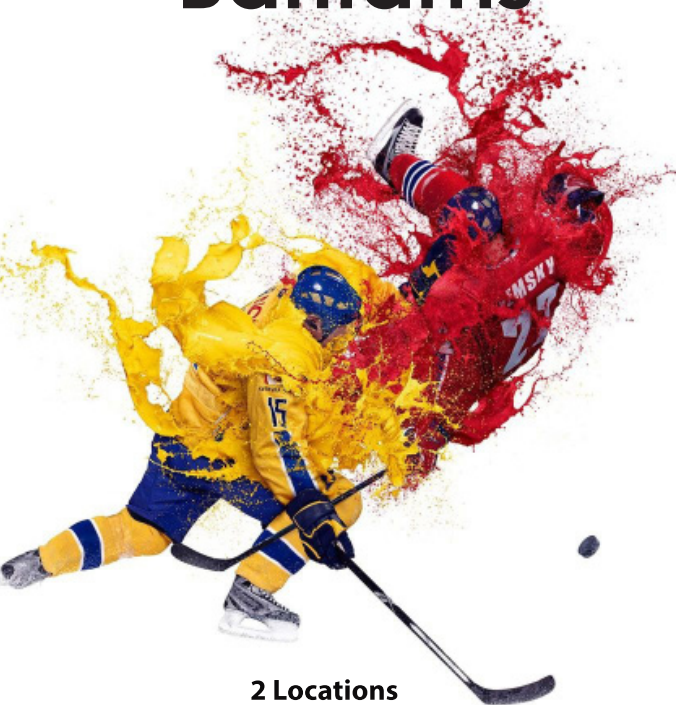


2022-2023



Winter Hockey **SUPER** CHECKING

Squirts
PeeWees
Bantams



2 Locations

Southwest teams based out of
MMIC Facilities - Edina & St Louis Park
Northeast teams practice at
Ramsey County Arenas
www.minnesotamadehockey.com

PSRST STD
U.S. POSTAGE PAID
TWIN CITIES MN
PERMIT NO. 6293

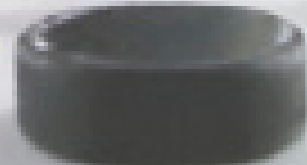


PREPARE

To Be Your BEST

2022

Fall Hockey Clinics



7300 Bush Lake Rd
Edina, MN 55439

ADDRESS RETURN REQUESTED

Minnesota Made Ice Center - 2 locations
7300 Bush Lake Road, Edina, MN 55439
2201 Florida Ave S, St Louis Park, MN 55426
www.minnesotamadehockey.com



2022 Fall Hockey Training & Development

FALL SPEED ACADEMY

Three weeks of overspeed training devoted to increasing speed, quickness and agility. Speed Academy is run at an extremely high level of intensity pushing the skater well beyond their comfort zone.

The goal is to make the player a stronger competitor, but the additional benefit is increased confidence in their abilities.

August 30, 31, September 1, 6, 7, 8, 9, 12, 13, 14, 15



Mite/8U \$395/athlete
5:00 - 6:00 pm

Squirt/10U \$495/athlete
6:10 - 7:20 pm

PeeWee \$495/athlete
5:00 - 6:10 pm

12U/14U \$495/athlete
6:20 - 7:30 pm

Bantam \$495/athlete
7:30 - 8:40 pm

*A \$250 deposit is due with registration.
Balance is due on August 1st.*

LEARN TO SKATE

LEARN TO PLAY HOCKEY

MMH's Learn to Skate Hockey Program is offered throughout the school year. Classes are available during the day for preschool and 1/2 day kindergarteners. This unique program is designed to not only teach your developing athlete how to skate, but also to teach your son or daughter some introductory methods when it comes to playing hockey. Each class is 45 minutes.

Weekdays at Edina

Mon/Wed or Tue/Thur

10:30am or 1:30pm

Saturdays at St Louis Park Rink

9:00am, 9:45am, 10:30am or 11:15am

August 29 and running through May 6

Cost: \$325/session for 2x per week
\$185/session for Saturday only

For questions: Corey Stark, Director/Lead Coach
coreys@mnmadehockey.com - Phone: 952-641-6865

BREAKFAST CLUB

Breakfast Club small group stickhandling is dedicated to individual skill development and meets weekly throughout the school year. These small groups are formed by skill level to maximize training.

Athletes skate 1 morning each week - 45 min.
Two 14-week sessions September 26 through May 5

6:00 am, 6:45 am, or 7:30 am

Locations: Edina and White Bear Lake

Cost \$565/session

For questions and group availability, contact:

Todd Blackstone, Director

toddb@mnmadehockey.com - Phone 952-641-6871



1st Athlete | SPEED, POWER, QUICKNESS CAMP



A camp devoted to increasing the speed, power and quickness of an athlete in any sport by utilizing training techniques run at a fast pace. Mondays/Wednesdays - 6:00 to 7:00 pm - August 22 - October 26.

For athletes ages 12 to 18. Groups will be split into 12-14 yr olds and 15-18 yr olds
Price: \$275 / \$225 for Members - only 20 slots available in each session
Questions: Cody Wang, 952-641-6864 or codyw@mnmadehockey.com

register online at www.mnmadehockeytraining.com