

2024 INGLA SPRING COACHES MEETING

Saturday, February 3, 2024

WIFI - Guest

Center Grove Middle School Central - Host Site



INGLA

2024 INGLA SPRING COACHES MEETING

Saturday, February 3, 2024

Welcome! We're so happy that you're here.

Please make sure that your **microphone is MUTED**

and **video ON** for the majority of the meeting.

You can **use the chat feature to ask questions** while the meeting is taking place. One of the INGLA board members will always be monitoring the chat and answering questions where possible.

If you have internet issues and are unable to continue joining our video meeting, please **use your phone to call into the meeting** so that you can at least hear what's going on.



Agenda

- Welcome from the INGLA Executive Committee - *Josh Miller*
- In Memoriam of Jack Meachum
- Financial Report - *Aaron Kadel*
- Development Report - *Rachel Frantz*
- IHSAA Discussion - INGLA Calendar Review - Indiana SRN - *Beth Boles*
- Competition Rules Update / Playoff Committee Report - *Josh Miller*
- Bylaws Update - *Aaron Kadel*
- Awards Update - *Mary Ann White*
- Website - *Jason Barnett / M.E. Mildenberg*
- Break - Attendance
- Officials Update - 24 Fees, Rule Changes, Game Change Form - *John Sherman*
- Rules Interpretation & Review - *John Sherman*
- Q & A — *All*

In Memoriam



The Boys' Lacrosse Coach at Carmel High School tragically passed away on August 21, 2023 as a result of an automobile accident. Many of you may have had interactions with Coach Jack over the years in his capacity as True – Indiana Director or as a member of the IHSLA Board. He has had a profound impact on so many young athletes in Indiana and his influence on them will carry on through his hard work, leadership, and positive attitude. Jack was a fierce competitor, coach and positive force in growing lacrosse in the state for boys and girls and he will be missed.



Financial Report - Aaron

Bank



\$44,337


2024 Dues



\$3,050

7 Teams

2023 Due

 INDIANA GIRLS LACROSSE ASSOCIATION

INVOICE

Bill To: Girl Lacrosse Invoice No. 2024 04 JUL 1776

Quantity	Description	Rate	Amount
1	2024 Varsity Dues	\$300	\$300
Total			\$300

\$900

Ref Pay Program



12 Teams

Est. Expenses



\$28,000

INGLA Grant



\$3,500

Scholarship



\$500

Payment Methods



Financial Report - Aaron

- INGLA has \$44,337
- 2024 Dues due Yesterday Feb 2
 - \$3,050 in Outstanding Dues for 7 Teams
- 2023 Outstanding Invoices \$900
- Estimating \$28,000 in 2024 Expenses
- INGLA Grants for New and First / Second Year Teams \$3,500
- \$500 Scholarship Award
- 2024 Referee Payment Program, 12 teams Participating
 - INGLA Pays Referees → INGLA Invoices Team → Team Pays INGLA
- Payment Methods - Check, Zelle, *Cash App*, *Venmo*...
- Questions? Concerns? Email inglatreasurer@gmail.com

Development Committee Update - Rachel

- ❖ Helping new and young teams grow to be sustainable
 - Grant program
 - “INGLA for Dummies” handbook
 - Where to start
 - Who to know
 - Wtf is arbiter
 - Starting a season
 - FAQs



Development Committee Update - Rachel

- ❖ Helping new and young teams grow to be sustainable
 - Grant program
 - “INGLA for Dummies” handbook
- ❖ We have 3 new teams hoping to add next season! (We are coming for you IHSAA!!!)
 - La Porte
 - Valparaiso
 - Bishop Luers

What would you say is the FIRST thing a new coach or new program needs to do?

8 responses

We are not a new team friendly operation. (That may be just how it is, not a judgement.) I would hope that a new coach had someone to help them navigate the rules, fees, ins and outs of our league. I was fortunate to have that or we would probably not have made it past the second season.

New Coach (established program) first step- come up with your goals for the season/program, then meet with various constituent parties (parents/AD/board/past varsity players) and make sure those goals align and the various groups support you and are prepared for the expectations that come with that vision. New Program first step- if you don't have personal experience playing or coaching lacrosse before I would start by watching a game on youtube and heading over to USA Lacrosse for some basics, then start trying to gauge interest in the new program or doing events/social media to drum up interest. Meeting with the AD to start off on the right foot with the school. Reaching out to INGLA for help and figuring out what basics you need to get the program going. If you've played before you can skip to drumming up interest- it is critical that the girls who are most interested become recruiters if you aren't working at the school.

