

## PLAYERS' CODE OF CONDUCT

- I will remember that, as a member of Phoenix Rugby, I am an ambassador for my team, sponsors, sport and community.
- I will set a positive example for others, particularly young players and supporters. This includes my physical appearance and demeanor in public, in training, in coaching, when competing and especially in defeat.
- I will demonstrate high regard for the best interest of the game when publicly expressing an opinion on the game or any particular aspect of a match or incident.
- I will use appropriate language when representing our club and sport in public places.
- I will honor people's differences in private and public, including social media. I understand Phoenix Rugby will not tolerate discrimination of any kind, including age, sex, race, color, creed, religion, ethnicity, sexual orientation, gender identity, national origin, citizenship, disability, or marital status or any other legally recognized protected basis under federal, state, or local laws, regulations or ordinances.
- I will operate in the spirit of fair play and will abide to the Laws of the Games during training and competition.
- I will accept the decisions of Match Officials and will show respect at all times.
- I will abide by the instructions of coaches and team officials and show respect at all times.
- I will demonstrate respect for teammates, coaches, opposition players, team officials and supporters at all times.
- I commit to developing my sporting abilities in terms of skill, technique, tactics and fitness. I will strive for a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities.
- I will refrain from conduct detracting from my ability or that of my teammates to attain peak performance.
- I will safeguard the physical wellbeing of my teammates and opponents, avoiding unnecessary violent play or any behaviors that may cause harm or bodily injury.
- I will resist any temptation to take banned substances or used banned techniques.
- I will manage my injuries, and rehabilitation from my injuries, with honesty and openness with my coaches and medical staff at all levels.
- I will resist any influence which might, or might be seen to, bring into question my commitment to the team winning.

**By joining the Phoenix Rugby Club you are acknowledging and accepting the terms of the Phoenix Rugby Code of Conduct.**

**Failure to comply with the Code of Conduct could result in probation, suspension, termination and/or community service.**

**All violations will be heard by the team executive committee, the infracting player and a team representative of the infracting players choosing.**