

Rosemount Track and Field All-Time Top Ten +

100m

Jaylene Gerenz	11.96	1988
Arianna Passeri	12.47	2016
Josie French	12.48	2015
Rachel Schow	12.49	2014
Cindy Johnson	12.66	1988
Katie Murgic	12.66	2010
Shade Pratt	12.71	2010
Megan Dean	12.72	2006
Lisa McCrady	12.73	1987
Shae Buchman	12.79	2018
Thana Hussein	12.85	2010
Laura Ohland	12.88	1988
Laura Ocel	12.8	1981

800m

Heather Dorniden	2:10.42	2005
Morgan Lawler	2:15.77	2016
Sheila Haugh	2:16.06	1984
Shade Pratt	2:18.	2010
Krista Giliuson	2:19.33	2003
Laura Dennis	2:21.80	2011
Britta Nelson	2:22.67	2008
Dani Follett-Dion	2:23.07	2018
Sydney Hansen	2:23.13	2018
Sara Tieri	2:23.27	1994
Kara Lanfestey	2:23.50	1987
Tori Grund	2:23.67	2012
Angie Greven	2:23.9	1983

200m

Jaylene Gerenz	24.91	1987
Rachel Schow	25.32	2012
Shade Pratt	25.47	2010
Megan Dean	25.86	2006
Stacey Anderson	26.08	1991
Julie Kasten	25.9	1989
Megan Mullins	26.18	1994
Cha Senior	26.34	1988
Katie Murgic	26.50	2009
Alex Wolf	26.52	2018
Cindy Johnson	26.60	1987

1600m

Heather Dorniden	5:03.17	2005
Jenny Klish	5:09.5	1986
Sydney Hansen	5:13.55	2018
Tori Grund	5:14.91	2010
Shade Pratt	5:16.	2010
Melissa Johnson	5:16.2	1985
Liz Evenocheck	5:17.08	2015
Alicia Mundahl	5:18.3	1982
Suzanne McKay	5:19.2	1985
Hannah Grim	5:22.38	2011
Courtney Hugstad-Vaa	5:22.77	1997
Dani Follett-Dion	5:23.25	2016
Emily Davis	5:23.99	2012
Taylor Rambo	5:25.64	2012
Mae Badger	5:27	1982

400m

Heather Dorniden	55.29	2004
Shade Pratt	56.06	2010
Megan Dean	57.57	2007
Megan Mullins	57.95	1995
Jenna Johnson	57.97	2018
Jenna Eichten	58.26	2016
Sheila Haugh	58.6	1985
Morgan Lawler	59.36	2014
Thana Hussein	59.57	2011
Becky Kjeldsen	59.73	1997
Ronna Ledin	60.26	1993
Laura Ocel	60.3	1982
Amber Johnson	60.85	2018
Ava Cinnamo	60.85	2018
Krista Giliuson	60.87	2003

3200m

Courtney Hugstad-Vaa	11:13.40	1997
Alicia Mundahl	11:16.79	1985
Jenny Klish	11:22.0	1985
Tori Grund	11:32.55	2011
Kelsey Magnuson	11:34.54	2009
Mae Badger	11:37.7	1982
Weimer	11:40.5	1976
Liz Evenocheck	11:41.53	2012
Hannah Grim	11:45.20	2011
Dani Follett-Dion	11:50.77	2017
Taylor Rambo	11:52.49	2012

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Kate Beckwith	11:54.19	2017
Tess Grunklee	11:56.04	2018
Melissa Johnson	11:56.8	1985
Emily Davis	11:59.86	2012
Megan Doherty	12:01.0	2001

100m High Hurdles

Shae Buchman	14.08	2017
Rachel Schow	14.23	2015
Ellie Vraa	15.38	2013
Michelle Pederson	15.48	1987
Cathy Francois	15.56	1998
Paula Schwartzbauer	15.58	1987
Alyssa Temte	15.60	2010
Lynn Robohm	15.81	2007
Lisa Janusch	15.6	1985
Lindsey Halter	15.94	1994
Rose Sieve	16.14	2018
Jennifer Horn	16.36	1992
Tina McGivern	16.46	2010
Kaneeshia Johnson	16.46	2008