I am not a new coach but new to Indiana Lacrosse. I think reaching out to other coaches for advice on the ins and outs of the league has been helpful to me.

Understand basics of the game - common terminology - layout of field - progression of basic skills

Development Committee Update - Rachel

- ❖ Helping new and young teams grow to be sustainable
 - Grant program
 - “INGLA for Dummies” handbook
- ❖ We have 3 new teams hoping to add next season! (We are coming for you IHSAA!!!)
- ❖ [Coach Mentorship Program](#)
 - Have you touched base with your pair?
 - Spread the coaching love- drills, logistics, tips and tricks

I am not a new coach but new to Indiana Lax. I think reaching out to other coaches for advice on the ins and outs of the league has been helpful to me.

Understand basics of the game - common terminology - layout of field - progression of basic skills

how to run a practice and learn the game

FIELD space / cost

Contact INGLA Board for assistance

Understand current state before you change anything. If starting a new program, understand the relationships you have with the community and the school and utilize the one's that you have strong connections with.

2A Coaches - North Region

Carmel — Josh Miller

jmiller32@ccs.k12.in.us

Culver — Debi Trau

debi.trau@culver.org

Fishers — Bill Laffin

blaffin@hse.k12.in.us

Hamilton Southeastern — Rex Holliday

rob.holliday@comcast.net

Noblesville — Wylie Crisanti

wylie.crisanti@outlook.com

Penn — Rebecca Plantz

plantzrebecca@gmail.com

Westfield - Kirk Reis

kdrew622@gmail.com

Zionsville — Dave Elefante

delefante@zcs.k12.in.us

2A Coaches - South Region

Bishop Chatard — Julie Jerrell

jjerrell06@yahoo.com

Brebeuf Jesuit — Nick Estey

nestey@brebeuf.org

Castle — Sheila Byrd

shelia.byrd@evsck12.com

Cathedral — Mary Ann White

white@gocathedral.com

Evansville Memorial — Tracy Martin

tracy lm97@hotmail.com

Evansville North — Troy Shekell

troy shekell@hotmail.com

Guerin Catholic — Joe Bellflower

jbellflower@guerincatholic.org

Heritage Christian - Beth Boles

bsm@tds.net

1A Coaches - Sectional 5

Chesterton — Jason Kresal

spetasal_1@yahoo.com

Crown Point — Danielle Hillas

dhillas@gmail.com

Munster — Ted Burzynski and Emma Terrazas

tfb2066@gmail.com and emma@emmaterrazas.com

Northridge — David Williams

nhs raiders lax@gmail.com

Saint Joseph — Rebecca Broadwick

sjgirlslax453@gmail.com

South Bend - Isabella Montgomery

isabella montgomery 8@gmail.com

1A Coaches - Sectional 6

Avon — Ronn Mesarosh

themasarosh7@att.net

Brownsburg — Jeremy Kinman

brownsburglax@gmail.com

Homestead — Madelyn Monroe

madelyn.monroe@yahoo.com

Lafayette Harrison — Isabel Lowry

ilowry@purdue.edu

North Central — Ruben St. Louis

coachstlouis@gmail.com

Park Tudor - Leslie Sherman

leslie.sherman@gmail.com

1A Coaches - Sectional 7

Center Grove — Craig Jarrett

craig.jarrett.12@gmail.com

Columbus North — Maddisyn Weisman

maddisyn.weisman@gmail.com

Franklin Community - Shaun Bingham

lacrosse@franklinschools.org

Lawrence North — Alexandra Kocher

alexandra.kocher@msdlt.k12.in.us

Roncalli — Anna Ziemba

annaziemba22@gmail.com

Southport — Rachel Frantz

rfrantz@perryschools.org

Warren Central — Gary Roberts

robert.swchs@gmail.com

1A Coaches - Sectional 8

Bloomington — Leslie Cook

brown.pride.slax@gmail.com

Bosse — Kenny Benoit

boss.girls.lax@gmail.com

Evansville Central — Jeff Hart

jeffrey.hart@rb.com

FJ Reitz — John Helfert

reitzgirls.lax@gmail.com

South Gibson — Jeff Plasse

jeffplasse7@yahoo.com

JV Team Coaches

Elkhart — Heather Ashton

ashton@mishawaka.k12.in.us

Leo — Jennifer Banks

jabs.04@hotmail.com

