



Purpose: Concussions are a serious concern in sports and athletic activities, and the Woodbury Athletic Association (WAA) is dedicated to prioritizing the health and safety of our athletes. This Concussion Policy outlines the procedures for returning to play following a concussion.

Reporting:

- If, during WAA practice or play, a referee, coach, or an event's Certified Athletic Trainer evaluates an injured athlete and suspects that they have sustained a concussion based on recognized symptoms, the athlete must be immediately prevented from further participation. The athlete must be evaluated by qualified medical personnel and receive written clearance before returning to play.

Medical Clearance:

- Athletes that have been prevented from further participation in a WAA practice or competition due to a suspected concussion may not return to participation in sports activities until they have been medically cleared by a licensed healthcare provider familiar with their concussion history and recovery progress.
- The healthcare provider will provide written documentation of medical clearance, including any restrictions or recommendations for ongoing management, which must be provided to the head coach before being allowed to return to play.
- If a concussion occurred outside of WAA and is reported to the Coach, written documentation of medical clearance will need to be provided.

Conclusion:

The Woodbury Athletic Association is committed to promoting a safe and supportive environment for athletes to participate. This Concussion Policy emphasizes the importance of proper recognition, evaluation, and management of concussions to safeguard the health and well-being of our athletes. By following these guidelines and working collaboratively with medical professionals, we can facilitate the safe return to play for athletes following a concussion, minimizing the risk of long-term complications and promoting their overall health and success.