300m Low Hurdles

Rachel Schow	43.87	2014
Ava Cinnamo	45.35	2018
Rose Sieve	45.58	2018
Paula Schwartzbauer	45.63	1987
Shae Buchman	45.77	2017
Cathy Francois	45.77	1997
Ellie Vraa	45.93	2013
Lisa Janusch	46.1	1985
Madeline Phillips	46.32	2012
Michelle Pederson	46.51	1987
Renee Hawkins	47.03	1996
Lindsey Halter	47.57	1994
Rebecca Francois	47.81	2016
Bridget Krech	47.82	1987
J Horn	48.39	1992
Shannon Dietrich	48.67	1994
Molly Kinsella	48.78	1994

High Jump

Lexy Berger	5'7"	2016
Lauren Preiner	5'5"	2018
Alex Wolf	5'4"	2018
Lynn Robohm	5'4"	2007
Natalie Busher	5'3"	2010
Sue Schwanz	5'3"	1980
Laura Dennis	5'2"	2010
Lynne Quinn	5'2"	1984
Jenne Kasten	5'2"	1987
Laura Ohland	5'2"	1987
Michelle Pederson	5'2"	1988
Katie Murgic	5'1"	2009
Terri Sports	5'1"	1978
Megan Eul	5'1"	2006

Long Jump

Lisa McCrady	18'6"	1987
Shae Buchman	18'5"	2018
Arianna Passeri	18'00.25"	2018
Haley Polk	17'3.75"	2013
Stacey Anderson	17'2.25"	1992
Kelly Eastman	16'11.5"	1987
Lisa Janusch	16'11.25"	1985
Josie French	16'8.75"	2015
Katie Murgic	16'7.75"	2010
Angie Meath	16'5.75"	2001
Kaneeshia Johnson	16'5"	2007
Brooke Goldensoph	16'4.5"	1987
Ronna Ledin	16'4.25"	1994
Michelle Pederson	16'4"	1987
Megan Dean	16'4"	2007

Triple Jump

Arianna Passeri	37'3.75"	2018
Natalie Busher	37'00.75"	2012
Alex Wolf	36'8.5"	2018
Alyssa Temte	36'3.25"	2010
Lauren Preiner	35'4"	2018
Josie French	35'2"	2016
Haley Polk	34'11.5"	2013
Kaneeshia Johnson	34'9"	2008
Theresa Hausmann	34'4.5"	2018
Chella Maltese	34'00.25"	2015

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Kate Thompson	33'5"	2016	Discus		
Kirsten Hoffman	33'0"	2010	Shannon Omites	138'4"	1979
Stacey Anderson	32'10.5	1992	Katie Duff	130'11	2013
Ubl	32'2"	1991	Kristi Janusch	124'10.75"	1984
Karna Bostrom	32'0.25"	2006	Marissa McDonald	124'10"	2004
Claire Judeh	31'11"	2011	Ashley Hahnfeldt	124'00"	2017
Alyssa Eichten	31'9"	2017	Nicole Floersch	124'00"	2009
			Tierra Doss	120'3"	2018
Pole Vault			Barb Padrta	118'4"	1976
Katie Murgic	12'0"	2010	Emily McDonald	117'3"	2008
Lexy Berger	12'0"	2018	Anansa Greenfield	115'8"	2010
Piper Murray	9'6"	2012	Lori Wahlsten	115'5"	1994
Tess Durscher	9'0"	2018	Leah Blanchard	113'7"	1986
Lauren Spindler	9'0"	2018			
Amanda Kyhn	9'0"	2017			
Heather Dorniden	8'9"	2003			
Stephanie Kill	8'6"	2000			
Allison Eggers	8'6"	2004			
Kelly Rowe	8'6"	2013			
Caitlin Heule	8'3"	2007			
Shot Put					
Steph Scholtes	40'4"	1988			
Tierra Doss	39'4"	2018			
Shannon Omites	38'2.5"	1978			
Sheila Hack	37'8"	1994			
Ashley Hahnfeldt	37'3"	2017			
Angie Bunkholdt	36'7.5"	1991			
Kaci Thompson	35'4"	2017			
Katie Toombs	35'3"	2011			
Kita Caradori	35'0.5"	2007			
Ann Leake	34'8"	1982			
Abby Monn	34'4"	2013			
Haley VonBank	34'1"	2012			
Dean	33'11.5"	1991			
Jackie Perro	33'7.75"	1982			
Trina Walter	33'5.5"	1978			