Perry Meridian — Sean Terry

terrysean02@gmail.com

Not Fielding A Team

Boonville

Evansville Harrison

Martinsville

Princeton Community

Whiteland

IHSAA & INGLA Discussion - Beth/Josh

- **A phone conversation was conducted on January 8, 2024**
- **An in-person meeting was conducted on January 23, 2024**
 - A joint committee between the boys' league (IHSLA) and INGLA will be meeting to prepare a proposal for lacrosse to be considered as an Emerging Sport with the IHSAA. The IHSAA Emerging Sport bylaws have been significantly changed since their initial iteration and have been written to be more favorable for successful adoption. Essentially, the IHSAA requires ten letters stating that the school offers the sport and will continue to do so during the 2024 (2025??) season. In addition, we will need an additional 10 schools that offer the sport. These 20 schools do not need to fully fund the program as there are many degrees of support. Recognition can include: athletes can earn a varsity letter, paying for transportation, use of field/facilities, etc. A survey is being created and will be sent to membership and athletic departments next week. This is an exciting step towards recognition of our sport. The data from Boys Volleyball and Girls Wrestling has pointed to large growth after the IHSAA announcement and we hope to harness that same energy.

Beth will be collecting questions so please email her: **bsm@tds.net**

INGLA 2023-2024 Calendar Review- Beth

- ***Full Calendar found under INGLA Website Documents page > 2024 Season***
- **February 11**
 - All coaches must have at least a Bronze Level USA Lacrosse Coach Membership and be registered on the INGLA website.
- **February 12**
 - Team practices / any mandatory team event may begin only if INGLA dues have been paid, all coaches are registered with USA Lacrosse & INGLA, all players are registered with USA Lax.
- **February 27**
 - All players must be registered with USA Lacrosse & INGLA.
- **March 1 - FRIDAY!!!**
 - Opening day for games

INGLA 2023-2024 Calendar

- **May / June**

	Class 1A	Class 2A
Last day to withdraw from tournament	May 1	May 1
Last day of regular season games	May 8	May 8
Sectionals / Round 1	May 15-22	May 10-11th
Quarter Finals	N/A	May 17-18th
Semi Finals	May 28-29	May 28-29
Finals	June 1	June 1



Indiana SRN (Sports Radio Network)

Lacrosse Game of the Week

Sat. 3-9	St. Joesph @ Center Grove	4:00pm
Thur. 3-14	Carmel @ Guerin	7:00pm
Thur. 4-11	Culver @ Brebeuf	7:00pm
Sat. 4-13	Evansville Bosse @ Avon	12:30pm
Tue. 4-16	Westfield @ Heritage Christian	7:30pm
Sat. 4-20	Evansville Central @ Warren Central	12:30pm
Sat. 4-27	Evansville North @ Zionsville	3:00pm
Mon. 4-29	Hamilton Southeastern @ Noblesville	7:30pm
Thur. 5-2	Cathedral @ Bishop Chatard	7:30pm
Fri. 5-3	Brownsburg @ Park Tudor	6:00pm

**This year INGLA will be utilizing
Indiana SRN to broadcast games of
teams from across the state.**

All games on IndianaSRN.org

You always have a front row seat.

Indiana SRN (Sports Radio Network)

Streaming has become quite a rage in sports broadcasting with outlets such as ESPN+, Fubo TV and DirecTV, along with successes such as Disney+, Hulu, Netflix, Amazon Prime and Max outside of sports.

On a local level, SRN covered 300 high school games in 2023 with an impressive webcast viewership of 1.3 million. SRNs audience demographic is substantial, with 42% falling within the 35-60 age range and 50% within the 18-34 age group. Additionally, SRNs viewership comprises 60% males and 40% females. Average viewing time is 43 minutes. Nationally viewing average is 23 minutes.

Sponsorship packages are available and more information will be sent out.

