:40 pm Girls Fr/Soph – 5:10 pm	Out of Class - 12:15 pm
<b>\$\$\$</b> for T-Shirt (optional) & Food (lunch and dinner)	Boys Soph – 5:45 pm Girls JV – 6:15 pm	Bus leaves GO – 12:45 pm
<b>Running shoes</b> & racing flats and extra pair of socks	Boys JV – 6:45 pm Girls Varsity – 7:15 pm Boys Varsity – 7:45 pm	Arrive at Meet – 2:30 pm
<b>Food:</b> ex: bagels, bananas, fruit, water and Gatorade	Girls Sweeps – 8:10 pm Boys Varsity 8:35 pm	Leave Meet – 9:20 pm
<b>Extras:</b> Sunscreen, homework, food & water!	<b>Arcadia County Park</b> <b>405 S. Santa Anita Ave</b> <b>Arcadia, CA 91006</b>	Arrive Back at GOHS ~Midnight <b>Depends on Traffic</b>

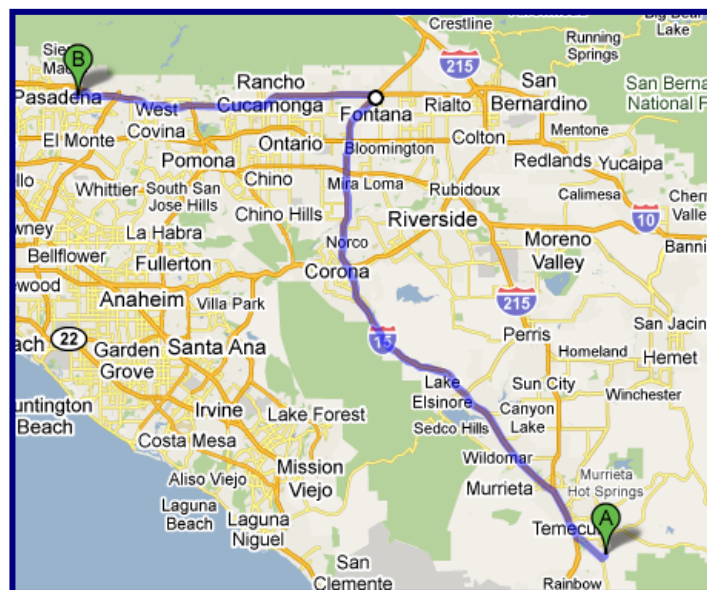
Deer Hollow Way, Temecula, Riverside, California 92592

- Head southwest on Deer Hollow Way toward Co Road 16/Pala Rd 0.5 mi
- Turn right at Co Road 16/Pala Rd 2.6 mi
- Turn left at Temecula Pkwy 0.7 mi
- Slight right to merge onto I-15 N toward Riverside/Los Angeles 57.2 mi
- Take the State Route 210 W exit toward Pasadena 0.3 mi
- Merge onto CA-210 W 18.7 mi
- Continue onto I-210 W 11.9 mi
- Take exit 33 for Huntington Dr toward Arcadia 0.3 mi
- Turn right at W Huntington Dr 0.9 mi
- Turn left at S Santa Anita Ave 0.3 mi  
Destination will be on the right

405 S Santa Anita Ave  
Arcadia, CA 91006

Please double check directions. There are faster ways, but this way is easiest.

Parents, please park in the huge lot on Santa Anita Ave. just south of Huntington Dr.



**Great Oak High School Cross Country**  
Coach Soles – Cell # 951-326-6992  
Email – dsoles@tvusd.k12.ca.us