INGLA Loaner Stick Program

In 2023, INGLA partnered with Empire Lacrosse and purchased 25 girls lacrosse sticks to be available to any school or program to use for free, for free learn to play clinics and events.

Empire Lacrosse, cberju@empirelax.com or 317-574-4529, stores the sticks and is the contact point to pick up and return the sticks.

The sticks have been loaned out four times since the program started. Let's keep it up and continue to grow the game!

Competition Rules / Coaches Compliance and Guidelines- Josh

Committee Meeting took place on January 2nd

- Discussion within that meeting resulted in making this document a one stop shop for coaches. We are proposing to rename the Competition Rules to the Coaches Compliance and Guidelines Handbook.
- This document can be found on the INGLA website under coaching documents.

Swing Players / Number of Quarters

- There is no rule regarding double-rostered players. Players that participate in Varsity or JV contests must be rostered correctly on both teams on INGLA.
- To align with IHSAA rules, INGLA will be working towards implementing a 6 (six) quarter limit per player for non-playday season dates. This limit will not be applied during scheduled playdays. For any games, all players must be rostered, play in good faith, do not stack JV games with Varsity players and please show good sportsmanship to not run up a score.

USA Lacrosse Coach Development



COACH DEVELOPMENT PROGRAM LEARNING PATHWAYS

USA Lacrosse is expanding the resources available in our Coach Development Program to enhance educational opportunities and increase safety for both coaches and players. These new Learning Pathways provide educational options for every level of coach.

Certification Pathways These offer coaches the opportunity to advance their learning through structured levels and to achieve nationally recognized certifications. All coach members also gain access to the USA Lacrosse Mobile Coach App.

BRONZE
INCLUDED WITH COACH MEMBERSHIP

Entry Level Coach Certification

Requirements:

- » Valid Membership
- » Background Check
- » Abuse Prevention
- » Cardiac Care
- » Concussion
- » Cultural Competency
- » Annual Rules Test

SILVER
\$35

Foundational Level Coach Certification

Requirements:

- » Valid Bronze Level
- » Proper Contact Course
- » 4 additional Silver Level courses

Other Benefits:

- » Full access to all Silver level courses
- » Discounts on Educational Academies

GOLD
\$35

Intermediate Level Coach Certification

Requirements:

- » Bronze & Silver Levels
- » 5 Gold Level courses

Other Benefits:

- » Full access to Silver & Gold level courses
- » Discounts on Educational Academies

PLATINUM
\$35

Advanced Level Coach Certification

Requirements:

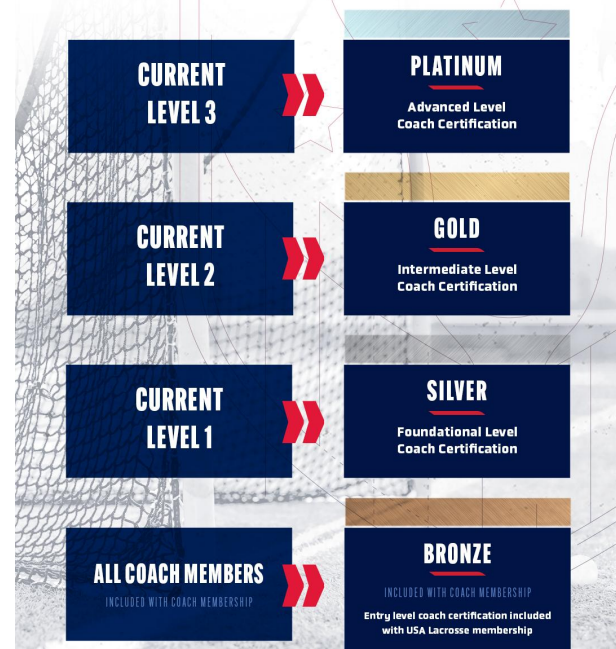
- » Bronze, Silver, & Gold Levels
- » 5 Platinum Level courses

Other Benefits:

- » Full access to entire library of courses
- » Discounts on Educational Academies
- » Eligible for Coach Camps

COACH DEVELOPMENT PROGRAM LEARNING PATHWAYS

EFFECTIVE JAN. 1, 2024



Existing certifications will be transitioned to the appropriate new category at no additional cost

INGLA State Tournament Review

- **2024 Class 2A Point System Update**
 - LaxNumbers
 - Current point standings
 - i. 6 or more points will automatically move you from 1A or 2A. Current Points:
 1. Park Tudor - 4
 2. Center Grove - 3
 3. St. Joe's - 2
 4. Evansville Central - 2
- **Application to host 2024 Semi-State and State Games**
 - We will begin accepting applications after the meeting. Please download the application from the website and submit to Josh: jmiller32@ccs.k12.in.us

Bylaws Updates - Aaron

- Proposed Updates Include
 - Align and reference [IHSAA Gender Policy](#) and [IN House Enrolled Act 1041](#).
 - Consolidate redundant information between Bylaws and Coaches Compliance and Guidelines Handbook.
 - Clarify team affiliation from must participate on team of attendance to allow for closest school with team.
 - Clarify language for meetings and voting rights.
 - Align graduate eligibility with IHSAA.
 - Revise penalty for failure to pay previous season outstanding balances from ineligibility to participate in state tournament to forfeiting games until in good standing.

Awards - Mary Ann

INGLA	USA Lacrosse
All-Sectional (1A) / All-Area (2A)	Coach of the Year
All-State (1A and 2A)	Jackie Pitts
Indiana All-Academic	All-American
All-Tournament Team	Academic All-American
Candi Parry Award	

End of Season Awards Timeline

March 1 - May 1	Submit nominations for Watch List	https://forms.gle/RkENefU36uu1fP xv8
April 29 - May 3	Ask school counselors for GPA of your Varsity roster and ask players for resumes / extracurriculars.	Give your schools time to get this info!
May 1 - 12	Complete the ONLINE application for: 1) All-American Nomination 2) Academic All-American Nominations 3) Jackie Pitts Award 4) Coach of the Year Award	https://www.usalacrosse.com/high-school-awards Find the links at the bottom of the page for “Girls Awards” / “Girls’ Coaches”
May 1 - 19	Send list for INDIANA ALL ACADEMIC	https://forms.gle/BWQV mVVpPhSZP JrR7
May 1 - 12	Send list of ALL SECTIONAL players	https://forms.gle/8ok6i3SHuwnBdc5HA
May 13	ALL SECTIONAL PLAYERS announced - NO VOTING	
May 13 - 19	All State nominees sent	https://forms.gle/BRNNPj6EzDzKERW9A
May 22 - 31	Committee meets to vote on All State and USA Lacrosse Awards	
June 1	Awards announced at State Tourney	

Important Notes

- Confidentiality is essential. Head coaches only on this committee
- Committee will review candidates from submitted nomination forms only.
- These awards recognize individual players not teams.
- Cards should be noted and play a role in the discussion and decision.
Sportsmanship is a crucial component
- Make sure stats are UP TO DATE throughout the season.
- Graduation year of the player will be part of the discussion.
- Players must play in a minimum of 9 games.

INGLA Website - Jason / M.E.

- **Same web address - www.indianagirlslacrosse.com.**
- Tutorials for the site in the Documents section:
 - Scheduling
 - Rostering
 - Statistics
- **Update your team's information - <https://forms.gle/phFGbxRG2ccPvK9A>**
 - The website has been updated with all of the information provided to us by all of you. If your Team Page does not have the correct information on it, please verify that you have filled out the above form, or reach out to the INGLA Secretary at inglacommunications@gmail.com. If you did not fill out the information, we are unable to put it on the website.
 - Please check your Team Pages for the correct information:
 - Coach List - V & JV - Head Coach and Assistants and Managers
 - School or Program logo (png or jpg)
 - Your team's social media information - Twitter, Instagram, Facebook
 - Your team's home game hosting location(s), address and field/stadium name if there is one.

INGLA Registration

Current Registrations

- Players - 447
- Coaches - 91
- Manager / Volunteer - 10

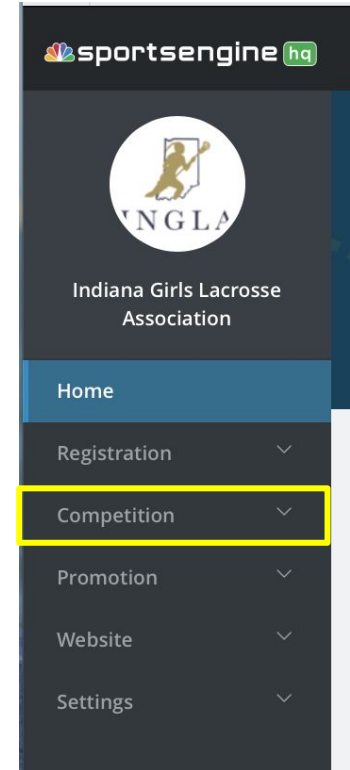
Please reach out to your staff to ensure they are all receiving the INGLA emails. Some people have SportsEngine accounts, though they have not yet registered as a coach yet and will not receive the emails until they do.

INGLA Rostering



To be able to roster players, you will need to have HQ access to Competition (right).

If you do not, reach out to INGLA Secretary. This access will be limited to one person per team.



Website Expectations

- Coach & Player Registrations with USA Lacrosse on the INGLA Website
 - **Coaches 2/11/24, must have USA Lacrosse membership (Bronze Level at least) and be registered on INGLA Website.**
 - **Players must have a USA Lacrosse membership before they step onto the field for any practice.**
 - **Players are due to have a USA Lacrosse membership and be registered on the INGLA Website by 2/27/2024.**
- Access information in **Coaching Documents**
- Assign teams once rosters are set and before first game

Website Expectations During the Season:

1. Home teams must input game scores within 24 hours, stats within 1 week
2. Keep jersey numbers updated as possible.

Website - Stats Recording

- Tutorial for recording stats is in the Documents section of the website.
- As in the past, for the recorded INGLA stats, we will follow the 2023 Women's Lacrosse Statisticians' Manual, also in the Documents section.
- SportsEngine does not currently have Yellow or Red Card recording capability. For this season, we will use to other recordable stats in their place:
 - INF (fouls) will be used for a Yellow Card
 - PIM (penalty minutes) Will be for a Red Card

Website - Stats Recording



- Field Player Stats:

- G = Goal
- A = Assist
- PIM = Red Card
- INF = Yellow Card
- SOG = Shots on Goal
- GB = Ground Ball
- TO = Turnover
- FT = Forced Turnover
- DC = Draw Control

- Goaltender Stats:

- SOG = Shots on Goal
- GA = Goals Allowed
- GB = Ground Ball

CARMEL JV GOLD: RUNNER STATS

<input type="checkbox"/> PLAYED	#	NAME	G	A	PIM	INF	SOG	GB	TO	FT	DC
		Unattributed	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
- Sophia Galvin  											

CARMEL JV GOLD: GOALTENDER STATS

<input type="checkbox"/> PLAYED	#	NAME	SOG	GA	GB
		Unattributed	<input type="text"/>	<input type="text"/>	<input type="text"/>
- Sophia Galvin  					

Break & Attendance

<https://forms.gle/V9zQrkU2ozGG4oWBA>

Use QR code or link in the CHAT



Please use the link in the chat to go
and mark your attendance.

We'll take a 5 minute break to allow
you to do this.



INGLA



Officials Update

Q-COLLAR

Q-Collar is a legal piece of equipment to wear during a game per USA Lacrosse.



Q-Collar

Sponsored · 🌐



Do more to protect your athlete. Customize the Q-Collar to make it your own or to match yo... See more

BRAIN INJURY PROTECTION EQUIPMENT
PARTNER OF THE PREMIER LACROSSE LEAGUE



Q-COLLAR

q30.com

Collar Up with Q-Collar

Shop now

Game Scheduling & Changes

ARBITER

- Emails have been sent asking you to **confirm game details; date, time, location and teams** on Arbiter.
- You should also confirm your field location and primary point of contact - WITH a cell phone number.
- If anyone needs access to Arbiter, please let April (jandasherm314@gmail.com) know and she will get them in and able to see their games - Coaches should be looking in ARBITER to confirm their games NOT INGLA.

GAME CHANGES

- Use the INGLA Game Change Google Form on the website and email April (jandasherm314@gmail.com).
- See the timeline information and contact requirements on the Game Change Form page of the website.
- Please make sure that ONLY the HOME team submits the change in the change form. If a game needs to be canceled within 2 days or LESS (or that day due to weather, etc), please text both John and April and email [Jandasherm314@gmail.com](mailto:jandasherm314@gmail.com) (it should still go in the game change form but a text will notify us right away)
- John 315-532-7292 / April 315-591-4761

Game Change Cheat Sheet

For all games after 12/12/23 cutoff

Time until game starts	Use the game change google form on the INGLA website	Send a follow up email to jandasherman314@gmail.com	Send a text to April <u>and</u> John notifying the change	Send a text/email to all officials assigned to the game
One week or more	✓	✓	✗	✗
Under one week to 48 hours	✓	✓	✓	✗
Under 48 hours	✓	✓	✓	✓

Officials Fee Structure

2024 Season INGLA Official Fees and Game Timing				
Level	Game Timing	3 Person Game fees	2 Person Game Fees	1 Person Game Fee
Varsity	4 - 12 Minute Stopped Clock Quarters. 2 Minutes Between Each Quarter. 5 - 10 Minutes for Half Time.	\$80	\$90	\$135
Junior Varsity	4 - 12 Minute <i>Running</i> Clock Quarters. 2 Minutes Between Each Quarter. 5 - 10 Minutes for Half Time.	\$60	\$80	\$120
Stand Alone JV Game	Regular JV Timing	N/A	\$90	\$127
<p>Varsity - Clock will stop in the last 2 (two) minutes of the 2nd and 4th quarters unless there is a 10-goal differential. If the clock expires when setting up Free Position Shot, the Free Position Shot shall NOT be administered.</p> <p>ALL PLAY DAY GAMES ARE RUNNING CLOCK GAMES</p> <p>The clock will stop on TO's/ INJURY / CARDS</p>				
Travel Allowance For All Levels		50 - 100 miles (one way) \$25		
		100+ miles (one way) \$50		

2024 Rules / Interpretation

[Girls' and Women's Rules | USA Lacrosse](#)



2024 Rules Interpretation - pdf link

<https://www.usalacrosse.com/sites/default/files/documents/Rules/2024-HSG-RulesInterp.pdf>

2024 Rules Changes - pdf link

<https://www.nfhs.org/sports-resource-content/girls-lacrosse-rules-changes-2024/>

Tim Hammond

Happy Retirement!!

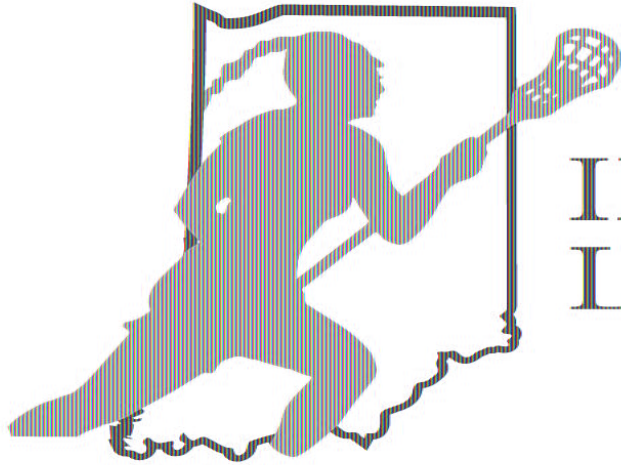
Thank you for all
that you have done
for lacrosse in
Indiana.

We will miss you.



Questions & Answers

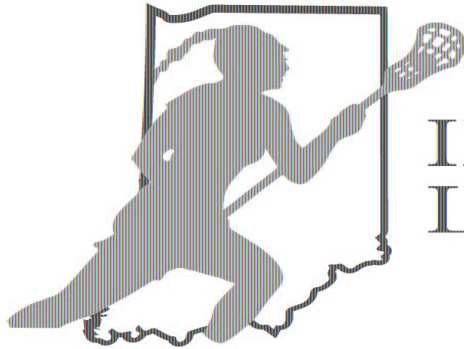
Please use the chat box to ask your question(s) or to indicate you would like to unmute to ask your question(s).



INDIANA GIRLS
LACROSSE ASSOC

Thank you for attending the 2024 INGLA SPRING COACHES MEETING

The Chat will remain open for a bit should anyone want to reach out to each other.



INDIANA GIRLS
LACROSSE ASSOC